



LIONS DISTRICT 5M10 GOVERNOR'S MESSAGE

United in Diversity and Kindness

As I write this article, I looked at the calendar and realized it is September 11th and am reminded of the tragedy that occurred 19 years ago today. So many innocent lives were lost that day, but it brought our two countries closer together. Some 17,000 international airline passengers found themselves in Newfoundland and Labrador — forced to land there when all air traffic was halted in the United States. They were in St. John's, in Stephenville where they were sleeping in classrooms and in Gander where the town's population was almost doubled, and all were welcomed with open arms by so many.

Today, although we are separated by a closed border, Lions in our international district reflect on fellowships we have established over the years and cherish the thought of the day we can, once again, enjoy each other's company in person instead of over Zoom.

Unfortunately, COVID-19 and the closed border have forced the cancellation of our in-person Mid-Winter Convention in Dryden this coming January. Although, we will not have the ability to meet in person, we will still be hosting a 1-day virtual convention where we will have the honour of meeting ID Allan Hunt and will be joined by other dynamic speakers. Elections for District Governor, 1st and 2nd Vice- District Governors as well as International Director will still proceed, as will our Annual Business Meeting and Cabinet Meeting. Watch for updates.



Last month, I shared that the community of Red Lake had been evacuated because of a raging forest fire threatening that community. I am so happy to say that all residents were able to return to their homes within a week and there was no loss of life or property. Many thanks to so many Lions and community members for all their hours of dedicated service and to Lakehead Campus Club that was preparing a food and clothing drive when the evacuation order was rescinded. With the assistance of an LCIF Emergency Grant, we served

approximately 820 evacuees with food hampers and

other necessities during the evacuation and upon return home. We estimate that 38 volunteers

stepped up on short notice to serve approximately 550 volunteer hours. Where there is a need, there is a Lion and, as District Governor, I could not be prouder.

I had the pleasure of my first in-person club visit in August. Thank you to Sioux Lookout Lions for hosting an awesome fish-fry. I couldn't have asked for better weather, atmosphere and fellowships. I had the honour of inducting 4 new members to Sioux Lookout Lions and presenting several awards including a Melvin Jones Fellowship to Lion Lisa Larsh. Congratulations, Lion Lisa.

Have you registered for the upcoming Virtual USA/Canada Lions Leadership Forum? You will likely never again have the opportunity to attend this forum for \$20. Make sure you attend the NAMI session as one of our own clubs will be recognized. I will say no more.



1VDG Sue Winner

What have you learned from Covid19?

That people, especially our families, friends and Lions are precious?

That scientists are smart and we should listen to them?

That Covid19 makes being a Lion a little harder?

All of the above, but there are also some good things that have happened.

- 1. Many of our meetings have changed their format, going virtual. That means that we are saving lots of gas money and some travel time. Maybe we are even offering different opportunities for members. If you haven't set up a Zoom meeting, give it a chance, they aren't very hard.
- 2. Do you have members that are vulnerable and not able to come to meetings or use the internet? Take the opportunity to give them a call. Stay connected.
- 3. How about fundraising and service? They can be done virtually. Read the newsletter to see what other clubs are doing.
- 4. Keep your membership active. New members might like virtual opportunities. Don't let your current members get away.

Look for opportunities. Accept the challenges. Don't sweat the small stuff or the small mistakes, just fix them. Celebrate your accomplishments. Together we can do so much.

Multiple District MD5M Membership Musings



I know we are all just a little tired of the year of COVID...no more than I am sure than our District governors. But instead of using COVID as an excuse...let's use it as a reason to do things a little different...a little morea little better....

Think for a minute of the disappointment of our 2020-21 DG's...no big hand over at the MD Convention...No MD Convention...no International Convention...no trip to Singapore to be sworn in with pomp and circumstance. No in person Council of Governor

meetings...for the most part no (or few) in person club visits and likely if things keep up as they are ...no Mid-Winter Conventions. I don't think any of our DGs are hanging out like the Lions above...so let us help make their year a year to remember for MEMBERSHIP!

So wake up MD5M...let's get busy!!

As of today we have 1 brand new club in the Multiple...congratulations goes to the new club development team of 5M9 as they charter the new Jenkins Lions with 27 new Lions! I hear they have a couple more clubs in the works and may even have another chartered before the end of August!

More Congrats out to 5M7 who currently has a new club application pending for Big Lake Lioness Lions club! Moving Lioness to Lions and watch their membership jump in my next report!

We have lost a club in 5M5 with the dissolution of the Champlin Lions as well we have lost a club in 5M9 in the Cass Lake Lake Country Lions but those Cass Lake members have all joined the Cass Lake Lions club and 5M9 did not lose any membership through that lost club.

Our TOP CLUBS in MD5M for new members (new charters not counted in this) in this new Lions year are

- 1. Big Lake Lions (5M7) 16 new members
- 2. Lakehead Campus Lions (5M10) 10 new members
- 3. Sauk Rapids Tinville Lions (5M8) 6 new members!

Pass on some cheers to those clubs working hard to boost membership in their clubs while taking advantage of the NO NEW MEMBER FEES until December 31, 2020. Recognition certificates headed out to those club presidents for knocking membership outta the park so far this year!

Brief overview of the Districts:



<u>5M1</u>

- 5 clubs added members this past month for a total of 6 members added
- 7 clubs dropped members for a total of 13 drops
- Minus 7

<u>5M2</u>

- 7 clubs added members this past month for a total of 11 members
- 9 clubs dropped members for a total of 15 drops
- Minus 4

<u>5M3</u>

- 2 clubs added members this past month for a total of 2 members added
- 7 clubs dropped members for a total of 9 drops
- Minus 7

<u>5M4</u>

- 3 clubs added new members this past month for a total of 3
- 5 clubs dropped members for a total of 13
- Minus 10

<u>5M5</u>

- 3 clubs added members this past month for a total of 3
- 8 clubs dropped members for a total of 12
- Minus 9

<u>5M6</u>

- 3 clubs added members this past month for a total of 6 new members
- 9 clubs dropped members for a total of 31 (one club dropped 19 members and hoping that GMT team has this on their radar)
- Minus 25

<u>5M7</u>

- 3 clubs added members this past month for a total of 19 (one club added 16 members!!)
- 10 clubs dropped members for a total of 20
- Minus 1

<u>5M8</u>

- 16 clubs added members this past month for a total of 30 (one club added 6 members)
- 16 clubs dropped members for a total of 33 (10 members out of 2 clubs)
- Minus 3

<u>5M9</u>

- 13 clubs added members this past month with the addition of a new club and 1 club transfer of members for a total of 67 members
- 12 Clubs dropped members for a total of 42 drops (includes transfers from the dropped club to the new club)
- PLUS 25

<u>5M10</u>

- 7 clubs added members this past month for a total of 24 members (one club added 10 members)
- 10 clubs dropped members for a total of 23 drops
- PLUS 1

<u>5M11</u>

- 4 clubs added members this past month for a total of 7 members
- 10 clubs dropped members for a total of 17 drops
- Minus 10

<u>5M13</u>

- 1 club added members this past month for a total of 1 member
- 2 clubs dropped members for a total of 3 drops
- Minus 2

The data below is based on the LCI data for what I can see for each club. There are some things that lag behind for the multiple GMT so if my numbers are different than yours it is because your report board is updated much faster than my MD report access.

Numbers for MD5M as of today

Added members 102 Dropped members 76 Plus for the month thus far 26 We are MINUS 48 for the year thus far

Where do you stand?



5M9-PLUS 25 5M10-PLUS 1 5M7-MINUS 1 5M13-MINUS 2 5M8-MINUS 3 5M2-MINUS 4 5M1-MINUS 7 5M3-MINUS 7 5M5-MINUS 9 5M4-MINUS 10 5M11-MINUS 10 5M6-MINUS 25

I have added documents to assist membership to the drop box below. <u>https://www.dropbox.com/home/GMTMD5M</u>

I know several Districts have had some great ideas including Cyber Club development. 5M10 has some rockstar campus club members that have engaged their marketing students to help market Lions and add membership through a series of Instagram stories via video. Do you have a landing page for membership on your web page or FB page? Have some ideas that you are using? Please send them to me so we can share the knowledge for the Multiple.



Gmtmd5m@gmail.com

Still looking for a common date to have a GMT meeting but have gotten little response back. So I have scheduled GMT meetings for the second Monday of every month at 8pm. Open to GMT, NAMI

and your DG team if they are able to attend. Will be an hour only and the focus will be on sharing successes and what hasn't worked for membership.

Membership information updates will continue via this "membership Newsletter" so as not to clog the brainstorming of the GMT meeting.

Let's shake trees MD5M...kick the COVID slump and let's give those new DGs something to talk about!!

Great numbers in membership in MD5M is on the Menu

"THE QUESTION ISN'T WHO IS GOING TO LET ME BUT WHO IS GOING TO STOP ME!" - AYN RAND -

YOUNGRUCKUS

Lion Joanne

Greetings Lions!

Can Do Canines is in action again and placing service dogs as they can. The COVID virus has impacted fundraising in a very negative fashion as all events have had to be virtual and some cancelled.

The CanDoWoofaroo is Saturday September 12 and will be over by the time this newsletter issues but you should know that our district again fielded Team 5M-10 and raised funds for the organization. A big THANK YOU! To all lions and clubs that supported this fundraiser.

With things going virtual it is easier to take in the virtual events since the need to travel is eliminated. The next event will be the Tails of Independence Luncheon on October 6 at 11:00 A.M. to 11:30 A.M. and Fall Graduation set for October 24 commencing at 1:00 P.M. to 2:00 P.M.

To attend the events or for further information go to: www. <u>can-do-canines.org/events/</u> I have been in touch with all U.S. Clubs to arrange club visits. I would encourage any club that would like a presentation to contact me so we can get things on the calendar.

Lion Bob Woodke - 5M 10 Can Do Canines Chair

MINNESOTA LIONS VISION FOUNDATION

Due to COVID-19 and the safety for all, we have decided to cancel Thanksgiving for Vision and the MLVF Eye Ball.



Even though things are limited in the world currently... the Minnesota Lions Vision Foundation and Lions Gift of Sight are up and running. MLVF Directors are available to visit your clubs (virtual or in person) to give you an update on all that is happening.

The District 5M10 Convention Committee Regrets Announcing the Cancellation of the 2021 In-Person Convention

(full refunds will be issued to those that have already registered)

Watch for future announcements about our virtual convention



MyLion Service Reporting

Are there Lions in your club who need help with service reporting on the MyLion website?

Be on the lookout for an email inviting your Lions to attend a MyLion webinar on Wednesday, September 23, 2020 presented by our District 5M10 District Administrator 2VDG Jodi Caul. 2VDG Jodi will show you the process of reporting your service projects on MyLion. This tool has been made much simpler to use. Check out the MyLion Facebook page for new enhancement release notes that were just issued on August 7, 2020 that include an automated tour available to users upon first entry into the new Member Portal or upon re-entry among others.

District 5M10 Lions Week of Service

The district is planning a District 5M10 Lions Week of Service between October 23rd and November 1st, 2020. We would like to see all clubs in our district conduct some type of service project in their community during that time frame. The service project can be anything, large or small, one of Lions 5 pillars of service or any other type of community service. After you have conducted your service project, please share photos and stories of your service with District 5M10 Public Relations Chair Tammy Wheatley (<u>tammylwheatley@shaw.ca</u>) and on your social media by November 30th, 2020. Please also report your service project on MyLion by November 30th, 2020. In this newsletter you will find a list of many ways you can serve your community safely during the Coronavirus Pandemic in the Lions 5 pillars of service.

PDG Larry Winner District 5M10 GST Coordinator



Lion Debra Wasserman Lions Clubs International Essay Contest, MD5M Chair

The LCI Essay Contest began in 2010 as a companion to the Peace Poster contest. It is directed to students who are blind or visually impaired giving them the opportunity to write on the same theme as students participating in the artistic Peace Poster contest.

The Peace Poster contest and the Essay contest give students the chance to share their ideas and perspectives, and we adults the opportunity to learn about their view of the world and its future. The more students who are able to participate in the contests, the better for us locally and the world in general.

Teachers of the Blind/Visually Impaired receive information about the contest but reaching others who may know students is the goal of this article. If you know a student or a school district person, please share this information. Peace Poster kits contain information you can use and share with those who might know a student who would be interested in participating in the contest.

I am also available to answer any questions and share information that would help you, your club, or those working with students.

liondebra@chart er.net 507-332-2792 (Home) 612-718-8330 (Cell)



It's a great WIN-WIN for Lions!

Zoomer says Thank You for Your Support!

Program Information: https://GreenCapesForLions.com **Request sample 2020 calendars** https://GreenCapesForLions.com/contact-us (indicate your role and how many you would like)

Sample eCommerce Site: https://www.superpupcalendar.ca/sample_liens_club

> Please feel free to contact me: Rhonda Bakusko <u>rtakusko@greencapes.com</u>

> > Follow Us on Facebook: Green Capes LC





Lion's District 5M10 Plastic Bag Recycling Service Project September District Newsletter Article Sept 19, 2020

One of the global causes Lions have united behind to serve humanity is the Environment. The Environmental Co-Chairs for our District, Andrea Hatton and Eric Schlacks, have developed an environmental service project challenge for all clubs in District 5M10 to participate in. This is a low-risk service project clubs can do during the pandemic as there is little face-to face-contact required of club members. The challenge starts in September and runs through the District's Virtual Mid-Winter Convention in January, where prizes and recognition will be awarded by Lions 5M10 District to participating clubs.

In this service project, Lions will show members and their community how to responsibly recycle plastic bags. Plastic is an amazing material and has many uses, but plastic pollution in our environment is a growing problem. Proper handling of plastic by recycling can mitigate it and lead us to a sustainable future.

Simply put, the challenge is to see how much plastic local Lions can recycle between now and the Midwinter Convention. Lions Club members will collect plastic bags to recycle in the normal course of shopping. The Lions Club will designate a member to be the Recycling Coordinator. The coordinator will collect plastic bags from members at least once a month. The coordinator will weigh or count the bags collected and take them to a local recycling partner to be recycled and then report the amount of plastic recycled to their club and the District Environmental Co-Chairs.

The Canadian and Minnesota clubs recycling the most plastic will be highlighted in the monthly district newsletter. The status of this friendly competition will be reported in the 5M10 District newsletter to stoke the fires of competition. The key statistics will be the amount of average plastic recycled by Lions Clubs per member and the total amount of plastic recycled. At the time this article was written statistics on how much plastic Lions Clubs have recycled so far were not available.

If your Lions Club is interested in this challenge, find a volunteer to be your club's Recycling Coordinator, and refer to the email sent to your Club President about this challenge. It contains information about the Recycling Coordinator's role, how to sign up your club, and how to participate in the Plastic Bag Recycling Challenge.

If you have questions or comments, please contact:

District 5M10 Environmental Co-Chairs In Canada Andrea Hatton <u>andiehatton@gmail.com</u> or In Minnesota Eric Schlacks <u>desertswan1@gmail.com</u>.

Global Membership Team 5M10



It's September and the beginning of what we used to know as normal club meetings. Unfortunately this year is not our normal and some of our clubs and our members are struggling with this.

I write this membership article on the day that none will ever forget...September 11....and the similarities with our current crisis of COVID are striking me as I reflect the importance of this day.

On this day on 2001 there were many tragedies...many lives lost...so many people affected. On this day 2020 we have

many tragedies, so much anger, so much unrest and so much fear

and of course so many more lives lost.

On this day 2001 and for many days after there was such a coming together of everyday people that helped in what anyway they could, professional heroes of our fire fighters, first responders and health care workers but also the everyday heroes of 9-11.

Lions are just like those everyday heroes and today...this day we need you all more than ever. In this time of unrest and uncertainty we need you all to come together and do your part reaching out to your club members, your community, your district and your county.

I have heard some stories already about how difficult COVID has made getting members or doing projects, all the things that clubs CAN'T do.....but we are bigger than all that hold us back...how about we celebrate the things that clubs have done differently and carried on proving us all wrong in what we can't do.

Clubs like Thunder Bay Campus Lions...one of our youngest clubs who have earned themselves a fast start award from LCI by adding 12 members to their club in July and August. "THE QUESTION ISN'T WHO IS GOING TO LET ME BUT WHO IS GOING TO STOP ME!" - AYN RAND -

YOUNGRUCKUS

How about our newest club Rainy River Baudette Border Lions who had committed to a HUGE raffle and were unable to sit and sell tickets like they usually did. They did something different and did a ton of online sales and promotion and with the draw a week away they have SOLD OUT their tickets!



How about Duluth Lions? You know we all know about that the Duluth club is about that wonderful Pancake Day...did Covid stop that...NO WAY. Instead they decided to do a virtual pancake day, had prizes for pancake pics sent in and turned Pancake day into a telethon for donations and a join our Lions Club while they had them those donators on the phone! Raised money, tonnes of ad exposure for their club and new member potentials to boot! Clubs like Sioux Lookout Lions who asked for garage sale donations from their community and are holding the perpetual garage sale through an online Facebook site "gently loved"

How about the new soon to be announced 5M10 Cyberlions club? A day of emails and 4 days of phone calls and we are 3 members away from a new charter for 5M10!

So yes bad things happen but we have the ability to choose our response. So let's make our response as amazing as this organization we belong to, as great as the clubs who have found



a new and different way to get things done and as awesome as the people in our Lions District. Do your part in this time of Covid...just like all those people who banded together during the tragedy of 9-11...

I know we have the HEART...find the PASSION, share the PASSION, have FUN and get back to SERVICE.

ASK ONE, BRING ONE, KEEP ONE, ADD ONE... we need them all!

Thanks for all you do... but thank you more for all that you can do different, can do more, and can do better!

In Service Lion Joanne

A New Adventure in Learning Join Usl



You can experience the Forum this year in a new way! Join us for the USA/Canada Lions Virtual Leadership Experience. Although we aren't able to facilitate the 80 wonderful seminars that were planned for Louisville, the Forum Planning Committee is excited to present 19 sessions youcan attend virtually. It's easy and affordable.

If you have never attended a USA/Canada Lions Leadership Forum, our Virtual Leadership Experience will ive an opportunity to understand what we do for your leadership growth in a scaled down version. O mission is to develop leaders, motivate and educate attendees, provide an open exchange of ideas, alwest support programs and goals of Lions Clubs Internationa. I We have created a virtual experience filled with seminars that enhance your leadership skills and knowledge. The Virtual Leadership Experience is for every Lion.

Choose from 19 sessions that will educate you on programs and services like a Childhood Cancer Symposium, Faces of Diabetes Innovation, how to approach the younger generation about Lions, projects for women and families, learning more with NAMI and so much more.





Complete Event Registration Fee 3 Days - 2 Hour Sessions

General Sessions Keynotes

Katherine Greenland

Katherine is a cultural innovator and inclusion strategist with over 20 years of experience as a public speaker, team builder and advisor.

Dr. Jung-Yul Choi, President LCI Dr. Choi will speak on the services and programs of LCI and give us insight on being United with Kindness and Diversity

Striker Corbin

As a motivational speaker, certified hypnotist, and success coach, Striker Corbin focuses on personal development.

Learn M ore - Register Now!

https://members.lionsforum.org/event-3925061

CLUB NEWS

Atikokan Lions

Even though COVID-19 has made things difficult for fund raising the Atikokan Lions Club still managed to hold a successful raffle, all to the thanks of hard working Lions. Even though is wasn't until the last few days were we figured out text everyone you know on your cell phone and get an etransfer. Viola sold 10 books in what would have been 2-4 hrs tops. Way to go and what an idea!

Atikokan Lions 5M10

President Elizabeth Shine



Bemidji Lions on the Move with Membership Drive/ Service Project

With mandated mask wearing, the Bemidji membership committee has launched a mask sale to promote Covid 19 safety protocol. Stylized Lion masks are being sold at cost as a service to the community while promoting Bemidji Lions membership by using the Bemidji Lions club brochure to

hold each mask sold. See the example of the "Mask Display with Member Brochure" and Lion Jessica Minske, Membership Chair.

Masks will be for sale at fundraises, events and by contacting a Bemidji Lion. Cost is \$5.00.

Kathryn Smith, 218-209-0030 21st Century Technology Interpreters







CARLTON AREA LIONS CLUB EVENTS

5/27/20 Spring Hwy Pick Up and Outdoor BBQ 17 Lions and 3 Guests. Our 28th Year

Practiced social distancing and had opportunity to discuss Club future and issues.

Thank you from Lions Foundation for funds donated from Memorial for Past Charter Lion Dale Pearson, \$1000

Donated \$500 to help former Lion Bob Burneu family

JUNE 2020

6/10/20 Held Zoom Installation of Officers DG Wayne Tieman & Lion Sue Winner

15 Lions also participated, those in person enjoyed BBQ by Lion Chuck and guest Lion Mary

6/24/20 Held 1st on site meeting Donated \$100 to Carlton VFW Golf outing

Spring Flower Basket and Plant sale raised over \$2000

Inducted 2 new members, Lions Linda & Sue

JULY 2020

7/8/20 Leadership Key Award to Lion Becky

Years of Service Chevrons Lion Ron 30 years, Lion Joel 20 years

Perfect attendance awards to 12 club members

7/22/20 Centennial Membership Award to Lion Chuck

Presentation by Carlton Volunteer Fire Dept and future needs

AUGUST 2020

8/28/20 Burger Night at Carlton VFW 5-8pm 8 Lions & 1 Guest, Served 67 burgers and held 50/50 raffle.

Raised \$440.58

SEPT 2020

9/9/20 Annual Fall Hwy Pick Up 5PM, 14 Lions and followed with Steak Fry BBQ

Lion Jim Vnuk

Carlton Area Lions





FOR 30 YEARS CARLTON AREA LIONS HAVE CLEANED THE HIGHWAY!



Duluth Lions Club

YES Committee (Youth Environment and Service)

The **YES Committee (Youth Environment & Service)** is launching a new service project called "Recycle Beyond the Bag" to collect and reuse plastic bags, plastic mailers and a variety of plastic packing and wrapping that we all see every day. The plastic will be used by Trex to create some of their earth-friendly decking and railing products. Eric Schlacks provided a poster of the types of plastic that can be collected (below). Here is a summary:

- <u>From the store</u>: produce bags, store bags & ice bags.
- <u>From your pantry</u>: Ziploc and other reclosable bags, cereal box liners, case overwrap & bread bags.
- <u>From your front door</u>: newspaper sleeves, dry cleaning bags, bubble wrap & plastic, -e-commerce mailers.

We are still working out the logistics for collection and delivery and will be communicating that in the coming weeks. Eric Schlacks is leading this service project and is looking for 1-2 assistant recycling coordinators. There is a challenge to collect 500 pounds during the first 6 months for the Club to receive a Trex bench.



Lions Barbecue

Twenty Lions and guests gathered for a barbecue dinner and Lions meeting at the Denney home on Tuesday, September 1st. Lions and guests included Jimmy and Linda Denney and their children Isabelle, James III, Emily and Tippen; Tom O'Brien, Mark and Christine Osthus, Jim Pratt, Eric Schlacks, Pat and Jeff Swenson, Nancy and Ron Stanius, Gail Tate, Larry and Sue Winner along with Sue and Jim.



Lions Ron & Nancy Stanius, Pat Swenson, Christine Osthus, Jeff Swenson-guest, and Mark Osthus.



Host, Lion Jim Denney



Lion Gail Tate, Host Sue Denney and Lion Eric Schlacks





Lions Mark Osthus, Christine Osthus and Jim Pratt

Lions Tom O'Brien and Eric Schlacks





Above Left: Lion Jimmy Denney and son, James.

Above Right: Lions Larry Winner and President Tem

Eric Schlacks presented our program about our participation in the collecting of plastic bags, wrappers, bubble wrap etc. Lion Eric is heading up this collection of plastic for our club and in our district. He was aided in his presentation with a bag of plastic that Jim Denney had been collecting. All plastic is brought to Cub Foods that recycles plastic to Trex, manufacturer of deck materials.



Left: Lion Eric Schlacks.

Duluth Centennial Leos

This summer the Leos collected over 100 games and craft supplies for local agencies that continued serving youth during COVID.

Next month, after we see if there will be in person classes for sure, the Leos will be making their annual hygiene donation to the Hunter Hut at Denfeld. More later....









Remote Training WORKS at Lighthouse Summer Camps

(June 13 - June 21)

Students cooked twenty recipes in their own kitchens with focused instruction on accessible strategies. They learned to use multiple tools and appliances while preparing delicious foods that support balanced diets. Camp culminated with a fun competition that encouraged each student to create and present a signature dish using their newly honed skills.

Music and Movement

(July 18 - July 26)

Students made tactile and musical maps of routes that are important to their daily lives. They used compass directions, street names, route shapes, landmarks, sensory cues, and apps for orientation, while also learning to analyze intersections and assess transportation options. Camp culminated with students sharing original travel songs they'd composed over the week.

Tech and Taekwondo

(August 8 - August 16)

Students focused on mastering the Windows Laptop as a foundational tool for success in school and work. Students also learned how to use various apps so that they can make the most of their phone or tablet as a tool for independence. Taekwondo was practiced every day to ensure movement and learn principles like self-control, integrity, goalsetting and perseverance.

Making Distance Learning Work

Working together, using an evidence-based approach, we can make a positive difference from afar. Here are some features that make our virtual programs effective, plus real examples of results they deliver.



1. Connectivity: Campers interact and collaborate meaningfully.

At *Music & Movement*, students worked in small groups on content creation projects. One group produced a realistic newscast, while others crafted a futuristic podcast, a comical gameshow, and a journalistic interview. They shared original music with each other, too. Above, Pablo is shown holding his guitar. By camp's end, students had made themselves a chatroom with further plans for a Facebook group to stay connected. Some threatened to cry because such deep camaraderie had been formed and they didn't want it to end!





2. Hands-on Practice: Concepts are coupled with concrete experience.

At *Chopped*, students learned accessible tools and strategies, then prepared foods that required them to use those tools and strategies. Above, Zach is showing off a fresh batch of monster cookies while wearing a customized apron. These aprons, plus other fun & useful items, were delivered to campers in our Camp Care Packages. Below, Marcus is holding up an omelet he made for brunch. He participated all the way from Texas!

3. **Built-In Exercise Breaks:** Moving improves thinking and creativity. Campers get lots of breaks and are guided through fitness routines regularly at each camp.

At *Tech &Taekwondo*, for instance, students practiced (you guessed it!) Taekwondo every day for half an hour, ultimately learning 23 moves. Below, Noah is shown practicing some movements. At other camps, students enjoyed yoga flows and exercise ball challenges.







4. Multisensory Engagement: We address different learning styles.

At *Music & Movement,* campers learned intersection analysis with mnemonics, modeling, and listening exercises. Here's what Nevyn thought:

"Doing intersection analysis remotely was really cool. I liked listening to recordings of the cars and all the other sounds and trying to figure out what was going on."

They also learned the five-point travel system with videos, games, mapmaking, and songwriting. Zach reported that, by camp's end, he felt much more prepared to plan and travel new routes. A shot of Amy working on her tactile map is shown above. Craft supplies were sent to students in their Camp Care Packages. These maps integrated route shapes, cardinal directions, street names, and landmarks.

What's Next?

(Drumroll, please!)

The Lighthouse hosts its **Fifth Annual School-Year Transition Program** this year! For now, we plan to keep things virtual. We may also offer participants some individualized, in-person, supplemental training in their own communities — using full safety precautions, of course. Theme-based workshops and topical focus groups or learning

A Final Note

One camper, Bella, gave us these sweet words on the last day of camp: "I really cannot thank our instructors enough for teaching us about all the things we can accomplish in life."

Well. We can't thank our campers enough for letting us be part of their journeys this summer. It's been a true honor and we can't wait to see everyone again. Stay tuned for news about upcoming programs. Till then, take good care of yourselves, and remember we're here for you!

District Newsletter September 2020 Kenora Lake of the Woods Lions Club

September 8th was the first general meeting held since March 10th, 2020. Since that time several events, project were cancelled, including the annual invitation to local CNIB clients at May dinner meeting, the Walk for Dog Guides, and the opportunity to participate in the Kenora District Chamber of Commerce Leisure and Home show in May.

A full slate of executive officers was elected at the March meeting and the usual ceremony of installation of was not able to take place.

Because of the present situation with the COVID-19 Pandemic, our club has decided not to hold general or executive meetings until group gatherings prove safer, probably not before the New Year. Our annual Christmas Draw has been cancelled until 2021 and all annual events generally scheduled will be postponed until safer conditions prevail.

Our Lions club is an aging one and many of the members are content to keep safe at home. Any business to be delted with will be via e-mail and telephone.

Lions Gwen Maffey and Jim Quinn organized a Virtual Walk for Dog Guides which received a fair response and \$1,405.00 was sent to the Lions Foundation of Canada Dog Guides program. Hopefully next year the normal walk will be an event of May 30, 2021.

Donation of \$5,000.00 to local hospital to assist with purchase of special equipment required for

COVID-19. Central Park Community Club is in the process of erecting a new building and a cheque for \$500.00 was presented to Gordon McCool, coordinator of the project following his presentation at the March meeting.

Two bursaries of \$1,000.00 each given to qualifying students, one to St Thomas Aquinas High Schooland one to Beaver Brae Secondary School. Sadly the usual graduation celebrations could not take place.

Lions will continue to assist the Kenora Rotary Club with the Nutrition on Weekends by packing food kits for school children now that classes are starting up again.

It is sad to learn that the Mid Winter Convention in Dryden will not take place as it is one of the best events held within the District. It is a time for fun, reuniting with friends again for a happy weekend of learning and fellowship.

From Kenora Lake of the Woods Lions best wishes to you and your families in this new Lions year. Stay healthy and keep safe.

SIOUX LOOKOUT LIONS

The Sioux Lookout Lions Club had the honour of hosting our DG Lion Shirley Koroniak and our two Zone Chairs, Lion Al Koroniak and Lion Betty Ollerhead in August. We had a wonderful fish fry/pot luck at a beautiful spot on the lake and even the weather cooperated. Lion Shirley inducted 4 new members to our club which was very exciting. Numerous awards were given out that evening as well. We had 5 perfect attendance awards – Chris Larsh, Lisa Larsh, BJ Melnichuk, Rhonda Konrad and Debbie Michaud. One member, although absent, reached his 20th year of service as an affiliate member – Lion Dennis Brock. We had two members reaching their 25th year of service – Lions Tracy and Cliff Goretzki, who sadly could not attend. We had one member reach his 30th year of service – Lion Chris Larsh. Also given out was our first Melvin Jones Fellow in many years which was awarded to Lion Lisa Larsh. All in all it was an evening of

good food, great companionship and a celebration of Lionism at its best. We also had a wonderful spread in the newspaper about our evening which has increased our exposure.

Our Storage Wars fundraiser has continued, raising an additional \$761 in the past month. These sales have increased our exposure and created some positive effects. We've had people contact us to say they would like to donate to us, either financially or with items to sell. We recently had a community member who is fairly new to town contact us as she also paints rocks and was interested in what Lions was all about. She was provided an overview and then was sent the link to the LCI website as well as a membership form. She contacted us just last week to say she joined with a picture of the "Thank You" message from LCI. Now we are waiting to here from LCI...

Our new fundraiser is close to being up and running. We will be doing a "Celebration Fundraiser" where we put candles, signs, etc. on people's lawns for a minimum \$20 donation to the club. We are starting small with birthday only and building capacity as we go to include other special occasions. This has been copied, with permission, from the Dryden Ice Dogs in Dryden, ON. Hopefully we will have some pics for the next newsletter.

We have been working on our marketing and media image over the past couple of months. We have a private, members-only Facebook page that allows us to have easy access to all of our files and to communicate with members on a large scale. We still email and text as well, but the FB page has proven to be an important tool for our club. We have started updating our public Facebook page more often and we've included the link to it on our local area and services Facebook page to increase our exposure. Our website in E-Clubhouse is also being revamped. Both of these public access sites will be important in helping our new fundraiser be successful. We've also decided to go with Square for our in- community activities and with a PayPal link on our website for our fundraiser. With new, updated banking just recently, we can also accept EMT. All things that make fundraising and community service just a bit easier!











VERMILION BAY LIONS

Summer 2020. A summer like no other. Where has it gone? It never feels long enough to enjoy days on the lakes, walks in the bush or just relaxing and enjoying the beautiful nature that surrounds us. The area we live in spoils us so.

The Vermilion Bay Lions have had a busy summer in spite of COVID-19 and it's restrictions. While COVID-19 is causing havoc around the world, our community remains relatively case free. Let's all do our part in keeping it that way by social distancing and wearing masks. A small price to pay to keep family and friends healthy.

The week of August 11th started off quiet however it proved to be one of our busiest weeks this summer. Red Lake and area were evacuated due to fire and some of the Vermilion Bay Lions members, their family and friends all stepped up to the plate establishing a Red Lake Evacuee Food Centre. Food was provided for approx. 470 people from the Vermilion Lions

Hall alone. Throughout the 5 day evacuation period, wheel chairs were supplied, clothing was made available and even a 3 year old boy's birthday was acknowledged. Besides a bag of goodies, a playdoh kit, crayons and coloring book a cake mix was supplied so mom could make the young man a birthday cake. Lions Club International came through with a generous grant to assist us.

HUGE thanks go out to Lions International for their financial support, those who spent countless hours helping at the food centre and the clothing centre, to local businesses and people who donated food, money and clothing. The appreciation and thanks from many Red Lake(and area) evacuees was posted all over Facebook. You didn't have to look hard to find it. Imagine if you had to leave your home with a change or 2 of clothes, the family pets and whatever else you could fit in your vehicle and having no idea if you would have a home to go back to. Everyone's support meant a lot to these people and we heard it numerous times as food and clothing was picked up. Thank you to all who helped. So glad we could help these people in their time of need. I would like to mention the individual names of all the businesses and people who donated their time, products and money but I would need a page just for that, so once again, I say thank you, you know who you are and you are truly appreciated for all you did.



It was recently brought to the attention of the Vermilion Bay Lions that some people in our area are without safe drinking water. To assist in this basic need, Northwestern Health Unit is purchasing bottled water which is available in a cooler located at the front door of the Vermilion Bay Lion's hall for anyone who requires it. Please be considerate, take what you need, not all of it and please do not take the cooler. If the cooler is empty contact Lion Al at 807-220-1107.

The weekly Vermilion Bay Emergency Food Program at the Lions Hall came to an end on August 28th. On a weekly basis we assisted 29 to 39 people. It might not sound like many but in an area of only 1000 residents, it sure made a difference.

The Vermilion Bay Lions would like to thank everyone in the community for supporting us in our endeavours. We say this repeatedly, but it's so true, we wouldn't be able to do what we do without everyone's support.

Visit the Vermilion Bay Lions Club website: www.vermilionbaylions.org. There are links to all the Lions Charities and Lions Clubs International. www.lionsclubs.org





Some of our volunteers

Making a 3rd birthday special in the middle of a pandemic and evacuation

DRYDEN TRILLIUM LIONS

$1.JULY \ 18^{TH}$ & 19^{TH} - MEALS ON WHEELS

2 members delivered 2 meals each for the $18^{\text{th}} \& 19^{\text{th}}$ for $\frac{1}{2}$ hour each day.

2. AUGUST 8^{TH} & $9^{\text{TH}}-\text{MEALS}$ on wheels

1 member delivered meals each day - August 8th 6 meals were delivered for 35 minutes and August 9th 6 meals were delivered for 35 minutes.

3. AUGUST $29^{\rm TH}$ & $30^{\rm TH}-MEALS$ ON WHEELS

2 members delivered meals on August 29th and 30th for 30 minutes each day.

4. Our club has been having monthly Zoom meeting to keep in touch and active.

Gail Arnold