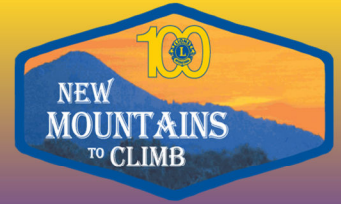




L10News

SEPTEMBER 2016



HELLO DISTRICT 5M10 LIONS

Two months are already gone from the 2016-17 Lions year! How is your club doing in your community? District 5M10 appears to be moving forward very well. I heard from many clubs that they were busy in their respective communities throughout the summer. I hope all had fun while you were busy.

As we move into the remainder of the year, there are many opportunities to shine in your communities and in Lions. Leadership training, conventions, projects, club meetings, new friends and everything else that consumes time for energetic lions is still before us. Membership still looms large for the Lions Organization, but for District 5M10 we can concentrate our efforts on our community and club projects more than in the past because we exceeded 1250 members this past year and we retained them after July 1st. It is still necessary to recruit new members and to retain the members we have to maintain that success and we will. Make sure that every new member receives a thorough orientation regarding your club, the District and Lions. For this year our emphasis needs to focus on making every Lions meeting, (club, project, training, district, or foundation) fun, informative, engaging and inclusive of all of our members.

Our first cabinet meeting was a huge success. 2VDG Joanne and her husband Lion Kent opened their home to the cabinet on Friday evening (THANK YOU JOANNE and KENT) and we enjoyed a potluck cookout, drinks and jokes as well as brief meeting. Did you know there are some very good story tellers in our group and some bashful folks as well? On Saturday, we learned the goals of the District for the coming year and also learned that we are going to embrace technology throughout the next year. I have a great cabinet, they are working hard to serve all of the clubs in the District. We will have fun doing so!!! If you don't believe it join us at the next cabinet meeting and be part of it. Everyone is welcome!

I want to recognize two new LEO clubs in our district – Duluth and Bemidji. It is exciting to see young people engaged in serving others. Thank You to Lion Marie Pank and Lion John Naastad for accepting that responsibility. I look forward to celebrating with both clubs.

Finally, I want to remind everyone that I am keeping my calendar on our website and Lion Shirley Koroniak is faithfully updating it as I provide her with information. We also have an events calendar on the website for everyone to utilize. Please post your club events, celebrations, projects, help requests and any other info that might inform other Lions of your activities. That will help other Lions attend your events. Check that website weekly!

Remember – IF YOU DO NOT GO AFTER WHAT YOU WANT, YOU WILL NEVER HAVE IT!!!!

DG MEL MILENDER

2nd VDG

Lion Joanne

Immediate Past President

Emo and District Lions

So fall is in the air, summer flashes the last of her smiles and Lions everywhere in 5M10 are winding up the new year of Lionism! I thought it might be a good start to tell you a bit about myself just in case we have not yet had the fortune to meet!

Nursing is my passion and as a past “darned good” Intensive Care nurse I bring a chunk of tenacity to the mix as well as a whole lot of humor. My line in the ICU was “no one died of laughing” and “you’re not dying on my shift!” I equate these lines now to what faces us here as Lions in 5M10.



We've had a few years of struggles in 5M10, a few years that we might have felt we were on the ropes and down to our last round of CPR! But like an ICU nurse worth their salt we sat back, assessed the situation, educated ourselves on a plan of resuscitation and then got busy and did the job of saving the patient! I don't recall many times as a nurse that we gave ourselves a pat on the back, but 5M10 pat yourself on the back so hard your back hurts!!

GREAT JOB to all for resuscitating the district, for doing your part and asking ONE about becoming a member of the greatest service club on the planet! But remember the job doesn't end there. Just because you resuscitated the patient doesn't mean you can walk out of the ICU and leave them to their own devices. You have to pay attention to their vital signs, how are they feeling, what makes them feel sick and what makes them feel better. You need to notice when they don't quite seem themselves and you need to find out why!

It's the same with our clubs and our district. We met our goal in membership but let's make sure we don't get complacent and take our eyes off the patient! We tend to have a mindset that if people don't show up for all meetings or events, don't meet our expectations in service, maybe even don't pay their membership that we should just let them go....they must not be worthy of a Lions resuscitation!!

Let us not be so quick with the "Do Not Resuscitate" order. That person that didn't come to meetings...did you call and find out why? That person who didn't pay...did you do a quiet collection of coffee change and say to them we paid your membership this year because you are a worthy Lion, that we would miss you if you left? That person that just irks your pantyhose every time they open their mouth....did you realize that they are just feeling like they aren't appreciated? Are you doing your part to make sure the members you brought into this district of Lions are feeling welcome and a part of this wonderful organization? If not maybe it's time for some self-reflection and maybe we need to "defibrillate" ourselves and jumpstart the reason we all became Lions.

Lions Serve...you're darned right they do...but let's not forget that service includes our Lion's family...

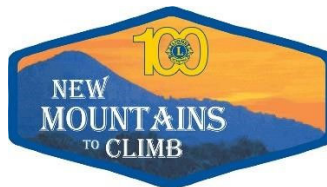
So if you asked one...don't forget to keep one and let's keep the District from "flat lining" and let's keep them laughing while we do it!



[PR Power!](#)

Welcome back *L10 News!* I am always excited to receive the first issue of our District newsletter. Reading about our many activities, service projects, programs and fundraising events that took place during the summer months uncovers unique ideas and offers *New Mountains to Climb* for the coming year. You are encouraged to share your stories by submitting articles each month to our newsletter editor, Lion Dave Ogilvie at

5m10newsletter@gmail.com



Enter the Centennial PR Challenge... Your Club Projects Could Bring You \$500!!!

Our Multiple 5M public relations chair has established a Centennial contest in which every club can participate. The purpose is to promote Lions and the Lions Clubs Anniversary. Clubs in the Multiple are asked to submit their completed Centennial Projects (Youth, Vision, Environment, Hunger) along with photos to their District PR Chair (that's me!).

Judges will choose the winner in each District with one grand prize winner taking home \$500. You will find the contest application form, due dates and descriptions in this newsletter. Please feel free to contact me with questions you may have.



Past PR articles have mentioned the importance of establishing a Public Relations (PR) committee or chair in your club. PR involves all forms of communication – from writing press releases and distributing promotional flyers to talking to friends, family and co-workers. Equally important are actions such as wearing a Lions lapel pin or marching in a parade.

Good public relations will help foster community support. Public relations can even support your club's membership efforts.

If you haven't already done so, expand your presence in your community by forming a PR committee for a team effort in publicizing service projects and activities. LCI offers the following suggestions:

Establish a Public Relations Committee/Chair in Your Club

Though PR is every Lion's responsibility, the PR committee is in charge of the following:

- Communicating information about your club to the community, including the media.
- Keeping your club aware of PR efforts and results.
- Providing information to International Headquarters about outstanding Lions programs and activities by using the "Submit Your Story" feature on the Lions Clubs International (LCI) website.

Getting Started

Set Goals – Review your club's previous efforts. Evaluate what worked, what didn't and why. **Determine the PR Budget for the Year** –Effective public relations programs can be done on a limited budget. Be sure to budget for both ongoing public relations efforts and special events.

Plan Ahead – Planning and timely execution are vital to your public relations efforts. **Create a Timeline** – Determine how and when you will promote your club and when you will start publicity for your club's special events. But be flexible – newsworthy activities may come up during the year.

Use Resources – Visit the LCI website for resources that will help you execute your PR program.

Discuss Your Plan – Meet with your club president and the chairpersons of your club's various events and projects.

Be Persistent – Keeping your club visible in the community isn't something that will happen overnight; it takes time.

Keep a Record – Note to whom and when you sent press releases and who used them.

Save articles about your club. Include the publication's name and issue date on the clipping. Record broadcasts of interviews and other radio and television coverage, and share it with your club.

Inform Your Club – Report regularly on your publicity efforts and results at club meetings. Write articles about public relations activities and results for your club newsletter. Explain how your club benefits from good public relations.

Please feel free to contact me at oswbarb@gmail.com or (218) 343-9006.

Thank you!

Lion Barb Oswell
PR Chair MD5M-10

Centennial Celebrations

Hi Lions!

CONGRATULATIONS! Through the hard work of Lions Clubs around the world our organizations goal of serving 100 million people has already been met. But now is no time to rest. The fall quarter focus is on Vision projects. Let's see how successful we can be in serving others. Can we make it 200 million? Let's climb the mountain of service and see just how many lives we can touch with service to humanity as Lions. We are still in the Centennial Service Challenge and service projects for youth, vision, hunger and the environment qualify.

We should also be working on club legacy projects. I hear that the Emo and District Lions Club has completed an observation deck as a legacy project. Congratulations! Has or is your club going to accomplish a legacy project? Let me know the details so I can make others aware of your achievements. Remember to send photos and videos of your legacy projects to the Mall of America Video project so they will be shown at the event on June 3, 2017.

Finally, Clubs should be working to get the mayors of their town to make a centennial proclamation and also to attend the June 3 event at MOA. How many mayors can we entice to join the celebration?

Our next coordinator's meeting will be on September 27 so if you have anything you want me to share with the other Districts you can send it to me at the address below.

Yours in Service

Lion Bob Woodke

Centennial Coordinator



Lions Clubs International

Celebrating 100 Years of Service

Our Centennial Celebration brings Lions together to celebrate 100 years of life-changing humanitarian service.

Starting with the kickoff in July 2014 and ending in June 2018, Lions in clubs around the world will join in the celebration by expanding our community project work and inspiring others to join us in service.

It's an exciting time to be a Lion. Let's celebrate together!

Ways your Lions club can celebrate and serve



Lead through Service

Organize Centennial Service Challenge projects to benefit youth, vision, hunger, and the environment. Share your successes with your local media and on MyLCl.



Invite for Impact

Participate in the Centennial Membership Awards by inviting new members and sponsoring a new club. Encourage your new members to participate in Centennial service projects.



Connect with Community

Identify needs in your community and plan a Centennial Community Legacy Project to make a lasting local impact. Share your Centennial projects through social media with the #LIONS100 hashtag.

Visit Lions100.org for centennial resources and media for your celebration.



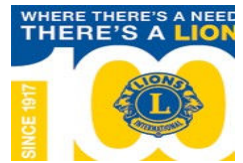
Start your Centennial Celebration

1. Talk about the Centennial with your club and invite them to join the celebration.
2. Choose a Centennial Club Chairperson and/or committee.
3. Create a plan for your club to Lead through Service, Invite for Impact, and Connect with your Community.
4. Share your plan with your District Centennial Coordinator — other clubs can benefit from your ideas.
5. Report your service on MyLCl so we can share the global impact of Lions.



Centennial Public Relations Contest

Lions Clubs of MD5M July, 2016-January 1, 2017



District _____ Club _____ Date of Event _____

Event _____

Place an X over the area your event qualifies:



If your event does not fit one of the above areas, where would you classify it?

Number of Club Members _____ Number of Members who participated _____

Approximate number in attendance/number affected by this Event: _____

Explanation of Event:

What benefit did this project have to your community?

How did this event publicize Lions and our 100th Anniversary (Anniversary must be publicized)?

** Attach only 1 picture page

Contact person for this event: _____

Phone Number: _____ Email: _____

Does your club have a Lions sign in your town? Yes No

Have you refreshed your Lions sign- a new one or a new decal for our 100th? Yes No

Please submit to your District PR Chair before January 1, 2017.

Clubs may enter more than once.

(2nd Contest will be run January 1, 2017-December 31, 2017)

Contest Guidelines:

The Public Relations Contest is to promote Lions and the 100th Centennial Anniversary. Every club in the Multiple is invited to participate. Small clubs have the same chance as a large club to win.

If there are not enough lines on the application in any area, feel free to attach another page.

Each District will award 1 winner per year. A plaque will be given to the winner of each District at the Multiple Convention in 2017 & 2018. An overall winner will be chosen from the 12 District winners and will be awarded at the 2017 & 2018 Multiple Convention. Top winning Club will receive \$500.00.

Contest will run from July 2016- December 31, 2017 and January 2017 –December 31, 2017.

Please submit your application to your District Public Relations Chair. If your District does not have a PR Chair, then submit it to your Newsletter Editor.

Mail to: Lion (YOUR DISTRICT PR CHAIR) (If no PR chair use Newsletter Editor address)

Projects from around the world.



INFORMATION TECHNOLOGY:

Our website has undergone a lot of changes over the last couple of months. Many of these changes have been made with an effort to improve communications between clubs and throughout the district.

Please visit our webpage at www.5m10lions.org to view the following changes.

District Governor's Calendar

DG Mel's calendar is now online and is up to date. If you have not yet scheduled your club visit with DG Mel, please view his availability and use the form on that page to schedule your visit or contact DG Mel directly at melmile@msn.com. This page can be accessed from the "Calendars and Schedules" menu on our homepage. Note, however, if you are using a mobile device, the menu may not necessarily drop down to show the options. If that is your case, please use the direct link <http://www.5m10lions.org/dgcalendar.html>

Club Events Calendar

We now have a Calendar of Events for clubs to advertise their service projects and other significant events happening in their clubs. This page is also available under the "Calendars and Schedules" menu. This is a convenient location for clubs to have their events posted so that other clubs can view, at a glance, what is happening throughout the district. There is a link at the top of that page for submitting your information. The direct link for mobile access is <http://www.5m10lions.org/clubeventscalendar.html>

MD5M Schedule of Events

Also under the "Calendars and Schedules Menu", this page shows notable MD5M events for the next 5 years. The direct link for mobile access is <http://www.5m10lions.org/md5meventsched.php>

EMAIL COMMUNICATIONS:

We have established an email distribution system throughout the district which is commonly referred to as the "Gmail Hub". This hub allows us to distribute email messages to a group of members based on the contents of the subject line in an email message.

We have been using this system for cabinet for the last year and it is working very well. We are now in the process of including Club Presidents and Secretaries. As such, as presidents and secretaries, you should have received an invitation email to join the hub. That invitation has been accepted by the majority of clubs, however, there are still a large number that have not responded. I will be sending out another invitation to those members and you are encouraged to please participate. Once I have all clubs on board, I will share information on how to use it. It is very simple, efficient, and easy to use.

FACEBOOK:

We have recently gone live with a Facebook page for 5M10 <https://www.facebook.com/5m10lions/> and are looking for content. It is a perfect location to share your stories and photos with other Lions in the district and beyond. Please like and share the page and add your stories and photos.

ONE LAST NOTE:

I am currently working on making the website a little more mobile friendly and hope to have it up some time this fall. In the meantime, please bear with me.

Lion Shirley

IT Chair, District 5M10

Environmental Goals for Clubs & Districts

Welcome to the 100th year of Lions. To help celebrate our 100 years of service to mankind we would like to let everyone know what we as Lions are doing to help protect our environment.

This year especially we want to make an impact on what we do both in our daily lives and in our communities that we live in. To help reach the goal of 100 million people impacted by what we do we are asking each district and club to sponsor an environmental project.

Community Clean-up project:

A Lions community clean-up is a great way to improve the environment and work alongside Lions, Lioness, Leos and members of your community on a “hands-on” high-visibility service project.

- Removing debris from a roadway, waterway, nature trail, school or train station.
- Clearing debris away after a heavy rain or flood.
- Raking autumn leaves.
- Removing graffiti from public buildings, bridges or fences.
- Landscaping a public area.
-

Recycling:

Organize a recycling program by working with local recycling organizations.

- Eyeglasses.
- Hearing aids.
- Electronics (Batteries, Cell phone, computers).
- Books, magazines, telephone books.
- Plastics.
- Paint.
- Inkjet cartridges.
- Shoes.
- Clothing.
- Medical equipment such as wheelchairs and crutches.
-

Tree Planting:

Trees play an important role in sustaining a healthy environment. Every tree planted by a Lion is part of a large scale effort by members around the world to make a significant impact on the environment.

Guidelines for planning your project.

- Evaluate your community needs.
- Consult with local authorities to determine the appropriate tree species for your local area.
- Partner with local groups that can help leverage resources and expertise.
- Determine the best project for the community.
- Outline a plan and include procedures, material needs and expenses.
- Submit the plan and budget to the club or district for approval.
- Invite local media to observe the project.

MINNESOTA LIONS DIABETES

Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

Foundation News

Lions We Have an Opportunity for You -- Are you the Lion in your club who is interested in being our MN Lions Diabetes Foundation "Diabetes Awareness Champion"?

We need YOU to help us with Diabetes Awareness in your club and in your community! We have the organization plan done for you... All we need is your willingness to share our messages in your club. Your understanding of your community will help us spread awareness even further.

Contact your district Trustee for information.

Welcome To Our New Trustees

We would like to welcome DG Dennis Heinen from 5M4 who will be our Liaison this year, and the incoming Trustees: Lion Diane Tlougan from 5M1, Amy Swensen from 5M4, Joel Anderson from 5M7, Chari Buhman from 5M9, Kim Peters from 5M11. Welcome back to all returning Trustees and Executive Secretary PCC Bill Bard. We look forward to attending all the clubs in MN to share the MLDF story.

Our Web Site

The MN Lions Diabetes Foundation has a new web site. You can find us at the same address. We updated the site with a new look, added a lot of new information, and put everything in a very user friendly format. You will find helpful information for people living with diabetes, information on how to help support our mission of finding a cure for diabetes, and lots of pictures of award winners and fundraising efforts. Check it out at:

mnlionsdiabetes.org



Spotted at the Vadnais Heights Farmers Market. Healthy Living includes fresh produce.

World Diabetes Day – MLDF Diabetes Education Planning for 2016

With the success of the 2015 World Diabetes Day – Diabetes Education behind us, we are gearing up to host more sites this year. So far we are planning to be at 10 sites throughout the state. Several of these will be inside Walmart stores, and some will be in community grocery stores. This year we will be working with many of the same partners including: Walmart, Novo Nordisk, American Diabetes Association, U of M Extension Supplemental Nutrition Assistance Program Education (SNAP-ED), local Health and Fitness Organizations. Our Trustees will be looking for your help to greet customers and share diabetes education materials and information on healthy life styles. Locations will have four different stations of information. We would like to see Lions from each club attend this event to see how easy it would be to host a Diabetes Education event in more communities across MN. The 2015 results and comments from those that attended tell us this is a valuable service for folks in need. Get involved by contacting your district trustees for more details.

Dream Catcher Calendar Fund Raiser

MLDF 2017 "Catch the Dream" - Life Without Diabetes! Calendar Fundraiser. It's not too late to get your spot on the 2017 Calendar. By purchasing a spot you will be supporting diabetes research to find a cure. Honor someone special or post your club's activities –you can pick from 365 days for your spot. **Option 1:** For \$100 (\$90.00 tax deductible) you can:

- 1) Choose a person's name, honored Lion, award winner or a family member who is special, or showcase a special event to be recognized in our printed calendar,
- 2) This name or event will also be posted on the MN Lions Diabetes Foundation, Inc. web calendar and the
- 3) Printed calendar and a Dream Catcher Pin will be mailed to the designated person.

Option 2: For \$200 (\$190 tax deductible) you will:

Receive Option 1 package plus your 50 word message and picture on the MLDF Facebook page. A great way to show that special someone you care!

More details can be found at our website www.mnlionsdiabetes.org or contact your area Trustee.

Students and Diabetes

Diabetes is one of the most common chronic diseases in school-aged children, affecting about 208,000 young people in the United States. Research shows that wellmanaged blood glucose levels not only can help young people stave off the long-term complications of diabetes but also help them feel better, happier, and more productive at school. In a supportive school environment, where school personnel understand the needs of students with diabetes and can respond appropriately in emergency situations, young people can manage their diabetes effectively throughout the school day and at school-sponsored activities. A Guide for Families and School Personnel can be found at <http://www.niddk.nih.gov/health-information/healthcommunication-programs/ndep/health-careprofessionals/schoolguide/Pages/publicationdetail.aspx>

Mark Your
Calendars ----

Tour de Cure Rochester – October 1, 2016

ADA Expo in Minneapolis - October 15th, 2016

UofM Diabetes Research Update – April 8th, 2017



Thank you to the Sherburn and Jackson Lions Clubs of 5M3 for hosting their second annual "Lions Golf Tournament" and donating \$3,500 in profits to our MN Lions Diabetes Foundation! Sixty Lions and community members "Golfed for Diabetes" and area businesses and individuals sponsored holes and donated prizes for a silent auction and raffle! Come join in the fun next year on Friday, June 9, 2017! Watch for the ad in our new MLDF 2017 Calendar!

Is it time for comfort food yet? It doesn't need to be packed with calories. Try this.

Chicken Chili

8 ounces skinless, boneless chicken breast, diced

1 clove garlic, minced

2-14.5 ounces cans diced tomatoes

16 ounce navy beans, rinsed and drained

¼ teaspoon ground black pepper

2 teaspoons chili powder

½ teaspoon cumin

Spray large soup pot with cooking spray. Add chicken and sauté over medium heat for 7 minutes or until done. Remove from pan.

Add onions and green peppers and sauté over mediumhigh heat for 3 minutes or until onions are clear. Add garlic and sauté 30 more seconds.

Add Remaining ingredients along with cooked chicken and bring to a boil. Reduce heat and simmer for 15 minutes.

Prep time 10 minutes. Serving 1 ¼ cup. Servings 4.

Calories 210. Sugar 7 grams.

Canadian Diabetes Association

Welcome back!

I don't want to say summer is over...yet. But public schools in Thunder Bay return to class tomorrow (Aug 30), so....for some it is. Interesting tidbit I saw on CTV's Your Morning today, September 1st is the meteorological end of summer and September 22 is the astronomical end of summer. They were saying, statistically, we experience cooler, fall-like temperatures after September 1. Growing up in Thunder Bay, I would agree with that observation. Let's hope for a warm, enjoyable autumn this year!

It was a slightly busier than normal summer for us as we participated in some community health fairs outside of Thunder Bay and our summer student, Tess Ryan, organized a few fundraising activities. The car wash ended up being "scrubbed" (no pun intended) due to a lack of volunteers, but we did proceed with the barbecue which raised just over \$250.00! Thank you to Cheryl Pile for helping at the BBQ.

We also put the finishing touches on logistical details for our annual Diabetes Expo, to be held October 21st; a fundraising hockey game being held on November 2nd; and Thunder Bay's very first "Good Riddance Day" event to be held on December 28.

If you are a member of a club in the Thunder Bay Region and would like to volunteer to help Diabetes Canada, please contact me at the following numbers.



Richard Boon
Branch Coordinator, Northwestern Ontario
Canadian Diabetes Association
501 – 200 Syndicate Avenue S.
Thunder Bay, ON, P7E 1C9
T: (807) 577-4232 ext. 224 Fax: (807) 623-0851

All other Canadian Clubs in 5M10 if you would please find someone on your club who would like to help coordinate Diabetes fundraising etc. in the rest of Northwestern Ontario, please send their names and contact information to ogilviedave@gmail.com

Dave Ogilvie - Diabetes Coordinator for the 5M10 Cabinet



Can Do Canines is dedicated to enhancing the quality of life for people with disabilities by creating mutually beneficial partnerships with specially trained dogs. This organization trains teams to utilize service dogs for people with autism, diabetes, deafness or hearing loss and mobility issues. Each month they have a tour of the facility scheduled (September's is set for the 29th) so if you want to learn more about Can Do Canines you can check out their web site at <http://can-do-canines.org>

CAN DO WOOFAROO & DOG VIDEO FESTIVAL, Saturday September 17

Bring your dogs and your friends and celebrate the amazing partnership between assistance dogs and the people who need them.

Join us at the Can Do Woofaroo—a one-mile fundraising walk and festival to benefit Can Do Canines, and our First Annual Dog Video Festival!

Visit candowoofaroo.org for more details and live registration!

There are many opportunities for Lions to volunteer, Fund raising through donations also is essential to the continued progress of this important work.

If you want a club presentation on Can Do Canines you can contact me at the address below:

Lion Bob Woodke

Can Do Canine Chair for MD 5 M 10





Hear Ye, Hear Ye!

Volunteers needed for the Minnesota Renaissance Festival Dog Gate

It's time to sign up for shifts to volunteer at the Dog Gate at the Minnesota Renaissance Festival. The dates for the Renaissance Festival are: weekends August 20 through October 2, 2016. Plus Labor Day (Sept. 5) and Festival Friday (Sept 30).

Volunteers are needed to work a 4 1/2 hour morning or afternoon shift at the Dog Gate and your efforts will be royally rewarded with free entrance to the fair before or after your shift, \$6 worth of FREE FESTIVAL FOOD-and the best part-a FREE ticket to return to the Festival for another day of fun! (Volunteers working the last weekend have the option for a free Trail of Terror ticket)

Helping at the Dog Gate is fun and easy-a team of four volunteers each shift checks in dogs visiting the Festival and provides them with a Festival pet tag and goody bag. *For their safety since this job requires working with incoming dogs of unknown temperament; a volunteer's pet dog, Can Do Canines puppies in training and graduate dogs will need to stay home for this volunteer opportunity.

Again this year, we will have a wonderful volunteer supervisor on each shift to help the process go smoothly. Also, there is a shuttle service that runs from Mystic Lake to the Renaissance Festival-a great feature to park and ride for the afternoon shifts!

Contact Patty Wirz at pattywirz@yahoo.com to choose a date and shift (a.m. or p.m.) Training will be provided by our supervisors, and more details will be communicated when you contact Patty. The festival does require that all volunteers must be 16 years or older to work at the dog gate.

This is an easy, fun, and great fundraiser for Can Do Canines! **Huzzah!**

[Brouse, Woodke & Hildebrandt, P.L.L.P.](#)

312 America Ave. NW
P.O. Box 1273
Bemidji, MN 56601
Phone: [218-759-1673](tel:218-759-1673)
Fax: [218-444-4014](tel:218-444-4014)



In the early 1980's Lions Clubs across Canada sought to develop a national project to reflect their service to Canadians with visual impairments. The result was Lions Foundation of Canada and its founding program, [Canine Vision Canada](#), which was established in 1985. Since then the Foundation has grown to include additional Dog Guide programs: [Hearing Ear](#), [Service](#), [Seizure Response](#), [Autism Assistance](#), and newly introduced, [Diabetic Alert](#) Dog Guides.

Lions Foundation of Canada's mission is to assist Canadians with a medical or physical disability by providing them Dog Guides at no cost. To do this, the Foundation operates Dog Guides Canada, a preeminent national training school and charity that assists individuals with disabilities through specialized Dog Guide programs. These Dog Guides are provided at no cost to eligible Canadians from coast to coast despite costing \$25,000 to train and place. The Foundation relies on donations from individuals, service clubs, foundations and corporations and does not receive any government funding.

Now the largest school of its kind in Canada, Lions Foundation of Canada Dog Guides' head office is located in Oakville and has a breeding and training facility in Breslau.

Please remember the Lions Foundation of Canadian Dog Guides and donate during the "Parade of Green" at the 5M10 Mid-winter Convention in January. Plan on attending and bring your donation in person. Check out the FB site.

<https://www.facebook.com/5M10-Lions-Mid-Winter-Convention-420171294852620/?fref=ts>

Long-range Planning

PDG Mark Osthus Cabinet Chair 5M10

Planning ahead helps all of us feel better as it helps us avoid the stress that comes from feeling rushed or behind in whatever we hope to accomplish. Most Lions are pretty good at planning ahead in their personal lives, but most clubs seldom look more than one year into the future and many clubs don't plan ahead at all and they become stressed.

There is a simple but very effective approach that I would like each club to try letting me know what kind of results they have had. The approach consists of asking and responding to three questions:

1. Where are we now?
2. Where do we want to be?
3. How do we want to get there?
- 4.

It's so simple and you will be amazed at how this will set your club up for success. You may be familiar with the Club Excellence Program. It is a good program, but it takes a lot of time. And it will be most frustrating if you have not gone through the 3 step long-range planning process above first.

Do it. Let me know your results and share your plans with your zone chair. Your zone chair will maintain a collection of these plans for the record should a plan become lost or misplaced.

Growth has been most noticed in clubs that invite *non-members* to enjoy festivals, celebrations and parties. By doing so, people become familiar with Lions and the far-reaching service that Lions International represents. Election year for US citizens is full of craziness, but your club can become a refuge that focuses on making life better for people no matter what their circumstances or political affiliation. It's quite simple: ***Where there is a need, there is a Lion.*** This attitude is of great value in today's confusingly divided world. **Celebrate it!**

Check out the ways that your club can celebrate!!!

<http://www.lionsclubs.org/resources/EN/pdfs/lions100/CNT9.pdf>



There are only 2 months until our 2016 Diabetes EXPO!

Register today for the **American Diabetes Association Diabetes EXPO on Saturday, October 15, 2016** at the Minneapolis Convention Center. The EXPO is FREE to attend and will include multiple exhibitors with the latest products, resources and information on diabetes.

This exciting FREE event will include:

- Exhibitors showcasing how-to product demonstrations, free products and food samples. Latest products, services and medications are featured.
- Medical professionals are present to answer questions in the Ask the Expert area.
- Exciting speaker's present information on diabetes related topics.
- Free health screenings are provided.
- Healthy Eating cooking demonstrations along with hands on education about how your plate should look.
- Active Living fitness demonstrations and the opportunity to meet with personal trainers to create your personal take home fitness plan.
- Activities for children to learn about healthy living are available in the Healthy Kids Area.
- A free Metro Transit pass to ride any bus or light rail to the event. Also, check the website for a charter bus coming from your area to the Diabetes EXPO.
- For more information on the event visit the Diabetes EXPO website at <http://diabetes.org/expominneapolis>.

Wheelchairs and scooters will be available for rental from the Minneapolis Convention Center for EXPO attendees with mobility needs. **If you or a family member will be needing assistance please reserve your wheelchair or scooter ahead of time. Reservations are required.** To reserve a wheelchair or scooter contact The Mobility Shop at www.themobilityshop.com or call [1-888-404-5554](tel:1-888-404-5554).

NEW THIS YEAR

This year we are excited to be offering NEW programming on our Main Stage. Throughout the day local celebrity hosts will be interviewing and spotlighting the activities, experts, and vendors at the EXPO while giving away free gift cards between their interviews! This will be a fun and exciting, interactive opportunity that is not something to be missed!

Another new feature will be for kids who have attended camp through the American Diabetes Association to come to the Kids Area for a campers reunion. The YMCA will have some fun games for the kids along with a planting opportunity provided from Gertens. Kids will have a hands on learning opportunity to better understand the connection between gardening and eating health.

Be sure to share the EXPO news with your friends, family and co-workers. Forward this message to others who may be interested in attending and they can visit <http://diabetes.org/expominneapolis> to register online and receive up to the minute information on the EXPO.

We can't wait to see you at the EXPO!

Sarah Laulunen Raj
Senior Manager, Community Engagement & Outreach
American Diabetes Association
SLaulunen@diabetes.org

CLUBS - NEWS

DRYDEN LIONS

August was a slow month. However we managed to do the following

1. Two old Lions repaired a wheel chair ramp that was probably built in the dark at some time or another. The work consisted of removing the rails, and the supports that were not the same distance apart. New supports were made from donated 2x4s and primed. They were then installed. It took a total of 26 Lion hours. The elderly lady was most thankful. It is to be painted totally by our latest new Lion in September.
2. Fall Fair time. The Dryden Lions in partnership with the Trillium Lions manned the food booth at the fall fair. All slots were filled with workers and as an aside, the two shifts from 12 noon friday to 6pm Friday, flipped over 600 Hamburgers, at least 5 doz weiners and a wack of riblets. I left at 6 and the line was 12 deep, 2 rows. A full report will be made.
3. Two 200 club draws were made.
4. We received 2 requests for wheel chair ramps. One was impossible to make due to space, and the other has been approved in principle . Lay out is pending.
5. Our Hot Dog/CandyFloss Cart was at 2 August Days of summer in Dryden. August 4 saw a profit of \$180.50 and August 11 saw a profit of \$212. Lion Hours on August 11 was 14.5. All proceeds are going towards our Centennial project.

2016 Bemidji Lions Fare

The 65th annual Bemidji Lions BBQ Chicken “Lions Fare” on August 6th was resounding success! Thank you to all community members and citizens who contributed to the Bemidji Lions Club’s fundraising event!

785 BBQ chicken dinners were served from the Lions Club’s trailer from 11AM to 7PM. First City Lions Club members sold and served dozens of home-made desserts during Lions Fare as well.

51 Bemidji Lions volunteered their time to make this event one of our best ever. Set-up and cooking crews arrived at 6:00 am to begin preparing the 400 chickens and ticket sellers and serving crews showed up at 10:30 and worked until 7:00 pm. The clean-up crew finished the long day’s task.

Over \$7,500 in receipts from tickets sold!

Thanks to Lions Fare event chair Bob Sandbo and crew chairs for excellent work in helping get this annual fundraiser

All profits from Lions Fare will go to Lions charities and community needs (Four Pillars of Lions: Vision; Hearing; Diabetes; Youth).

The Bemidji Lion’s Club continued serving the community through the summer months. Early summer began with the club enjoying an evening meal and fellowship at their “Spring Fling”. We were honored by having representatives from numerous other clubs (including our friends from Canada) attend our gathering. Our annual “Flapjack Day” in May was another fund raiser success. The competent Lions who tended the grills cranked out hundreds of flapjacks which satisfied the crowds during the 12 hour pancake marathon. During the early summer club members also cleaned a two mile stretch of Highway 71 south of town and assisted in raising funds through a “Telethon” for Public TV. Our cooks were called back to duty in June and prepared pancakes for the Annual Farm Bureau Breakfast at the county fairground and helped produce more cakes at the “Fishing Has No Boundaries” Sunday breakfast. Lion’s Club members who were proficient with mowers, chainsaws, rakes, or even a chalk gun showed up one summer morning to help clean up the campus at Oak Hills Bible College. They also assisted at the County Fair by working shifts at the “Fire Tower”, limiting the number of individuals on the tower at one time. “Loop the Lake” is a bicycle ride around Lake Bemidji during the summer which is gaining popularity. Members of the club helped direct bikers at various points and assisted in keeping the ride safe. They also were present at the Cass Lake Tri-Athlon, by overseeing one of the Stop Stations. This summer a damaging windstorm uprooted more than twenty-five large trees at the city cemetery. Bemidji Lion’s Club members were there for several days to help cut and clear out the damaged trees. Of course the biggest event this summer was the Lion’s Fare chicken dinner, which took place on August 6th. Over 800

meals were served that day and it involved over fifty Lion's Club members. It is our second largest fund raiser for the year and everyone agreed that it was quite successful. Most recently the club pulled out the grills again and served a pancake dinner on Sept. 2nd. This was a fund raiser to assist the University Girl's Track team accomplish some of their financial goals.

Coming up in October is the "Fall Raffle". With only 300 tickets being sold, a person has a good chance in winning one of several cash prizes, with the top winner walking away with \$5000. To obtain a ticket or obtain additional information contact Craig Cameron at 218-209-7799. – Leon Nelson/Club Secretary.



Left to Right: Leon Nelson, Susie Balstad, John Naastad, Ron Porter, Allan Colliander

Catch-Up News from Deer River Lions Club!!!

Projects: We presented two-\$750 scholarships to graduating seniors: Members drove a local community member 150 miles daily for cancer treatments: We replaced the old merry-go-round at the Lions City Playground with a new \$5000 merry-go-round, in cooperation with Deer River City employees: Sponsored our Annual Letterwinners Banquet with 84 letter winners and coaches as our guests, with 73 parents and friends in attendance: Completed our annual Swimming Program, free to any local child: We concluded a very successful 3-day 68th Annual Wild Rice Festival in July---the weather cooperated after a nasty storm hit the area just two days before the Festival and damaged roofs, homes and vehicles: We inducted one new member and installed new officers for 2016-17 at a Ladies Night in July with thirty Lions and guests attending.

Donations to: Leader Dogs Kennel Project; Lions Diabetes Foundation; King Elementary School Fun Run (\$100); Leech Lake Band Kids' Fishing Contest (\$100); Local High School Warrior Athletics Booster Club (\$300); Youth for Christ Golf Tournament (\$100); Attendance Matters Project for area schools (\$200); Grace House--for homeless (\$250); King School music program, guitars for classes--(\$275).

Deer River Lions Club Secretary Lion Roger Moede

Carlton Area Lions

I am happy to report inducting 3 new members at the Carlton Area Lions Club meeting tonight while also there to install their new officers.

Larry Winner



Dryden Lions June 2016 Membership and Activity Report Club # 3125

1. A vet bill for a Hearing Dog was paid.
2. June 21st Aboriginal Days had 7 lions maintaining games for the children. A total of 200 youth used the games over the three and a half hour time slot. Lion hours...8.25.
3. A garage sale was held June 25th at Our Saviour Lutheran Church with both the Trillium Lions and Dryden Lions. A total of \$1690.35 was realized . Funds are going towards our Joint Centennial Project of Youth Soccer Shelters. With our Home Show profit of \$241.85 we now have \$1932.20 towards the \$8000 needed. 7 Dryden Lions worked 51 Lion Hrs.
4. We purchased the candy floss machine from the Ignace Lions and held a dry run June 26. We are ready for the July Canada Day celebrations. Proceeds from the Floss will go towards the Centennial Project . Future Candy Floss/ Hot Dog cart dates include Dryden Days of Summer in July and August.
5. Our windup fish fry was held on June 25th at the Flying Club. A total of 36 Lions and guests attended.
6. Our Peace Poster contest was concluded with 29 students from 3 schools participating. Art Gift packages of \$100 each were handed out. Posters will be displayed at the Dryden Museum.
7. Four Bursaries were handed out at the High School Grad Ceremonies. Each was for \$500 to be issued upon registration for 2nd term.
8. Our Environment Chairman is looking into trees for planting. Domtar has been contacted and we awaiting their reply.
9. Elections were held for the following positions. 1st Vice President....Ivan Pollack and for One Year Director ...Derek Ouellette

DRYDEN TRILLIUM LIONS CLUB



L to R: Lions Linda, Maggie, Heather, Susan & Helen serving Indian Tacos to over 600 people on Aboriginal Day – June 21st, 2016.

DRYDEN LIONS & DRYDEN TRILLIUM LIONS CLUBS GARAGE SALE – June 25th, 2016



L to R: Lions Augie, Dave, Margaret, Bernice (hidden), Susan, Debbie, Sharon, Heather, Leslee & Todd

Dryden Lions M&A Report, July 2016, Club # 3125

1. Our bi- monthly 200 Club Draws were completed with \$400 in total given out.
2. July 1st Celebrations at Cooper Park saw our Candy Floss and Hot Dog machines in action with the Trillium Lions. 9 Dryden Lions worked a total of 61 Lion Hrs with the Trillium Lions contributing 19.5 lion Hrs. In addition 230 Lion Balloons were handed out to Children at a cost of \$287.50. Candy Floss Machine was a huge success ,especially at our \$1.00 price. A profit of \$918.00 was added to our Centennial Project making a total to date of \$2850.00, leaving \$3750 to be made to complete the project.
3. A new member was approved and will be inducted at the August meeting.
4. Dryden Lions donated \$500 to an elderly couple to assist in the construction of a wheel chair ramp.
5. A long serving Lion was visited by the Sick and Visitation Chairman.
6. The 2018 Mid Winter Committee made up of by the 3 local Lions clubs met and reported the progress made to date.
7. Past President Ken Saville presented new President Todd Kropelin with his Presidents Pin.

Duluth Lions Club

JUNE

Whipper Snapper Races – Serving Youth in Duluth!

On June 17th, a group of Lions, friends and family, helped out at Grandma's Marathon Whipper Snapper Race.



After filling approximately 1,000 finisher "goodie" bags, volunteers registered participants, presented ribbons, and sold hotdogs, cookies, ice cold pop and water.



Thank you to all the Lions that came out to support this event. The turnout was great and everyone had a good time.

New Member Induction and Officer Installation Dinner

Northland Country Club was the site of our annual installation of officers for the coming Lion's year and also an opportunity to welcome 3 new members into our club. PDG Larry Winner inducted the following new members: Mark Swanson/Sponsor Barb Hanson, James Denney/Sponsor Jim Denney, Jamie Rabold/Sponsor Gail Tate.



Incoming President Brian Thompson received a plaque with his gavel. During his presentation, President Brian reminded us that 2017 is the centennial year for Lions Clubs International and as such we are challenged to 1. Engage youth in our projects; 2. Share vision (let's keep our vision screening machine busy); 3. Relieve hunger; 4. Protect our environment. Brian asked us to offer up new ideas for projects and membership growth for this coming year.

PDG Larry also inducted the 2016-2017 Officers:

President - Brian Thompson, Secretary- Roxanne Sternberg, Treasurer- Mike Mazzio, First Vice President – Kandice Gulbranson, Second Vice President - Barb Oswell, Third Vice President - Lisa Filzen, Lion Tamers - Larry Winner, Sue Winner and Barb Oswell, Tail Twisters- Barb Tanski and Lisa Filzen, Pancake Day Chair - Daryl Harper, Membership Director - Larry Winner, Directors - 1 year term Bob Cedegren and Ron Stanius; 2 year term Gail Tate and Anne Holy, Newsletter Editor - Barb Tanski, Immediate Past President - Bill Pank

Presentation of Awards: Sandy Palmer gave a brief overview of the history of our Duluth Lioness. The group now has 8 members. Six of the members were guests of the Lions this evening.



The Helen Keller Award was given by the Lioness to President Maxine Lodmell for her ongoing dedication, commitment and support.



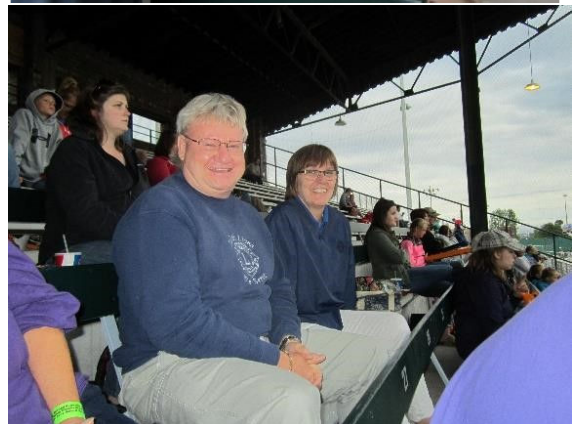
Additional awards were given that evening to honor the following Duluth Lions: Ron Stanius - Dreamcatcher Award; Bob Howe - Founders Tribute Award; Daryl Harper - Distinguished Service Award; Gail Tate - Chuck Puchreiter Pancake Day Top Sales Award; Mike Mazzio - Pancake Day Chair Award; Pat Olson - President's Appreciation Award; Sue Winner - Helen Keller Award; Kandice Gulbranson - Melvin Jones Award; and Marie Pank received a special President's Award pin.

JULY

GO DULUTH HUSKIES!!!



On July 27th we gathered for a Lions family fun night at Wade Stadium/ballpark. Duluth Lions, along with other area Lions Clubs, met for a great night out for a Duluth Huskies baseball game. Those not into baseball came for the food and fellowship.



About 69 Lions, friends and family came out to the game. Roary was a hit throwing out the first pitch of the game, and kids were chasing him down for pictures afterwards.



Duluth Lions once again volunteered to help youth who anxiously awaited the arrival of Thomas the Tank Engine on Friday, August 5th at the Union Depot in Duluth.

Club members helped welcome, register and guide families to their favorite activity and awarded prizes to children who completed their participation challenge.

Our Club thanks Lion Mike Mazzio for all his work coordinating this fun event and the Huskies for all the PR they gave us at the game.



This is a big event that draws many families to the Depot, and Lions do their part to help make this day a success.



Celebrating the 125th Anniversary of Skyline Parkway in Duluth

The Duluth Skyline Parkway celebrated its 125th anniversary on Sunday, July 31st, at Chester Bowl. Duluth Lion Gail Tate helped serve cake and Lions Barb Oswell and Bob Howe directed traffic during the celebration. The Duluth Lions Club involvement with the Parkway began in the early 1970's. They placed five brass plaques along the Skyline describing to sightseers what they were viewing.

A special thank you to Lions Bill and Marie Pank for working the vision screening table during the entire game. Fifty-two people were screened – 28 youth and 24 adults. Thanks, too, to Lion Darin Bainter for getting the crowd going in the Roary costume.

Thomas the Tank Arrives! – Duluth Lions Serve Youth and Families!



Over the years we have cleaned up the area around each plaque and have replaced stolen or defaced plaques. Our Lions logo is on each plaque. This year during the 125th anniversary and our 100th Lions anniversary we are hoping to place a bench at one of the sites.

AUGUST Duluth Lions Club Hearing Committee

Update By Lion Sue Lyons, Chair

Lions Club Grants Will Make Huge Positive Impact in Community. Early this summer our Duluth Lions Club made three grants that will have long lasting positive impact in our greater Duluth community for those with hearing loss needs.

Our first grant purchased "Pocket-Talkers" for use by ISD709. Teachers will wear these devices, along with their young students that are awaiting tubes in their ears to correct ear pressure. Currently there is often a two month wait for children to be treated by area Ear Nose & Throat specialists, in the meantime children have great difficulty hearing and learning in the classroom. These Pocket-Talkers bridge that time gap, allowing students to continue to hear and learn in the classroom. Over the lifetime of this equipment we expect 80+ children to benefit from their usage.



Our second and third grants were used to purchase specialty equipment for the Scottish Rite Hearing & Speech Clinic here in Duluth. The Wideband Tympanometry Module Diagnostic Device allows technicians to pinpoint middle-ear hearing loss specifics, and the Auditory Brainstem Response Titan Screener will pro-vide ultra-reliable diagnostic

evaluations for children unable to communicate due to their young age and/or hearing loss. These two pieces of equipment are each expected to serve over 600+ students in the next sever-al years. Hats off to the Duluth Lions Club, and ISD709 along with the Scottish Rite Clinic as together we serve the needs of our Duluth children!

Diabetes Supplies for Ministry in Medical Missions



The Duluth Lions Club Diabetes Committee recently presented a check for \$1,000 to Ministry in Medical Missions which helps people with diabetes in Haiti get access to life saving insulin supplies.

Duluth Lions Show off Their New Promotional Banner!



Lion Barb and Lion Kandice with the Membership Committee

The Leo's Share

Duluth centennial Leo club

Our club charter has been approved and we are set to start meeting. The 5 planning meetings will be on the Mondays of September 19th, November 29th, January 23rd, March 20th, and May 15th at 6pm at the Denfeld cafeteria.

Emma Haugen has been appointed our club president and will serve until our elections this May. She will be a 10th grader at Denfeld this fall and she plans to become an ASL interpreter for the Deaf .

President Emma

Our charter night event will be on Sunday, October 16th from 5-7 at the Incline Station. The cost to attend is only \$10 and this includes a pizza buffet with salad, breadsticks and cake. Please RSVP by October 1st to Marie at mpank428@gmail.com if you can attend.

Also please sign up to donate a gift basket for our silent auction and to raffle items for a drawing.

October will also be our first service project and we are planning a sight night event to do vision screenings and collect used eyeglasses. In November we are planning to volunteer with a local food shelf or food distribution site. In December we will be working with the Duluth lions club to serve at Bentleyville and ringing bells for the Salvation Army.



Lion Marie Pank, Duluth centennial Leo club advisor



Duluth Centennial Leo Club

Charter Night Celebration

Sunday, October 16th, 2016
5 - 7 pm

The Incline Station

601 West Superior Street, Duluth MN

Leos - No Charge

Leo Family Members - \$5.00

Other Guests - \$10.00

pizza buffet with salad, breadsticks and cake

Induction of new members and installation of officers

Silent auction and raffle drawings

RSVP By October 1st to Marie Pank
mpank428@gmail.com or [722-8371](tel:722-8371)

EMO AND DISTRICT LIONS

Emo and District Lions has been pretty busy for a club that usually takes the summer months off!

We want to thank our outgoing executive for putting our small town on the Lions map and welcome the new executive under President Jodi Pellerin. It is going to be an awesome year and a fresh perspective as well as a challenge for our new president as she will increase our Lions family by 1 come February 2017!

We hope that you will all say a prayer for some of our ailing Lions...several battling bad knees and hips requiring surgery, some struggling with cancer treatments, others with eyesight issues and cranky heart valve issues. It's been a struggle for several and it's great to know that our district Lions family has them in their thoughts and prayers.

We have been successful this summer in assisting to fund a special hearing aid for a young boy who is both sight and hearing challenge. We paired with the Lions Foundation Medical Assistance Program of Manitoba and Northwestern Ontario for a majority of the cost. The ladies from the local grocery store deli also chipped donating their tips for the cause. Hands together and shout out to them!

We continue to collect glasses and over 300 pair are making their way to the Lions Eye Bank in Winnipeg shortly as well as a few of our Lions members are heading there to learn how to use the new Spot Eye Scanner. We will start our new in school screening program in October and hope to have all our Zone clubs assisting. We had a family donate a low vision reader to the club and are now using it in a loaner program for community members that will benefit!

We have donated to the Fire Safety book for district schools and will be assisting our local Fire Chief in distributing these books as well as letting the students see Lions in action. We as well sponsored agricultural bursaries for all 3 local high schools.

We assisted 2 families in long distance medical transportation both in educating about resources available as well as assisting financially. We also had a fire in the district with a family losing their home and our club was there with a "fire assistance" basket in short order. Our crew also made and delivered meals to a community member getting home from major surgery, a new project that we hope to continue!

The highlight of our summer is the excitement of starting and completing phase 1 of our Lions Legacy project!

With the help of some key construction type Lions members and volunteers guiding us, we were able to complete our observation deck for the seniors of the Golden Age Manor and the local hospital! It was an inspirational day with community members stopping to cheer us on and compliment on its progress and completion. A day of chatting it up with those who stopped to see what we were up to! A day of fun and laughs and food and service! We were blessed with a perfect day to construct as well as a now honorary Lions member who opened up the local hardware store when we were running out of supplies!

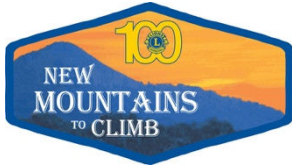
Phase 2 will include signage and deck benches as well as flowerbeds and a walkway. We are also redoing and improving the horseshoe pit that is next to the new deck!

We have several Lions members heading to training in the next few months as well as look forward to the infamous HUNTERS DINNER that will be held October 29 at the Barwick Hall. A menu of wild meat and fish delicacies and a whole lot of FUN!! We look for 5M10 to come and enjoy the fun with us!

In November (the morning after Hunters night) will see at least 5 Lions members head down to Guatemala to build homes. Anyone with kids clothing or small adult clothing in new or excellent condition is encouraged to contact our club secretary. If you wish to donate a home to build 400\$ USD will build a home for those who have not. A sign in honor of your club/family will be donated by our club and we will head home with pictures to share with those who donate!

Here's to a great year of service and FUN! This year Emo's challenge is not about membership (though we welcome those clubs that can unseat us from top dog in that department!!), it is about trying to have as much fun as Emo and District! Bet you can't!!





FISH FRY

The Vermilion Bay Lions Club is holding a Fish Fry in conjunction with our fall raffle for a 2016 Ford Mustang Convertible.



Saturday, September 17th

Vermilion Bay Lions Hall 5:00 pm

Doors open at 4:00 pm

Adults \$15.00

Children \$10.00 (6 and under)

Licensed under LLBO

Please mark this date on your calendar. Hope to see you there.

EVERYONE IS WELCOME!!



Bemidji Lion's Club Members:

It is Friday evening and all is calm. What a perfect time to write the August Newsletter and bring everyone up to date. It has been an exciting 30 days since the last newsletter and a person wonders how time can fly by so fast. The 2016 "Lion's Fare" is now history and in everyone's

mind it was a great success. The crew served slightly under 800 meals and we had enough chicken for everyone – barely. Fifty –one Lions participated in the event and each of these deserves a big “THANKS”. The next newsletter should contain information on profits and expenses.

The storm that swept through Bemidji a few weeks ago created havoc at the Greenwood Cemetery. However the Bemidji Lion’s Club responded by sending a crew to assist in cutting and stacking the damaged trees. The Greenwood Cemetery Association was very appreciative with the help. This is what “Serving the Community” is all about.

Our numbers in the Lion’s Club continues to grow. On Wednesday, August 17th, we will induct four (4) new members. They are Jonathan Wills, Pat Hede, Richard Jacobson, and Mary Thompson. Actually Mary was a past member and president of our club so we are very excited to have her re-join. With these new additions our membership number is now 89, plus one associate member.

On September 2nd, our club will have a pancake dinner at First Lutheran Church, serving from 4 to 7 p.m. Profits will be split between the BSU Women’s Track program and our Lion’s Club. Bob Weber is coordinating this dinner so give him a call if you can spare a few hours by helping out. Another upcoming event is the Fall Cash Raffle, which is scheduled for October 20th. A top-notch, motivational speaker will give a stimulating talk so there should be plenty of excitement. Mel Milender promises a great meal and a fantastic time so don’t hesitate to pick your tickets up. Craig Cameron is the man to see about tickets for this event.

Speaking of Mel, he will be officially visiting our club on September 7th as the “District Governor”. At that time he will be presented the “District Governor’s Jacket” made by the Bemidji Woolen Mills. He will bring us up-to-date on district events and happenings. He may also talk briefly about his trip to Japan, where he attended the International Conference.

The Lion’s Vision Awareness football game is slated for October 8th. This is a great time to support the BSU football team and represent the Lion’s Club. Our club will again donate \$1,500 to this worthwhile cause and Lion Jim Molde will oversee the screening program. We have hopes of expanding the screening throughout all districts by obtaining grants and working with other clubs.

Currently, 73 Lions have paid their dues which is well ahead of last year. Lion “Bob” reports that the Activity Fund is at \$17,449 and the Administrative Fund holds \$4,578.

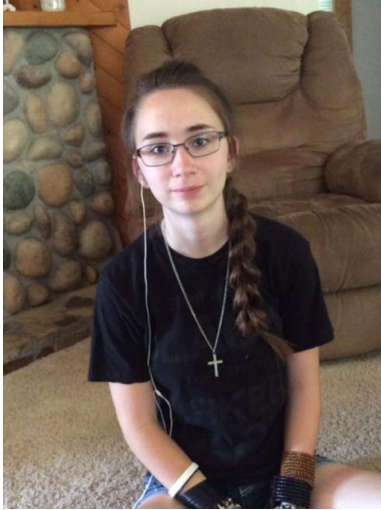
Our fund raiser endeavors are providing the necessary money for us to support nearly 30 programs in the community. The Bemidji Lion’s Club is certainly recognized for improving our community through a variety of ways.

We have some great programs coming up at the Wednesday meetings. Contact Bob Sandbo if you are curious as to what they are. Have a great August!! - Secretary Leon Nelson



The Leo's Share **Duluth Centennial Leo Club**

Our club charter has been approved and we are set to start meeting. The 5 planning meetings will be on the Mondays of September 19th, November 29th, January 23rd, March 20th, and May 15th at 6pm at the Denfeld High School cafeteria.



Emma Haugen has been appointed our club president and will serve until our elections this May. She will be a 10th grader at Denfeld High School this fall, and she plans to become an ASL interpreter for the Deaf.

Our charter night event will be on Sunday, October 16th from 5-7 at the Incline Station in Duluth. The cost to attend is only \$10 and includes a pizza buffet with salad, breadsticks and cake. Please RSVP by October 1st to Marie at mpank428@gmail.com if you can attend. Also please sign up to donate a gift basket for our silent auction and to raffle items for a drawing.

October will also be our first service project, and we are planning a sight night event to do vision screenings and collect used eyeglasses. In November we are planning to volunteer with a local food shelf or food distribution site. In December we will be working with the Duluth Lions Club to serve at Bentleyville and ringing bells for the Salvation Army.

IGNACE LIONS

The Ignace Lions club has had a few projects over the summer months. The summer began with the club having a potluck supper for all its members.

In June Lion Pierre presented our Bursary to Kim Graver (Lion Maggie Bell's granddaughter).

On July 1st Lion Pierre, Lion Dot and Lion Fran handed out a FREE water bottle to everyone who attended the community's Canada Celebration BBQ.

The extra bottles of water were given to the children who attended the Ignace Kids Fest in August. (As an advertisement of our club, each water bottle had a Lions Club sticker on it.)

Ramps continue to be built and or relocated for residence of the community.

Third Party Northern Travel a Grants continue to be accessed by people requiring assistance to travel to out of town medical appointments.

PROCTOR LIONS

The Proctor Lions hosted the 41st Annual Hoghead Festival during the week of August 15-22, 2016.

Events included a Golf Outing, Car Show, Cribbage Tournament, Craft and Food Vendors, Kid's Games, Pancake Breakfast, 5k Hylla Run, and a Huge Parade. Representative Rick Nolan and Representative Mary Murphy were in the parade. Representatives from both political parties also participated.

It concluded with a Giant Fireworks Display at the Proctor Golf Course.

The money raised this year will be contributed to needy organizations in and around the Proctor Area.

We are going to surpass the \$10,000.00 mark in contributions during the last three years.

Upcoming events include a Pancake Breakfast. The Club will also begin preparations for next year's Festival. Many Thanks to all Club Members who participated with countless hours of time and energy! Kevin L. Connick

Proctor Lions Club President

Grand Marais Lions



The streets of Grand Marais, MN were closed from Aug 4th thru the 7th for this year's 87th Annual Grand Marais Lions Club Fisherman's Picnic. The Picnic starts on Thursday, Aug 4th with crazy day sales and the Lion's Fishburger stand opens at 11 am, selling fresh locally caught herring. They are so good they have their own song, "So they're all red-ready and they're all red hot. With fish in the middle and relish on top!"

All four days a packed with activities and events. Just some of this year's events: logrolling, fish toss, softball, tennis, street dances, on stage musical, loon calling, minnow racing, rock skipping, shooting hoops in the street, inflatables, kiddy rides, parade, pizza and pickle herring eating contest, dunk tank, bingo, trail runs and walk races, log sawing, kid's tractor pull, donut bingo, blizzard races, fireworks and raffle. Local groups and businesses pitch in and sponsor some of the previously listed events they also donate prizes for the raffle.

This event brings thousands of new visitors to Grand Marais as well as returning visitors that wouldn't miss the Picnic. It is also a great time for friends and family to return for class and family reunions. The Club enjoys being host for all our visitors whether returning old friends or making new ones. This year IPDG Bill Michl came and we gave him the opportunity to gain new skills for his resume: kiddy ride operator, fishburger wrapper and he even became part to the pyrotechnic fireworks crew. Thanks IPDG Lion Bill.

This was one of our most successful years and we look forward to the 88th Annual Fisherman's Picnic.



Report to District Newsletter
September Issue



Lion Helen Oneschuk is presented with a Melvin Jones Fellowship. Making the presentation are (left) President Perry Acree,

Membership Chairman Ken Alcock, and Secretary Lillian Marchant who gave a history of Helen's journey through for the past 36 years as a Lion. Prior to joining Lions, Helen was also a Lionelle, and a

Lioness. She has been a very valued Lion, serving on many committees, making sure all

members were reminded to attend meetings, fund raising projects, and especially her

wonderful skill at creating beautiful table decorations, as well as a very active within the community, including the CNIB Advisory Board, the hospital auxiliary, special Olympics, and her church. Lion Helen's family was in attendance to make it a special family celebration.



At the general dinner meeting June 14th the Executive Officers for the 2016-2017 Lions year were installed; from left back row Perry Acree, past president, Mark Palmer, director, Bill Cowen, director, Diane Wagenaar, Lion tamer, Don Brown, 1st vice president, Dino Moschetta, director; from left front row Lillian Marchant, secretary, Irma Milko, president, Joyce Van Belleghem, director and Ruth Sandmoen, tail twister. Missing Lion Jim Quinn, Lion tamer.

The Kenora Lions have sponsored the CNIB Eye Van for more than 25 year and this year once again the van came to Kenora July 18 - 20, 2016. Several Lions volunteered to man the Registration Desk to welcome the clients who made appointments to see the Ophthalmologist. The van is completely equipped with all the special equipment needed to help the clients; as well the personnel from the Family Health team are on hand to check blood pressures, and diabetic testing. It was a very busy three days.



The Lions MD5M/District 5M5 Centennial Planning Committees Need Your Help!

MD5M will celebrate the Lions Centennial on the first weekend in June 2017 at the Mall of America.

MOA will feature large screens in the Rotunda showing Lions Videos for the entire weekend!

We need your Clubs/Members
videos and pictures!
They can be recent or several years old.

The clips/photos will be put together for a presentation by District.

Send your Videos and Pictures to:
PDG Dave Reach
dreach@valgroun.net

Any format accepted. Filename should include club name, event, other identifying info.
Deadline for submission is January 15, 2017. But, do it now!



Northern Pride

Lions Leadership Forum

Have you ever wanted to attend the USA/Canada Lions leadership Forum and either did not have the time, four days, or the money, over \$700 dollars?

But you really want to hear some exciting speakers, learn more about our organization and get ideas on how to increase your leadership ability or learn new ways to keep your club strong and help your communities?

Then the Northern Pride lions Leadership Forum is for you!!!!

One day, or come in Friday night for a great meet and greet mixer. Only \$164 includes registration fee and one night hotel. Fee also includes lunch and dinner on Saturday and a free gift.

Choose from 36 great seminars and hear two dynamic speakers, PID Robert Littlefield and PID Brian Sheehan.

So come and join other members of our Lions family in Mahnomen MN November 11 and 12 2016 for great company, networking and knowledge.

You can find the registration form and seminar schedule at:

<http://www.lionsmd5m.org>

Northern Pride Lions Leadership Forum



Hosted by MD5M Lions



Northern Pride Lions
Leadership Forum

November 11th - 12th, 2016

Shooting Star Convention Center, Mahnomen MN USA

2016 Registration Form



"Meet your fellow Lions from Wisconsin, Nebraska, Iowa, Saskatchewan, North Dakota, South Dakota, Manitoba, NW Ontario and Minnesota."

Your District & Club Name: _____

Name & Title _____

Address _____

City/Town _____

State/Prov. _____

Zip/Postal _____

Phone (w / areacode) _____

Registration form at <http://www.lionsmd5m.org>

ALL costs are in USD
Canadians are asked to send USD money order to PDG Cheryl

Email _____



Special Dietary Needs: Vegetarian, Gluten Free, Allergies _____ (circle ones that apply)

Registration Fee \$99.00 USD

Registration includes Friday evening Meet & Greet Mixer (if you are arriving then), Your choice of up to 6 of the 36 Seminars on Saturday, Saturday lunch and dinner with dynamic guest speakers: PID Brian Sheehan and PID Robert Littlefield. (Saturday Breakfast on your own, seminars start at 9 AM)

Make cheques / money orders payable to: **Northern Pride Lions Leadership Forum**

US residents mail to:

PDG Dave Jensen,
32549 Co Rd 11

Wendell, MN USA
56590-9771

R. 218.458.2428

C. 218.770.9410

E. oakstuff@runestone.net



Canadian residents mail to:
Send USD money order

PDG Cheryl McKittrick PO
Box 340, Crystal City MB
Canada R0K 0N0

E. cemckit@gmail.com

R. 204.873.2091

C. 204.825.8073



Cancellations prior to October 31st, 2016 will have a \$25.00 fee applied, NO Cancellations after October 31st, 2016 except for Medical emergencies are accepted anytime with doctors letter (\$25.00 fee still applies).

For more Information contact: PDG Dennis W. Kelly III at cdk3inc@outlook.com

Hotel Reservations – Contact the hotel directly – Rate \$65.00 USD per night (+ taxes) Until October 30th, 2016 Shooting

Star Hotel & Casino, Mahnommen, MN – call 1-800-453-STAR and ask for block #71.

This block is called ***“Northern Pride Lions Leadership Forum”***