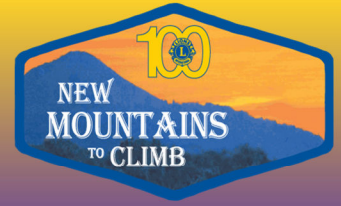




# L10News

November 2016



District 5M10 is looking for leaders. There are plenty of you out there but you must decide you want to be in front. Let your club, your zone or your district know that you are interested. The challenge is to understand that you can

accomplish whatever your goals may be. Let someone know you want to be a leader, then let your fellow Lions help you achieve whatever it is that you would like to accomplish. It may not be easy or comfortable at first but you can do it. Leaders are made when they challenge themselves and others around them.

If you do not step forward, you will always be in the same place!



VDG Mark Eyre

I looked at our last membership report and realize that we have come a long way as far as membership is concerned. In the past years we, as a District, have been moving in the right direction. Let us not stop now. Reach out to members of your community, let them know what Lions mean to them and ask them to join us in our service activities and the fun we have when we serve. When you do a project in your community be visible, let people know what you

do. Don't be afraid to toot your own horn. Remember to have a good time. No one became A Lion for the meals or the meetings. Time is going so fast, Phyllis and I were at a 2018 Midwinter Convention meeting in Dryden. We were treated extremely well. They have some great plans for the convention and are far ahead on the planning. We toured the facilities for the convention with the hotel manager. What a beautiful hotel they have. Remember to come to this year's Midwinter Convention in Grand Rapids and the Multiple Convention in Bemidji is our time to show the multiple what 5M10 can do. Hope to see many of you at the Voyageur Lions Club Charter night celebration in Fort Frances on November 19th. Remember to stay safe, serve your community and enjoy yourself.



## PR Power!

## **CALLING ALL CLUBS! Share Your Club News at the Midwinter Convention, January 20 – 22, 2017 Grand Rapids, MN**

Plan to attend the Midwinter Convention in Grand Rapids! It promises to be a fabulous weekend of Lions fun, great seminars, motivating speakers, and exceptional hospitality.

Our **Club Communications Corner** table will once again be set up. It's an opportunity to display your club activities, share your promotional success stories and read about new and successful ways for you to more easily communicate with your community, district, as well as the global Lions network.

Bring along samples of your brochures, business cards, event/project calendars, published articles, event flyers and club newsletters. Whatever you would like to display and share.

Our 5M-10 three-ring binders will be available, ready for you to add your materials. There is a special section for each club within our district. In addition, I will have copies of LCI informational booklets with new ideas for you to gain connectivity within your area and boost your communication efforts!

This will be a wonderful opportunity for you to see firsthand what other clubs are doing to gain awareness, increase exposure, and expand membership.

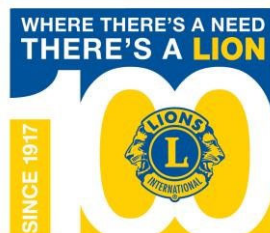
If you have questions, please don't hesitate to contact me.

Thanks.

Lion Barb Oswell PR Chair MD5M-10

[oswbarb@gmail.com](mailto:oswbarb@gmail.com)

218-343-9006





### MD5M Council of Governors Meeting, Saturday, October 15, 2016

The Council of Governors held their quarterly multiple meeting with all 12 District Governors present.

Past Council Chair Dave Dominick- Multiple GMT Chair presented recognitions for the first quarter of 2016-2017. Best Retention- District 5M10 -16; Most New Members- District 5M7 +66; 2 New Clubs Chartered- 5M3 and 5M5; District with positive memberships- 5M5 +24, 5M9 +20, 5M3 +17, 5M7 +13, 5M10 +9.

PCC Bert Nelson- LCIF Multiple Chair recognized 3 Districts with LCIF medals for contributions (bronze) 5M2, 5M6, and 5M7. Two districts placed in the top 5 in constitutional area #1- 5M6 and 5M8.

IPCC Kathy Jensen announced LEO of the Year to 5M2 Leo Mariah Grissom from the Northfield Lions.

Council Chair Todd Neumann presented International President Jitsuhiro Yamada Certificate of Appreciation to IPCC Kathy Jensen. Eight Districts received Centennial Legacy Banner patches: 5M1, 5M2, 5M5, 5M6, 5M7, 5M8, 5M9, and 5M11. It was announced that MD5M received an award at the USA/Canada Leadership Forum for having the highest number of attendees. CC Todd reminded us that anyone who has any proposal at the Council of Governors needs to have representation at the meeting.

PDG Steve Collins – MD5M Legal Chair stated in writing that he has a new email address for any club with legal questions, [md5mlegal@gmail.com](mailto:md5mlegal@gmail.com)

A reminder from CC Todd that every district needs to have their Hall of Fame nominations in 30 days before your Mid Winter Conventions. Al Jensen nomination needs to be in to CC Todd before March 1. Peace Poster winners need to be to CC Todd by December 1.

The train to Chicago registration has been sent out to all newsletters. The Lions car will only be leaving from St. Paul. You can still catch that same train at other stops, just cannot have a seat in the Lions car. All cars are open so you are free to wander to the Lions car and spend as much time as you wish. For more information please contact Lion Dennis Kelly at 651-788-3486.

The Council of Governors is looking for bids for future Multiple Conventions. Bids need to be 2 years out so that the hope of an International President to attending would happen.

Ten out of 12 Districts were present to meet International President Bob Corlew when he visited Minnesota in October. IPID Mike Molenda reported that PID Haynes Townsend is running as a candidate for 3<sup>rd</sup> International Vice President and was endorsed by MD5M Council of Governors.

The Council of Governors endorsed an application for KidSight LCIF Grant Application submitted by IPDG Jay Norby. MD5M Lions Hearing Foundation- PDG Linda Albrecht Norby thanked everyone who worked the State Fair booth. \$100 for 100 years campaign has kicked off with banks distributed throughout the Multiple. You have until June 15, 2017 to collect change. The Diabetes Foundation calendars are closer to completion. PCC Judy Loken reported the last day to turn in money is October 31. GLT- PCC Earl Orvik- Northern Pride Lions Leadership Forum is in Mahanomen in November with the Regional Lions Leadership Institute March 30-April 2, 2017. Only 72 spots are open for participation. GMT- PCC Dave Dominick- in the Multiple last quarter we took in 459 new members and dropped 509 with a loss of 50. LCIF- PCC Bert Nelson challenged every DG to have 100% participation in their district. For every district achieving this goal, PCC Bert will donate \$100 to LCIF. Lions Eye Bank of Canada & NW Ontario, Lions Foundation of Manitoba & NW Ontario and Lions Hearing Committee- PDG Cheryl McKittrick- the Ben Ward Award has been withdrawn and a new award called the Decibel Award is now being used. The Board is developing a five year plan. A hearing aid loaner program is being developed in Manitoba. MN Lions Vision Foundation- Lion Lyle Goff- \$100,000 was donated to Lions KidSight and MN Lions Eye surgery open and doctors are now doing cataract surgeries. We are looking to develop a Lions Eye Institute at the U of M. The building will cost between \$40-50 million dollars with naming rights for Lions to be about \$17.5 million giving us a 15 year time frame to acquire funding. Project New Hope- PDG Dick Labraaten- Camp was just held at Ironwood Springs by

Rochester. We are hoping to have 10 camps held in 2017. Public Relations- Lion Cheri Appel- We are still in need of Public

Relations Chairs in a couple Districts so please try to get those filled. 2017 MD5M Convention, Bemidji- Lion Wayne Tieman- Friday will be Celebration, Saturday will be Service and Sunday will be Generosity. Watch your newsletters for details. Technology Consultant- DG Steve Wasserman- I'm willing to do Braille for your Mid Winters, please contact me.

## Centennial Celebrations

Hi to all!

I have been busy as your centennial coordinator. I want to send you a reminder: We continue to need photos and videos from clubs for the Mall of America displays.

As the year winds down and we approach the 100th birthday of Lions International the pace to plan our Mall of America event is quickening. The steering committee at its most recent meeting has determined that, if the council of governors approves, it will be asking clubs to help pay for professional assistance in promoting the event to the general public.

CONGRATULATIONS on having a BIG impact on our world. Since the Centennial program commenced Lions Clubs around the world have served over 112,393,776 people. Give yourselves a big hand and keep reporting the service so we can see just how large an impact we Lions can have on the world before our centennial celebration is over.

Clubs should be focusing on projects addressing Hunger in December and January. We should also be performing Legacy project and getting ready for the Big 5M-10 Birthday Bash in Grand Rapids where we will have our own "up-North" celebration of Lions 100<sup>th</sup> year. If you haven't signed up to attend the convention yet, don't let another day go by! Our midwinter convention will be an excellent prelude to the MD5M convention in Bemidji. If you have never attended a convention before, this is your chance to go and have a great time with fellow Lions from around our Multiple.

While I'm talking about conventions I need to call out "ALL ABOARD!" The Lions train car to the International Lions Convention in Chicago next summer is a go! 73 people have signed up for the car so far, and I am one of them. I think that means there are only a few seats left in the Lions car! Also remember that you have to stay an extra day if you are taking the train so remember that when you are setting up your hotel reservations. Contact information is as follows:

"Lion Dennis and myself have been working on seeing if we can get enough Lions and spouse to fill a train car dedicated to Lions only. We have reserved a car that that will hold 75 people. The train will depart from the Amtrak St. Paul, MN station on Thursday June 29, 2017 @ 8AM and arrive in Chicago @ 3:55PM on the 29<sup>th</sup>. The return train from Chicago will be on Wednesday July 5, 2017 leaving Chicago @ 2:15PM and arriving in St. Paul, MN @ 10.03PM on the 5<sup>th</sup> of July 2017. **Please note that these dates are a day ahead of the Convention start day and a day after the convention ends. So when you make your hotel reservations with LCI be sure to note that you will be arriving early and leaving late.**

**Please note that you are one of the first to receive this information. It will be going out October 1st to every District Newsletter editor as well as the 80 Lions that have already expressed interest in taking the train.**

**If you snooze you will loose**

If you are interested in the train I'm sending this out to you early so you can get aboard. My district 5M6 will be cutting the check for all that sign up for the train. What is required from you is a check made out to District 5M6 and put 2017 LCI Train in memo line. All checks need to be to me by no later than November 1, 2016. I will keep all the checks and date them as I get them or if you send me an email that the check is in the mail I will use that date as your conformation date. NO CHECKS WILL BE DEPOSITED INTO THE 5M6 ACCOUNT UNTIL THE CAR IS FULL. Those that have made the car will be notified by me that they are on the train. Amtrak will not send any individual tickets out to anyone. I will be using a form that Amtrak has sent to list all the names that will be boarding the train in St. Paul. A conductor for our Lions Car will

have a copy of the list that I send back to Amtrak with the check. When we Board the train in St. Paul and Chicago they will check off the names of those that have paid to be in our car for the round trip.

I will also need the First and Last name of each person as it appears on their Driver's license or legal ID card.

I have also attached a copy of the E Mail Lion Dennis received from Amtrak on the round trip fair per person. Please be sure to read all the information in the information letter as to baggage and other issues that are required by Amtrak when traveling with them.

If you have any question please contact as soon as possible.

For those of you that can't come to St. Paul to catch the train and want to ride the train to Chicago please feel free to make your own reservations with Amtrak to get on in your respective location. You will be in a different car but one can usually wander the train and maybe you can stop into the Lions Car for a brief visit.

Hope to hear from you soon.

Regards,  
Lion Lynn Farley [<mailto:Ltfarley1@q.com>] "

Clubs need to continue to report on their centennial service projects, their legacy projects, and get photos and videos in to the steering committee for the MOA event.

Yours in service,

Lion Bob Woodke, Centennial Coordinator 5M-10

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## MD5M First Vice District Governors at the USA/Canada Forum



This is a photo taken during the US/Canada Forum in September of the 1st Vice District Governors with Dr. Naresh Aggarwal, of Batala, Punjab, India, the First Vice President of Lions Clubs International.



## DREAM CATCHER NEWS

MN Lions Diabetes Foundation, Inc.

*"Catch the Dream" Life Without Diabetes!*

[www.mnlionsdiabetes.org](http://www.mnlionsdiabetes.org) | [www.facebook.com/MinnesotaLionsDiabetesFoundation](http://www.facebook.com/MinnesotaLionsDiabetesFoundation)

2016 Winter

### Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

### Foundation News

#### Dream Catcher Calendars – 2017

**Centennial Edition** Thank you to all those who purchased a spot on our first calendar! Look for your copy coming to you in December. Trustees are selling extra copies for \$10.00 OR to get your 2018 spot early contact your District Trustee.

Watch for "The Faces of Diabetes" coming out on our Video that is in production now and expected to be available in time for viewing at Mid-Winters in January.

#### World Diabetes Day is November 14<sup>th</sup>

World Diabetes Day was first introduced in 1991, and founded by both the International Diabetes Federation and the World Health Organization. In reaction to the rise in cases of Diabetes worldwide, it was decided to choose a day of the year to raise awareness to Diabetes and related causes. The day chosen was the birthday of Sir Frederick Banting, a medical scientist who co-discovered insulin and was the first person to use it on humans. World Diabetes Day is internationally recognized and is an official United Nations Day. The theme of World Diabetes Day regularly changes. For 2016 it is "Eyes on Diabetes". Over the years the themes have focused on education and prevention. Past themes have included things such as human rights, lifestyle, obesity, the disadvantaged and vulnerable, and children/teenagers. Various events around the world mark the day including raising awareness in the media,

lectures and conferences, sporting events, and leaflet/poster campaigning. "Going blue" is another global event to mark the day, where people wear blue and landmark buildings and monuments around the world are lit up in blue, to help spread awareness of the day.

### MLDF Trustees are Hosting WDD -Diabetes Education

On the following dates and locations across MN. Stop By to see what is happening. **November 5, 2016\***

\*Fridley Walmart 8450 University Ave. NE 11am - 3pm

\*Brooklyn Center Walmart 1200 Shingle Creek Crossing 11am - 3pm

\*Roseville Walmart 1960 Twin Lakes Pkwy 11am - 3pm

\*Duluth Walmart 4740 Mall Dr, Hermantown 10am - 2pm

#### November 12<sup>th</sup>, 2016\*\*

\*\*North Rochester Walmart 3400 55th St. NW 11am - 3pm

\*\*Worthington Walmart 1055 Ryan's Rd 9am - 1pm

\*\*Windom Hyvee 192 10th St. 9am - 1pm

\*\*Jackson Sunshine Foods 908 Hwy 71 North 9am - 1pm

+++++

St. Paul East Parks Lions  
 12th Annual Silver Plate Breakfast  
 Gulden's Restaurant  
 Hwy. 61 & County Road D, Maplewood  
 Sunday, November 20, 2016  
 10:00 am to 12:00 noon  
 Admit Two - Donation \$60.00

The proceeds go to  
 Minnesota Lions Diabetes Foundation



8-17-16 Farmington Lions Club members Lion Clyde and Lion Don hand off a donation for the 2017 Calendar Fundraiser to District 5M6 Trustees Lion Eileen and Lion Doug.

### "Ok Fun Run Walk for Diabetes"

At the MD5M Convention which will be held in Bemidji April 21, 22, 23, 2017, You can join in this short walk to support diabetes research and education. How short is it? Come check it out, and for a contribution of \$20.00 you will also get a T-shirt. Registration form is at <http://www.lionsmd5m.org/>



8-8-16 Trustee Bernie Braegelmann (Left) and Trustee Gary Stevens (Right) awarded Lion Dean Cariveau (Left) and Lion Jim Bremer (Right) Dream Catcher Awards for their work on creating our new MN Lions Diabetes web site.

### **Mark Your Calendars ----**

UofM Diabetes Research Update – April 8<sup>th</sup>, 2017

### What does 200 Calories of food look like?

#### (approximately)

16 oz. juice or soda  
 12 oz. latte or smoothie  
 3 fun size candy bars or 40 M&Ms  
 4 Fudge striped cookies  
 12 Town House Original crackers  
 36 Cheez-Its  
 ¾-1 Cup of most cereals  
 2 dinner rolls or most hamburger buns  
 1/8 of 12" thin crust pizza  
 1 ½ oz. fries (small at most fast food restaurants)  
 1/3 cup ice cream  
 2 eggs - 2 ½ oz. fries (small serving)  
 4 strips bacon - 2 T. butter  
 4 oz. meat - 1 medium, 8 oz. potato  
 2 slices cheese - 7 cups broccoli  
 6 cups chopped tomatoes  
 1 cup cooked pasta or rice  
 1-2 alcoholic drinks

### Ways to Burn 200 Calories

A brisk walk with your favorite dog. 25 minutes = 190 calories

Suds it up yourself! Clean your car. 40 minutes = 216 calories

Master the stairs by avoiding elevators and escalators. 30 mins on a Stairmaster = 216 calories

Dive in the Water is fine. 30 minutes of swimming = 215 calories

Fall house or garage cleaning. 25 minutes = 210 calories

Get back to nature. Weed the garden, plant some spring color, rake leaves or your neighbors leaves. 55 minutes = 205 calories

Remove the clutter from that treadmill in the basement, Or head to the gym. 20 minutes = 192 calories

Fore! Get in a round of golf before the snow flies. Walk and pull your own cart. 50 minutes = 210 calories

Using a step meter 4000 steps each day = 200 calories

Track your progress you will be surprised how steps add up as you include one of the above in your daily routine.

Have Fun.

Source HealthEast Living Well with Diabetes Program

## View From the Lighthouse

Dear Friends,

We are excited to share the impact that Lighthouse Services have provided over the past fiscal year. This past year has been one of growth and innovation and accomplishments include:

- Reaching over 900 seniors, professionals, family members and caregivers through the Safe at Home with Vision Loss initiative.
- Providing 5,620 hours of training to other clients referred to us by Minnesota State Services for the Blind – more than double the amount in each of the past two years.
- Completing the first year of the Lighthouse Transition Program for teens with vision loss – a great success!

We wouldn't have been able to accomplish all of these great things without support from our partners, clients, volunteers, and donors like the Lions Club. So a big thank you to all of you!



"Regaining confidence and independence in life is priceless and the Lighthouse was an essential partner in my journey to finding those pieces of me that I thought I lost. I will be forever grateful for all the individuals at the Lighthouse for being a part of that journey that led me back to my life. "

*Krista Brodal*  
*Lighthouse Center for Vision Loss client*

At the Lighthouse, we know that individuals of all ages can live vibrant, independent lives despite vision loss simply by learning new ways to do everyday tasks. By improving public awareness of this simple fact, we can lead more people, like Krista below, "back to their lives."

While the need for our services is growing rapidly, traditional sources of funding are shifting. The Lighthouse is responding with innovative new approaches and funding models, including our Safe at Home with Vision Loss initiative as well as partnering with the community to increase private support from donors.







## 2016 LITPC Scholarship Winners



### MINNESOTA

Molleysa Yang is a Spring Lake Park High School graduate. She will be attending the College of Biological Sciences at the University of Minnesota-Twin Cities. She is interested in pursuing a Biology major hoping to pursue the pre-medicine path. Molleysa was involved with various activities within her school and community. She was part of the Student Council, National Honor Society, Leo Club, TRIO Upward Bound and the president of the Asian Club. During high school, she had dedicated over six-hundred service hours of volunteering with the Leo Club and National Honor Society. She is looking forward to the next four years of college, beginning this fall.

**Molleysa Yang** is a recent graduate of North Oconee High School. She plans to attend the University of Tennessee. Her goals include majoring in pre-medicine with a concentration in Anesthesiology. She would ultimately open a clinic in her community where people can get low cost medical care. Kaitlin was a member of the National Honor Society, the Beta Club, LEO Club, Mock Trial and the National Spanish Honor Society. Her projects included tutoring, Secret Santa, can food drives and elementary fall festivals. She has been a member of an all-star group of golfers that in three years have two state titles and one runner-up title. Academically she has won the 2014 EPOCH Award Accelerated Analytic Geometry/Advanced Algebra her sophomore year, and her junior year she won the 2015 EPOCH Award Accelerated Pre-Calculus. Knowing that she has sensitivity to others which she gained through community service has made her life richer and more meaningful.

**Kaitlin Rose** is a recent graduate of North Oconee High School. She plans to attend the University of Tennessee. Her goals include majoring in pre-medicine with a concentration in Anesthesiology. She would ultimately open a clinic in her community where people can get low cost medical care. Kaitlin was a member of the National Honor Society, the Beta Club, LEO Club, Mock Trial and the National Spanish Honor Society. Her projects included tutoring, Secret Santa, can food drives and elementary fall festivals. She has been a member of an all-star group of golfers that in three years have two state titles and one runner-up title. Academically she has won the 2014 EPOCH Award Accelerated Analytic Geometry/Advanced Algebra her sophomore year, and her junior year she won the 2015 EPOCH Award Accelerated Pre-Calculus. Knowing that she has sensitivity to others which she gained through community service has made her life richer and more meaningful.



### GEORGIA



## “ UPDATE ON TRAIN”

### **ALL ABOARD FOR THE 2017 LCI INTERNATIONAL CONVENTION**

November 7, 2016

As you know we were trying to work something out with Amtrak as to having a train car for Lions to go to Chicago for the 2017 Convention.

As of this update we have filled the dedicated Lions Car on the train. However if anyone is still interested in riding the train you can go out on line to the Amtrak web at: [www.amtrak.com/tickets-reservations](http://www.amtrak.com/tickets-reservations) and sign up. The train number we are taking is 8/28 leaving at 8:00AM on Thursday June, 29, 2017 and we will be returning from Chicago on train 7, leaving at 2:15PM on Wednesday July 5, 2017. For some of you this may be a good opportunity for you to get on the train at a location more convenient to your home location. Unfortunately those that signed up to ride in the Lions Car must come to the St. Paul Amtrak Station to get onto the train as Amtrak was not willing to pick up a large group other than at one stop.

We hope that those of you that may have been thinking about the train will do so fairly soon as we think the train may fill up fairly quick as for other Lions to the West and North of us may see this as a viable and reasonable way to get to Chicago for our Lions Centennial Celebration.

If anyone has any questions please feel free to contact me.

Best Regards,

Lion Lynn Farley  
(651) 426-9407  
[Ltfarley1@Q.com](mailto:Ltfarley1@Q.com)



*Send nominations to:*

*Lions Eye Bank*

*320 Sherbrook St.*

*Winnipeg, MB.*

*R3B 2W6*

*Fax 204-943-6823*

# NOMINATION

## FOR STEW PEEVER MEMORIAL AWARD 2017

### To all Lions Club Members in Canadian Districts 5M-10, 5M-11, & 5M-13:

It's that time of year again! The Lions Midwinter Conventions are approaching and we at the Lions Eye Bank of Manitoba and Northwest Ontario Inc., are preparing to award a Lion or non-Lions member with a plaque that signifies his or her outstanding support to the Lions Eye Bank and its programs - this includes the annual fundraising event the Journey for Sight.

Enclosed you will find an application for nominations for the Stew Peever Memorial Award. ***This award is presented to those whom have provided outstanding service to the Lions Eye Bank and/or the Journey for Sight.*** One award for each district will be presented at the Midwinter Conventions.

### **SUBMITTING A NOMINATION:**

1. Include the name and phone number of the individual or club representative submitting the nomination.
2. Type or print clearly on the nomination form.
3. Attach supporting documentation describing the volunteer efforts. Any additional information such as newsletters, press clippings, photos, letters, etc., to support this nomination would be useful and welcome. Materials submitted will be returned on request.
4. If your club had previously forwarded an application in a previous year, and would like to re-submit, please fill out the attached form.

### **DEADLINE FOR APPLICATIONS:**

The deadline for the applications is December 12, 2016.

### **THE AWARD PRESENTATION:**

A plaque will be presented to the selected recipient at the Lions Mid-Winter Conventions in all three districts.

If anyone has any questions contact your local Lions Eye Bank Director or call the Lions Eye Bank office @ 1-800-552-6820 or 772-1899 or e-mail lfmnoi@mts.net. Thank you for your support.



**TO: Stew Peever Memorial Award Committee Members**

5M10	Lion Al Koroniak	akoroniak@gmail.com
5M11	Lion Ray Downey	rmdowney@mymts.net
5M13	PDG Cheryl McKitrick	cemckit@gmail.com

Annually, the Lions Eye Bank Board of Directors presents the Stew Peever Memorial Award to a Lion/Lioness or community member who has demonstrated unselfish dedication and support to sight-related activities. The deadline for nominations is December 12<sup>th</sup>.

The following points should act as guidelines for the selection of a worthy recipient for each Lions district.

- I. Evaluate the achievements and contributions of each nominee based upon these criteria:
  1. To what extent has the nominee demonstrated leadership and/or commitment in furthering the causes of sight-related projects or programs, fund raising initiatives, the Journey for Sight project, used eyeglass program, promotion of eye donations, or other significant contribution in the area of vision.
  2. What other accomplishments concerning sight-related achievements has the nominee displayed? Consider the extent that the person's volunteer service has embodied or promoted the objectives of Lions vision programs. Factor in your evaluation the person's actual volunteer record and length of service to vision-related activities.
  3. Judging should be based upon the information submitted on the nomination form to create as objective a decision as possible.
- II. The selection committee will submit the winning nomination from each district to the Eye Bank Office. A suitable plaque will then be ordered, and the club which forwarded that nomination will be notified of the decision of the judges. Club members can decide themselves whether the information should be made public, or remain confidential as a surprise for the recipient.
- III. Each award is to be presented at the district's midwinter convention. The directors from that district will make arrangements for an appropriate presentation time in coordination with the host convention committee.

Included with this information letter are applications for the committee's consideration. Kindly inform the office of the three winners' names prior to Monday, December 12, 2016.

Thank you for your concern and consideration in judging the nominations for this prestigious award.



*Send nominations to:*  
*Lions Eye Bank*  
*320 Sherbrook St.*  
*Winnipeg, MB.*  
*R3B 2W6*  
*Fax 204-943-6823*

# NOMINATION

## FOR STEW PEEVER MEMORIAL AWARD 2017

NAME OF NOMINEE: \_\_\_\_\_

ADDRESS OF NOMINEE: \_\_\_\_\_

NOMINATING LIONS CLUB: \_\_\_\_\_

ADDRESS OF LIONS CLUB: \_\_\_\_\_

PHONE # AND CONTACT NAME: \_\_\_\_\_

THIS APPLICATION HAS BEEN APPROVED BY MY LIONS CLUB: YES \_\_\_\_\_

Please describe the contribution of the nominee

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\_\_\_\_\_  
 President's Signature



\_\_\_\_\_  
 Secretary's Signature

## LIONS LAKE JOSEPH TRANSPORTATION PROJECT

The Lions Lake Joseph Transportation Project has had an extremely successful year in assisting individuals who are blind or visually impaired from our area in getting to, and taking part in, summer programs at CNIB Lake Joseph Centre. Six individuals and two families from throughout Region One visited Lake Joseph Centre this past summer with very positive results. One camper summed up her experience as, "I am overwhelmed at your generosity in funding my trip to Lake Joe from Thunder Bay this summer. I met new people, made new friends and was strengthened by the courage of many of the campers." The project committee is committed to ensuring that CNIB clients from our area are able to continue benefiting from this very worthwhile program.

The CNIB Lake Joseph Centre, affectionately known as Lake Joe, is a recreational facility specially designed, equipped and operated for people who are blind or partially sighted. Lake Joe is approximately 18 acres and is located on Highway 69, on Lake Joseph in the Muskoka area. The Lions and Lioness Clubs of Ontario have played a significant role in the opening and ongoing development of the CNIB Lake Joseph Centre. The CNIB Lake Joseph Centre offers an environment of therapeutic recreation that is not only beneficial to people who are blind or partially sighted, but is a valuable resource for the families and caregivers. The specially designed facilities offer social interaction that enables CNIB clients to develop and improve life skills. For the newly blind it is particularly important as it gives them a chance to learn new skills, rebuild some of their lost skills, and restore a positive perspective for life. Learn more about the Lake Joseph Centre by visiting [www.cnib.ca/en/about/facility/lake-joseph](http://www.cnib.ca/en/about/facility/lake-joseph).

The project committee is extremely grateful for the ongoing support of Lions Clubs in 5M10. Letters have been sent to all Canadian clubs and we hope you will consider continuing to support this important project that makes a difference for the blind and visually impaired in our area. Please do not hesitate to contact me if you have questions or require additional information.

Submitted by:

Lions Wendy Wiedenhoft

Chair, Lions Lake Joseph Transportation Committee

wendyparkin@shaw.ca



"A young Lake Joe camper enjoying water sports during Family Week at Lake Joseph Centre 2016."

Greetings!

I hope clubs are planning ahead for the parade of green at our midwinter convention and please be sure to include Can Do Canines on your list of charities to support.

It currently takes about \$25,000 to train a service dog and Can Do Canines will train about 50 teams this year. Since there is a waiting list of about 160 people who need service dogs the need far outreaches the capacity. There is kennel space available to increase the number of dogs in training, what is needed is the funds.

Remember one of our important slogans is "Where there's a need, there's a Lion" Be that Lion and let's increase the good that Can Do Canines can accomplish.

Can Do Canines will be participating as an important element of our midwinter convention so if you want to learn more, please sign up to come to Grand Rapids and take in the fun and the training.

In November on the 11<sup>th</sup> the Fetching Ball is a major fundraiser for Can Do Canines. Unfortunately it conflicts with the Lions Forum in Mahanomen. If you are not coming to Lions training consider getting all duded up and attending the gala Fetching Ball to support Can Do Canines. Further information is available on their web-site. Also, the next 'Tails to Tell' tour is on November 19. If you can get to New Hope on that Saturday, the tour of their facility is fascinating. It is truly amazing to watch what the dogs in training are capable of doing. Opening and closing doors, drawers, cabinets, helping client's undress, fetching important items like telephones (without breaking or damaging the phone) and so on. It's well worth your time.

We all know Lions are the kings of the jungle and fear nothing. Taking that to heart, I recently spoke about Can Do Canines at the morning Rotary Club in Bemidji and solicited a donation from their organization. Their board was going to discuss it so I don't know the outcome, but I remain hopeful. I also encouraged the individuals in attendance to consider personally supporting Can Do Canines in their own charitable efforts.

If you would like me to visit your club and make a presentation about Can Do Canines you can reach me at the address below. While my schedule is challenging, with enough advance warning I am sure we can find a mutually agreeable time. I have set up a presentation with the Bemidji Lions Club (my home club) and have spoken to some other clubs about making presentations. If you are interested, please let me know.

As Lions We Serve! So if you want the Can Do Canines has volunteer activities. Their web site says it best:"

"Whether you have an hour, a day or a year to spare we have a volunteer opportunity to suit your schedule and skills.

Love dogs? Become a puppy raiser. Love dogs, but not able to commit long-term? Get your doggy-fix by becoming a short-term foster home volunteer.

If you'd prefer something a little less "doggy-direct," we offer short, one-time options such as assisting at an event, preparing mailings or calling our donors to thank them for their support. We also offer long-term, specialized opportunities such as serving on our events or development committees, or helping out on fundraising and marketing projects. Check out list of options below and become a volunteer today! "

Lion Bob Woodke  
5M-10 Can Do Canines Chair

## CLUB NEWS

### BABBITT LIONS

During October, the Babbitt Lions have been very busy building ramps. One ramp was a temporary ramp built for a son, who was in a wheelchair, who came home for a funeral. Following the funeral, the ramp was removed.

The second ramp was built for a person who needs a walker to get around. Seven Lions worked for two days to complete this ramp.

The third ramp was built for a person who is paralyzed because of a car accident. Seven Lions also worked for two days to complete this ramp. Up to \$1500 was allowed by the Babbitt Lions for the materials to build these ramps. A fourth ramp will be built in November.



### BEMIDJI LIONS

The Bemidji Lion's Club continued to serve the community through fall. In late September ten members from the club performed roadside cleanup. This involved cleaning of ditches on a two mile stretch of highway located south of Bemidji. On October 3<sup>rd</sup> the club hosted a Free Vision Clinic. This no cost service brought out more than 40 children while local technicians and opticians performed the exams. Numerous eye glasses were provided to those in need thanks to Walman Optical. The exams were part of Vision Awareness Week, which concluded with the Lion's football game played on Saturday. A check for \$1,500 was presented to Bemidji State University Foundation for use in providing football scholarships. Many club members attended the game and supported the team. Also that week the club assisted during the Blue Ox Marathon, held on October 8<sup>th</sup>. Ten Lion's Club members were present to help hand out water and energy drinks to the runners from their own station, located on the east side of the lake. That evening several members from the club attended the Big Falls Lion's Club meeting. They shared ideas and looked forward to the Multi-District convention. In summary, that was a busy week for the Bemidji Lions. On October 20<sup>th</sup> the club held their second "Fall Raffle". With \$5,000 as the first place prize, the buyers of tickets enjoyed a great meal and top notch entertainment. The evening was quite successful and the club sold enough tickets to put them well into the "profit zone". More recently, the club voted to become involved with "Hero's and Helpers" program. This will allow a select number of kids to shop with a dignitary (hero) and buy a present with money provided to them. Numerous other activities are being planned as the club looks forward to the Christmas season.





## EMO AND DISTRICT LIONS

The Emo and District Lions' third annual "Hunter's Night" was deemed a huge success by club members and everyone in attendance. Over 250 people from all over the district were treated to an amazing supper of moose roast, deer stew, walleye, bear/apple sausage and quail.

The evening began with 'Happy Hour', with many people arriving just to mix and mingle. The highlight of the pre-dinner hour however, was a new activity at the 'Wild Meat Night'. People crowded to the round table at the front to place a Toonie bid on a cake or pie of their choice. With only fifteen spaces available on the wheel the chance of winning on a two dollar bid wasn't too bad and many people walked away with a delicious dessert.

Finally, after giving everyone a last chance to buy tickets on the gun and penny table items, it was time to pick the winners. Many people went home with some great items from the penny table draw with a few taking home more than one prize. It was the drawing of the ticket for the rifle that was the highlight for many.

Thanks to DG Mel and Lion Marylou for attending this year. If you missed the evening, watch for next year's feast which will take place around the same time of year.





## DRYDEN TRILLIUM LIONS

Dryden Trillium Lions Club – #53070 - Activity Report for October, 2016

- \$85 was collected at our October general meeting to purchase 19 lbs. of ground beef for the Dryden Food Bank which will feed 76 people.
- Perfect attendance pins for 2015-16 spanning 1 year to 24 years, were presented at the general meeting to 7 members with 6 more to be presented at a later date.
- October 22 & 23 - Meals on Wheels were delivered to 17 clients by 2 Lions.
- October 27 & 28 - Two Lions assisted at the Dryden Public Library at two Halloween parties for pre-school and school age children.
- Two Trillium Lions have volunteered to sit on a committee made up of Lions of Northwestern Ontario to fill the void left by the closure of the Canadian Diabetes Association office in Thunder Bay.
- A \$200 advance on a Travel Grant was approved.

## Duluth Centennial LEO Club Charter Night



What a great Charter Night for the Duluth Centennial LEO Club! It was an honor to have District Governor Mel Milender present the Charter to the new club.



The Club has a busy activity schedule ahead which includes numerous service projects and fundraising events throughout the year. Leos, Lions and family who attended the Charter Night truly enjoyed the silent auction, raffle drawings and delicious pizza.



The Duluth Lions Club was awarded the LCI Centennial Extension Award for sponsoring the Duluth Centennial Leo Club. Pictured above is Lion Bill Pank presenting the award to Lion Marie Pank. Lion Marie is our 5M-10 District LEO Committee Chair and Duluth Centennial LEO Club leader/advisor.



The Duluth Lions Club presented a sponsorship check to the Duluth Centennial LEO Club.



DG Mel poses with members of the Duluth Centennial LEO Club.

## Duluth Lion Tom Sailstad Receives Lifetime Membership

Lion Tom Sailstad was awarded a Life Time Membership. Lions Sandy Palmer and Ron Roscoe presented a history of Lion Tom's involvement in our Club. A committed and dedicated member since 1964, Lion Tom has served on most every committee, held many of the club officer positions, led District cabinet positions and continues to support and/or volunteer in the mission in our club, state and district. Congratulations, Lion Tom!



## Amazing Accomplishments Made with the Duluth Lions Club Vision Screener



**Lions Bill and Marie Pank Lead the Way!**

Vision screenings were held for the Head Start children in Duluth and with Family Forum children in Wisconsin. We screened 303 children in Wisconsin and referred 54 of them for follow-up. For the Duluth Head Start programs we screened about 250 children with a referral rate of around 20%. This means about 100 kids aged 3 to 5 in Duluth and Northern Wisconsin will be receiving follow-up services and getting the help they need to keep pace with their peers in the classroom.

Our assistance saved these Head Start programs hundreds of hours of staff time with a method that is more accurate than anything they had available previously.

We partnered with the Duluth Centennial LEO Club to do vision screening at "Boo at the Zoo" on October 15th and screened about 300 people in 6 hours. We also screened 105 youth at the KidsClub Halloween Carnival on October 29th.



### Hibbing Lions Club

The Hibbing Lions Club held a gun raffle and raised a little over \$1,300.00. In addition, the Club gave the local Project Free Care Clinic in Hibbing \$1,000 which will be used to purchase diabetes strips for people in need.

## DRYDEN LION

M&A Report Dryden Lions October 2016 Club Number 2016

1. Dryden Lions Held two 200 club draws totalling \$400
  2. Dryden Lions donated \$200 to Community Living.
  3. Dryden Lions purchased a wreath from the Legion for Remembrance Day.(\$110)
  4. Dryden Lions donated \$100 to the Poppy Fund
  5. Lion President Todd handed out perfect attendance pins to 12 members.
  6. 106 Eye Glasses were collected.
  7. On Oct 3<sup>rd</sup>. 9 Lions spent 53 Lion Hours assembling a wheel chair ramp . Total cost to the club \$44.10 as we already had a ramp on hand.
  8. On October 6<sup>th</sup>, 5 Lions spent 19.5 Lion Hours removing an existing wheel chair ramp from a resident who no longer required it.. Total cost was \$9.63 for the removal.
  9. On October 13<sup>th</sup>, 9 Lions spent 32 Lion Hours assembling the October 6<sup>th</sup> ramp at another clients dwelling. Cost to reinstall \$180.10
  10. The annual Truck draw recipients are as follows.
 

a). Dryden Lions Medical Assistance Fund.....\$7000	b). Camp Quality In Thunder Bay.....\$500
c). Dryden Food Bank.....\$2000	d). Tamarack House T.Bay Regional Health Science Foundation.....\$1000
e). Dryden Ringette Assoc.....\$500	f). Dryden Regional Health Centre Oncology Dpt.....\$1000
g). Dryden Minor Football.....\$500	h). Mayors Committee for Children and Youth.....\$500
i). Dryden Diabetes Education Centre.....\$1000	
- Total.....\$14,000

## Northern Pride Lions Leadership Forum

218 Lions from Wisconsin, North Dakota, Minnesota, Ontario and Manitoba attended the inaugural Northern Pride Lions Leadership Forum at the Shooting star casino in Mahanomen , Minnesota during the weekend of November 11-13, 2016. The Forum was held to give Upper Midwest Lions a chance to experience the education and atmosphere of a USA/Canada Lions Leadership Forum in a shorter, less expensive and closer setting. It also gave presenters and moderators a chance to get the experience of participating in a Forum type setting.

The Forum had 36 individual learning sessions on Saturday with topics ranging from "I'm your new Lion and I'm leaving" to "Recruiting Younger Members" to "Understanding Lions University" to "Fun with Tail twisting" and everything in between. The luncheon keynote address was given by PID Brian Sheehan and while PID Robert Littlefield came from Florida to deliver the keynote address at the closing dinner.

Each participant received a souvenir handled mason jar celebrating the inaugural Forum and 100 years of Service. Some attendees also received an extra mason jar to take back to their club and give to a Lion who promises to attend the 2018 Forum. Comments heard during the forum were complimentary, with some suggestions for making the next bi-annual Forum to be held in November. 2018 even better.

Forum Planning committee members were Lions Bruce Beck, Mary Ferleman, Bob Harms, Dave Hollyoake, Bob Jechorek, Dave Jensen, Kathy Jensen, Dennis Kelly, Cheryl McKitrick, Mike Molenda, Earl Orvik, Brian Sheehan and Vickie Violet.





**REGISTRATION FORM**

**LIONS DISTRICT 5M-10  
MID-WINTER CONVENTION  
JANUARY 20-22, 2017  
TIMBERLAKE CONVENTION CENTER  
GRAND RAPIDS, MN**

NAME \_\_\_\_\_

Lion    Lioness    Leo    Spouse    First Timer  
(Circle)

NAME \_\_\_\_\_

Lion    Lioness    Leo    Spouse    First Timer  
(Circle)

LION'S CLUB \_\_\_\_\_

New Lion since January 18, 2016 District Pays Reg.

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

HOSPITALITY BOOK: (Includes all Convention Meals – Please Indicate # of Hospitality Books Required)

Early Bird (prior to December 18, 2016): \_\_\_\_\_ x \$99.00 U.S. = \$ \_\_\_\_\_

After December 18, 2016: \_\_\_\_\_ x \$120.00 U.S. = \$ \_\_\_\_\_

OR

Indicate # of Individual Meal Preferences: \_\_\_\_\_ Friday Night Mixer @ \$23.00 U.S. = \$ \_\_\_\_\_

\_\_\_\_\_ Saturday Breakfast @ \$17.00 U.S. = \$ \_\_\_\_\_

\_\_\_\_\_ Saturday Lunch @ \$25.00 U.S. = \$ \_\_\_\_\_

\_\_\_\_\_ Governor's Banquet @ \$45.00 U.S. = \$ \_\_\_\_\_

\_\_\_\_\_ Sunday Brunch @ \$30.00 U.S. = \$ \_\_\_\_\_

(Make Check Payable to Cap Baker Lions Club)    **TOTAL Payment Enclosed** \$ \_\_\_\_\_

**US FUNDS**

Please indicate below if you require dietary consideration and/or special needs assistance:

**Please bring donated eye glasses and hearing aides to the convention.**

**A prize will be awarded to the Club that brings the most!!**

Hotel Accommodations: Convention rate at Timberlake start at \$114.00 plus tax.

Reservations: 218-326-2600/866-800-2200 Or Super Eight owned by Timberlake on same property

Start at \$89.00 Reservations 218-327-1108/800-800-8000 Please get your room earlier-this is a hockey town.

Please Return Completed forms to:    Lion Ann Smith  
430 NE 3<sup>rd</sup> Ave  
Grand Rapids, MN 55744

Additional Questions/Comments may be directed to:

Lion Jan Bennett    Phone: (218) 259-4956 or Email: [cabnntt@aol.com](mailto:cabnntt@aol.com)

Dress casual for whole weekend – Wear club vest if you have one. Banquet will be a Birthday Party

**Don't forget to bring your Club Banner and Club Gift!!!**