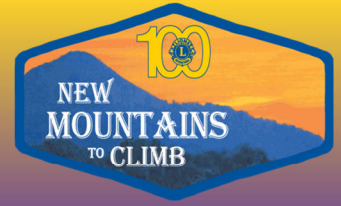




L10News

January 2017



Wow! A lot has happened in 2016 and more is yet to happen in 2017. Thank You every club that I have visited so far. I am learning rapidly. I met many people throughout my travels and will probably forget some names but will never forget the generous hospitality shown my wife and myself. I am amazed to learn all that I did not know and all that I still do not know about the clubs in the district. It has been a marvelous adventure to learn about all the clubs that I have visited to date. The People, the projects, the communities are all interesting, enjoyable and different. All have several things in common; 1) All enjoy people, 2) all are proud of and support their communities, 4) everyone wants to learn about Lions organization, 4) everyone likes to have fun and eat together. Each club has its own way of doing things and that is as it should be. Some clubs are more traditional than others, while others are more connected to community needs, while still others are about having fun together but all are about service. In all of the endeavors above, I have relied on zone chairs and region chairs to help me coordinate and understand each of the clubs. They have done an outstanding job.

As I look to 2017 and the other half of my year with all of you, I wish to remind each of you that Lions is all about you and your community first, foremost and always. Find your way to serve your community first. In order to do that we all need to replace those members who leave us for various reasons. My challenge to each club is to increase your membership by at least one member more than you started with on July 1st, 2016. That simple formula applied each year will ensure that your club will continue to serve your respective communities as they have come to expect. To help you, we have a midwinter convention coming up 20-22 January 2017 in Grand Rapids, MN. This is the convention that is devoted to newer members and new information. All Lions who joined a club in the District since Jan 18, 2016 are eligible for free registration. A seminar on Saturday will be devoted to new Lions. It will be chaired by the International Director. A special recognition will be accorded every new Lion. Then in April 2017, District 5M10 is hosting the annual Multiple Convention in Bemidji, Mn. Be there! We need your help!

Remember – Keep Trying, Don't Give up! Your community needs you!

Happy new year, DG Mel



Happy New year from Phyllis and me. I hope the holidays were good to all of you. This will be an exciting year for not only me but all of you too. We all belong to the greatest service organization in the world, 1.4 million Lions in 46,000 clubs in 210 countries and we will be celebrating our Centennial. This is the time of year that many of us make resolutions. Most I have made I broke in the first couple of months. This year I AM going to try every week to make someone's life a little better; maybe just a smile and a friendly hello at the grocery store or a card game at the nursing home. I am also going to ask the club I belong to to resolve to do one more visible SERVICE project in our community. I ask all of you to think about this and do the same. I hope to see many of you at the Midwinter Convention in Grand Rapids and do not forget about the Multiple Convention in Bemidji that we are hosting. Stay safe and may we all have a great year.

From the 2VDG

Well the holidays have come to a closeThe Christmas tree is down and the decorations are put away. We have reflected on the all the good things that have happened and shed a tear for the things that have not gone so well and perhaps we have set a New Year's Resolution or 2 because of our reflection. We make a plan on how we are going to address our new goals and perhaps how we hope to outsmart life and avoid the tears.

This is something that we consciously or unconsciously do on a yearly basis...a fresh start, new outlook and a revitalized energy to be the best we can be.

As we do this reflection I hope that we also are completing one of our Lions Clubs. Reflect and revitalize...remember why we are Lions and where this club of ours wants to be!

Look at where we were in 1917...all those goals achieved since then...the people helped...the new members and clubs and look where we are now! Centennial...100 years of we serve.

I was so fortunate a few years ago to have been able to visit the birth place of Melvin Jones. Fort Thomas AZ...a humble place of birth but destined to greatness. As I looked past the huge monument there in his memory one can see the small village that remains...did those villagers ever think that they were witnesses to the birth of such a great man? Did that man think growing up that he would start something that would be such a benefit to so many...

This my fellow Lions is something for us to reflect...someone seemingly so insignificant at birth responsible for the greatness of what we know today.

So just remember that being a Lion does not mean you have the loudest roar. It doesn't mean that you have a title or a huge responsibility. Greatness does not wear a white jacket my friends! Greatness comes from the heart.

So Cheers to a New Year of Lionism...raise a glass to Melvin Jones, remember what being a Lion, is all about and do what you can when you can do it....sometimes all it takes is something as insignificant as a smile or a word of understanding...

You were put on this
earth to achieve your
greatest self, to live out
your purpose, and to
do it *courageously*.

- Dr. Steve Maraboli

www.stevemaraboli.com

See you at Midwinter!!

PID Brian Sheehan runs for 3rd Vice President



Past International Director Brian Sheehan has announced his intention to run for the office of 3rd Vice President of Lions Clubs International. He will be seeking this office at the International Convention in Las Vegas in 2018.

PID Sheehan has the endorsement from his club, the Bird Island Lions, and would like to ask for the support of MD5M Lions, Lionesses, and Leos at the MD5M convention in April 2017. Our multiple district is one of the largest in the world and it is time that we give Lions Clubs International one of our own to lead this organization. It will take a lot of support, and we can help PID Sheehan, who has the heart and mind, to do a worthy job as our International President.

Brian E. Sheehan, from Bird Island, Minnesota, USA, served as a director of Lions Clubs International in 2011-13 and appointed as a Board Appointee in 2014-2015. Past Director Sheehan is the founder and CEO of Rural Computer Consultants, a software development company.

A member of the Bird Island Lions Club since 1991, he has held many offices within the association, including club president, zone chair, Webmaster tech advisor, leadership chair, membership chair, retention chair, district convention chair, vice district governor, district governor, council chair, long range planning chair, membership chair, retention chair, women's initiative chair and multiple district convention chair. He also, served as GMT liaison and as a presenter at numerous Lions events, including the USA/Canada Forum. On the International level he has served as Board Appointee to the USA/Canada Lions

Leadership forum, Board Appointee to the Executive Committee and contributed to the Long Range Planning Committee of Lions Clubs International. He was Chairperson of the Finances and Headquarter Operations Committee and has served

on the Constitution and By-Laws Committee. Brian was a trustee on LCIF while he was an appointee. Lion Brian has been a Group Leader at DGE training in Toronto, Fukuoka and the upcoming DGE School in Chicago. He has been a facilitator of the Advanced Lions Leadership Institute, Emerging Lions Leadership Institute and Regional Lions Leadership Institute. Currently he serves as GLT Area "D" Coordinator as well as the Sponsorship Chairperson for the USA/Canada Lions Leadership Forum.

In recognition of his service to the association, he has received numerous awards including Club Lion of the Year, the District 5M4 Diabetes Awareness Award, the MD5M Web Site Appreciation Award, the MD5M Al Jensen Leadership Award, the Founders Membership Growth Award, Cap Baker Award, numerous International President's Certificates of Appreciation, an International President's Leadership Award and five International President's Medals. He is a Progressive Melvin Jones Fellow, Second Century Ambassador, Melvin Jones Vanguard and has received the Ambassador of Good Will award which is the highest award given out by Lions Clubs International.

In addition to his Lions activities, Past Director Sheehan is active in numerous professional and community organizations. He has served as president of Bird Island Civic and Commerce, director of the Learning Funhouse and as a member of various school committees. He also received the 2011 U.S. Small Business Association Minnesota Small Business Person of the Year Award.

Past Director Sheehan and his wife, Lori, also a Lion and Progressive Melvin Jones Fellow, have two sons and two daughters.

PID BRIAN SHEEHAN FOR 3RD VICE PRESIDENT OF LCI

Many of you have probably heard through social media that PID Brian Sheehan of our Multiple District 5M has declared his intention to run for 3rd Vice President of Lions Clubs International at the Lions Clubs International Convention in Las Vegas in 2018. Lion Sue and I are excited and honored to have been asked by PID Brian to be Team Captains on his Campaign Team for District 5M-10.

We would like to invite all Lions in District 5M-10 to be members of our team in supporting PID Brian in his campaign for 3rd Vice President. We will be asking some of our Lions to join our team but if you are interested in being on the team please let us know.

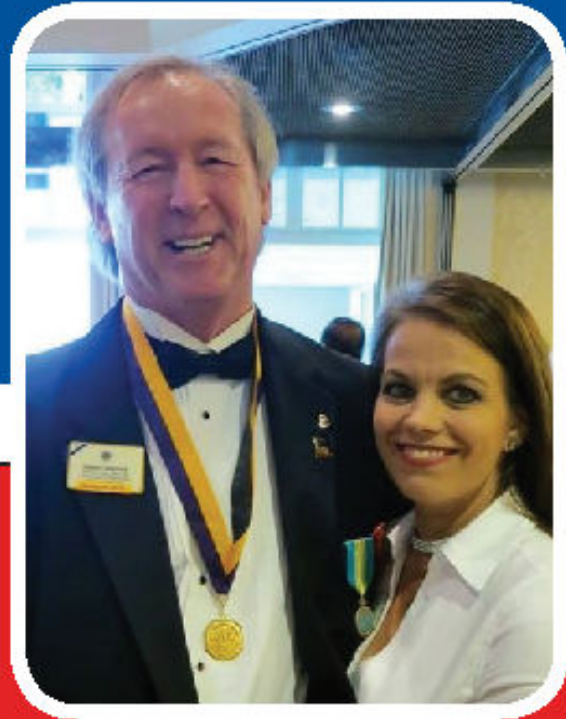
We need team members to help promote PID Brian for 3rd Vice President in your clubs, our district, our multiple district and in our international organization. We also need as many Lions as possible to attend the Las Vegas Lions Clubs International Convention in 2018 to vote for PID Brian as well as helping to distribute materials at the International Convention. PID Brian's Campaign Team has a goal of raising \$100,000 for campaign expenses so our district goal is to raise \$8,500. We will need our Team Members to help with fund raising efforts.

We will have a table at our upcoming Mid-Winter Convention in Grand Rapids and can use your help in staffing this table. We expect to have some posters and commemorative hockey pucks with PID Brian's campaign logo that we will be selling for \$10. We will also have order forms for a hockey jersey with either "Team Sheehan" or "Team Sheehan Eh!" (Canadian Version) and 5M on the back and the campaign logo on the front. We will be selling these jerseys for \$65 and they will be delivered to the multiple convention.

Thank you for your support!

PDG Larry and Lion Sue Winner, District 5M-10 Team Captains
PID Brian Sheehan for 3rd Vice President of Lions Clubs International

Seeking the Endorsement for 3RD VICE PRESIDENT



Brian Sheehan



LIONS CLUBS INTERNATIONAL



PR Power!

REMINDER: Share Your Club Successes at the Midwinter Convention January 20-22, 2017 Grand Rapids, MN

Plan to attend the Midwinter Convention in Grand Rapids - A fabulous weekend of Lions' fun, great seminars, motivating speakers, and exceptional hospitality.

Our **Club Communications Corner** table will be available for you to display your club activities, share your promotional success stories and read about new and successful ways for you to more easily communicate with your community, district, as well as the global Lions network.

Bring along samples of your brochures, business cards, event/project calendars, published articles, event flyers and club newsletters. Whatever you would like to display and share.

Our 5M-10 three-ring binders will be ready for you to add your materials. There is a special section for each club within our district. In addition, I will have copies of LCI informational booklets with new ideas for you to gain connectivity within your area and boost your communication efforts!

This will be a wonderful opportunity for you to see firsthand what other clubs are doing to gain awareness, increase exposure, and expand membership.

If you have questions, please don't hesitate to contact me.

CALLING ALL MD5M-10 CLUBS

Enter the 2017 MD5M Public Relations Centennial Challenge... A Second Opportunity to Enter Your Club's Service Projects in the Contest!

Our Multiple 5M public relations chair has established a *second* Centennial Challenge where every club is encouraged to participate. The purpose is to promote Lions and the Lions Clubs Anniversary. Clubs in the Multiple are asked to submit their completed Centennial Projects (Youth, Vision, Environment, Hunger) along with photos to their District PR Chair. Contest dates are January 1 – December 31, 2017. All entries must be submitted by 12/31/17.

The 2016 Challenge closed December 31, 2016. Our winner will be announced at the Midwinter Convention. The 5M overall winner will be announced at the Multiple Convention in Bemidji.

Again for 2017, judges will choose the winner in each District, with one grand prize winner taking home \$500. ***You will find the challenge application form, due dates and descriptions in this newsletter.*** Please feel free to contact me with questions you may have.





**Centennial Public Relations Contest
Lions Clubs of MD5M July, 2016-January 1, 2017**



District _____ Club _____ Date of Event _____

Event _____

Place an X over the area your event qualifies:



If your event does not fit one of the above areas, where would you classify it?

Number of Club Members _____ Number of Members who participated _____

Approximate number in attendance/number affected by this Event: _____

Explanation of Event:

What benefit did this project have to your community?

How did this event publicize Lions and our 100th Anniversary (Anniversary must be publicized)?

** Attach only 1 picture page

Contact person for this event: _____

Phone Number: _____ Email: _____

Does your club have a Lions sign in your town? Yes No

Have you refreshed your Lions sign- a new one or a new decal for our 100th? Yes No

Please submit to your District PR Chair, Lion Barb Oswell before January 1, 2017.

Clubs may enter more than once.

(2nd Contest will be run January 1, 2017-December 31, 2017)



View From the Lighthouse: A Success Story

Maris expected to spend his retirement playing golf and fishing. But when he started to lose his vision due to macular degeneration he wasn't sure what to expect. Reading had become difficult. His eye care doctor referred him to the Lighthouse Center for Vision Loss for low vision services.

Laura, a Low Vision Occupational Therapist with the Lighthouse's Safe at Home with Vision Loss program visited him. She conducted a full lighting assessment, testing Maris' vision under a variety of light conditions. With the right lighting and magnifier, Maris was excited to find he can still read recipes from his favorite cook book.

Laura also helped Maris adjust to his vision loss by fitting him with tinted sun-glasses. Glare both indoors and out had been a problem since his vision loss and the right colored shades made a big difference. Macular degeneration causes the loss of straight-ahead vision, making it difficult to recognize faces.

With training, Maris learned to use his remaining peripheral vision to look at faces. After practicing this new skill, he exclaimed to his wife, "I can see your face! I'm talking to you and I can see your face," with a big smile.

Excited about being able to continue doing what's important to him, Maris is happy to learn new ways of doing tasks. He's working to finish his basement and is putting to use the adaptive skills he's learned. "It takes patience, but I have a lot of that from being a dentist for many years."

The Lighthouse Center for Vision Loss serves 1,500 individuals each year in all stages of vision loss. We offer individualized training and support to help those living with vision loss maintain vibrant, independent lives. To learn more, contact the Lighthouse at (218) 624-4828 or visit lcfvl.org.



Maris and his wife Joann



Greetings from your Centennial Coordinator! Its HERE! The time is now to Celebrate!

Centennial Celebration year is here! All year we will be celebrating 100 years of Lions serving those in need. We have already served over 100 million people around the globe. We are now striving for serving 200 million before our celebration is over. Imagine our impact on the world if we achieve that goal. The impact that Lions have through this effort will be felt around the globe for years to come, and together we are changing lives for the better. Be sure to join us in the celebration.

First join us at the District 5M-10 celebration in January 20-22 at our midwinter. We will have a display table at the midwinter where you can learn more about the Centennial events. This year the convention will be in Grand Rapids and will be a birthday party for Lions. Who doesn't like a party? Don't miss out on all the fun.

Remember that newly inducted Lions get free registration to the midwinter so remember to encourage them to attend. Be there or be square!

Second, come to Bemidji in April for the MD5M convention which our district is hosting. The slogan is "where there's a need there's a Lion." We have need of all 5 M 10 Lions to pull off this MD5M event. We need every club's help and every Lions member's participation to create and accomplish this task and make our multiple convention a rocking success. Once again, the emphasis will be on learning how to serve others better while celebrating 100 years of Lions history and accomplishments. Don't miss this event of the century! Help us show the other districts in MD5M just how well we can serve others in putting on a fabulous convention.

Third, come to the Twin Cities on June 3, 2017 to participate in the MD5M Centennial Celebration at the Mall of America. Unfortunately, the effort to have the "Little Red Wagon parade" has been nixed by the MOA, but this will still be an entire day of Lions acting in service to others. We will have projects happening in each of the four centennial service challenge areas. If you are going to attend the MD5M event, please remember to stop by the Centennial table at our midwinter and register to work in one or more of the challenge areas on June 3. Also, if your club hasn't already done so, get your photos of your projects and events sent in to be included in the video that will show all day, June 3, in the MOA rotunda.

Finally, at the end of June through July 4, the biggest celebration of them all will be held in Chicago, the birthplace of Lions International. This will be the site of the 2017 Lions International Convention. Come to celebrate 100 years of Lions service and growth. Come to meet with fellow Lions from around the globe. Come to a history making event. Make new friends, renew old friendships and become part of the international pride of Lions. As you know, any gathering of Lions is called a pride.

Remember we are Lions. WE SERVE!

Lion Bob Woodke, Centennial Coordinator



Canadian D-Camps help kids with type 1 diabetes indulge their sense of fun and adventure in a diabetes-friendly environment where they can:

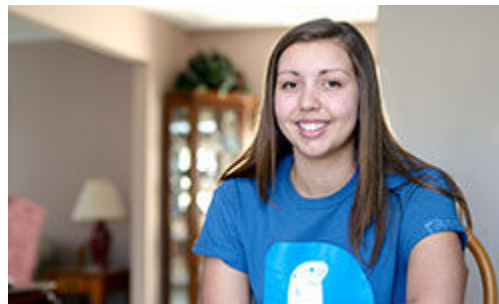
- Meet and connect with other kids who share the same experiences and 'get' diabetes. Often, camp friendships last long after camp is over.
- Participate in outdoor activities like swimming, hiking and canoeing that promote self-esteem and personal growth.
- Learn how to manage their diabetes in a supportive, nurturing environment. They return home less reliant on their parents and better able to manage their disease on their own.

In addition to D-Camps, the CDA also runs camps and activities for teens getting ready to live on their own and Family Camps for all members of the families of kids with type 1 diabetes. For more information check their webpage:

<http://www.diabetes.ca/in-your-community/d-camps-youth-programs/d-camps/d-camps-changes-lives>

WHAT ARE THE KIDS SAYING?

Emily King, 13, from Calgary, Alberta: "I learned there are a lot more people in the world who have diabetes than I thought there were. It made me feel like I wasn't the only one."



Cayla Allen, 18, from Stratford, Ontario, who started attending D-Camps nine years ago: "I was one of those kids who never got homesick. Camp was just so much fun. Parents need to know that their kids are going to grow up eventually, and it's good to help them gain some independence at a place where there is medical staff to help if it's needed."

Is there a 'type 1' student in your area that would benefit from D Camp?

The newest D Camp is on an island in Lake of the Woods!



Welcome to *Your* Leader Dogs for the Blind

The 77-year partnership between Lions and Leader Dogs for the Blind (LDB) started with "\$400 and a hatful of ideas." Together we've assisted people who are blind and Deaf-Blind in all 50 U.S. states and many other countries. LION Magazine listed LDB as one of their "10 Brilliant Breakthroughs in Service." LDB is your community's resource with all of our programs provided free of charge.

Leader Dog empowers people who are blind with the skills needed for independent daily travel by offering:

Guide Dog Training

Leader Dog provides highly-trained, qualified guide dogs to people who are legally blind, 16 years or older, with basic orientation and mobility skills, and can physically and mentally use and care for a dog in the intended manner.

In 1991 LDB began providing guide dogs to people who are both hearing and visually impaired.

Accelerated Orientation & Mobility Training (commonly known as white cane training)

This residential program pairs clients and instructors 1-to-1 to quickly help clients obtain the basic orientation and mobility skills needed to travel safely with a cane. About 50% of these clients return to train with a Leader Dog.

GPS Training

Like your cars' GPS, this hand-held technology allows clients to know where they are, what direction they are traveling and what businesses are nearby. Previously, clients needed to rely on others for this information. All guide dog clients from the U.S. and Canada receive this device free of charge.

Summer Experience Camp

A unique summer camp for teens ages 16 and 17 who are legally blind combines summer fun with an introduction to guide dogs, leadership training and the opportunity to spend time with peers who are facing similar challenges.

Your clubs' support has enabled LDB to provide Leader Dog's to over 15,000 people *who live in all of our communities.*

To learn more about Leader Dog or for prospective clients to begin the application process, visit www.leaderdog.org. Check out some videos at <https://www.youtube.com/user/leaderdogvideos/videos>.



Leader Dog client Jason and his Leader Dog navigate a large city each day thanks to Lions Clubs across the country. Lions created what is today Leader Dog serving clients from across the country.

Lions Engagement Coordinator
Leader Dogs for the Blind
1039 S. Rochester Rd. • Rochester Hills, MI 48307-3115
Direct [\(248\) 218 6421](tel:2482186421)
Toll Free [\(888\) 777-5332](tel:8887775332)

DON'T FORGET THE 5M10 MID-WINTER CONVENTION IN GRAND RAPIDS MN.



CLUBS

Atikokan Lions



Atikokan Lions Club Christmas dinner, held Dec. 8th at the Atikokan Legion.

BABBITT LIONS

On December 4, the Babbitt Lions held White Cane Day. Three stations were manned in shifts by nine Lions. \$280 was raised which will be donated to the MN Lions Eye Bank

On December 19, 13 Lions got together to bag 160 sacks of candy for the elementary school students. On December 21, Santa and his two helpers will distribute the candy to the kids. This is always a fun activity for all.

CAP BAKER LIONS



Lion Debbie Vergin ringing the bell for the Salvation Army.



Lion Cindy McNichols & Lion Kevin McNichols participating in our local "Shop with a Hero" Program.



Respectfully submitted by,
Debbie Vergin
1st VP of Cap Baker Lions Club

HAPPY NEW YEAR TO ALL THE
CLUBS IN 5M10

Bemidji Lion's Club

We are into the year 2017 which promises to be a highly active time for our club. With the Multi-District Convention only 3 ½ months away, the Bemidji Lion's Club, the First City Lions, and all the Lion's Clubs from 5M10 are gearing up to host this gathering on April 21 -23. As of now there are over two hundred signed up for the event, with more registrations coming in every day. Consider attending this convention! It should be one to remember. The Bemidji State University Campus Lion's Club is becoming a reality. Over 20 students have indicated they would join and a "Charter Night" is being planned for February 16th. The formation of a "Leo Club" at the high school is also making forward progress. New applicants continue to emerge as the Bemidji Lion's Club now has 91 members. A membership drive has begun, with the goal of 100 members by the end of this year. There is also an emphasis in increasing the percentage of female members within the club. The "Membership Committee" meets every month to discuss ways to bring in new members. The community is still buzzing over the very successful "Heroes and Helpers" program which took place last month. The win/win event involved not only the Lion's Club, but numerous individuals from other organizations. This event will certainly be held again next year. On

December 14th the club was fortunate to enjoy the Bemidji High School Choir which performed at their Wednesday meeting. The club looks forward to this every year and many members brought their spouse for this enjoyable occasion. At the conclusion of the presentation, the choir director was presented a check for \$500 from the Bemidji Lion's Club. Other programs in December included representatives from Sanford Hospital and the Hope House. See you at the Mid-Winter Convention in Grand Rapids on the 20th. Enjoy the winter! It comes around only once a year.



**Leon Nelson - Bemidji Lion's Club
Secretary**

DEER RIVER LIONS

The latest news and activities from the Deer River Lions Club for December/January.

We completed our annual Christmas Raffle just before the Holidays. Three winners each week for eight weeks, three finalists for the larger final prizes.

We provided a Christmas gift for a local nursing home resident.

Deer River Lions supplied workers (16) for two days for the Salvation Army Red Kettle project.

Our committees are working on bookings for the 2017 69th Annual Wild Rice Festival in July.

We are preparing to attend and help at the 5M-10 Mid-Winter Convention in Grand Rapids, January 20-22. We're hoping to visit all our Lion friends!!

The Deer River Lions Club is looking forward to welcoming new transfer members from the Avenue of Pines Lions Club this month.

Our District Governor Milender's visit to our club is scheduled for January 11.

DRYDEN LIONS

M&A Report Dryden Lions, December 2016, Club #3125

1. The Dryden Lions Sick and Visitation Committee visited and brought flowers to an ailing Lions member.
2. The Dryden Lions 200 club had three draws in December with two recipients receiving \$200 and one receiving \$300.
3. \$400 was presented to the Dryden Christmas Cheer Board.
4. Although the Dryden Lions Wheel Chair Ramp Construction Crew had decided for various reasons not to build any ramps past November, a ramp was constructed in Lion Ken Saville's shop at the request of an individual, delivered to the site. The recipient's husband was going to assemble it by himself, which would have taken him until late January he figured. As a result, 3 Lions stayed and helped assemble. There was no expense to the club as the recipient purchased all necessary material.
5. In lieu of a December General meeting, a Christmas Party was held at the Riverview Lodge. A total of 37 Lions and guests attend

DRYDEN TRILLIUM LIONS

Dryden Trillium Lions Club - #53070 - Activity Report for December, 2016

- Held our December meeting and Christmas party on December 1st with minimal business and maximum fun taking place.
- Collected \$110 from members, \$62 of which was spent to purchase 22 lbs of ground beef for the Dryden Food Bank. This donation will feed 90 people.
- Twenty (20) Meals on Wheels were delivered on December 17 & 18, 2016 by 3 Lions.
- Ten (10) pairs of eye glasses and 22 sets of hearing aids were collected.
- A beautiful food and gift hamper was donated to the Dryden Area Christmas Cheer Fund for a family of 6 consisting of a mother, her partner and 4 children ages 6,5,4 and 1. The hamper consisted of a large turkey and gifts for each family member purchased with \$250 donated by our club. In addition, a comprehensive list of food items and additional clothing and toys were donated by club members to make a traditional Christmas dinner and extras to sustain the family over the Christmas holidays.

KENORA LAKE OF THE WOODS

Report to 5M10 District Newsletter

Two members attended the Zone meeting in Vermilion Bay November 26th. These meetings are always interesting with an excellent exchange of information, club reports, and good food.

District Governor Mel Milender and Lion Mary Lou were welcomed to our December 13th meeting (which took the form of a Christmas party with a gift exchange), along with seven Kenora Lions Air Cadets 645 squadron and three instructors including Capt Sonia Green, Commanding Officer of the unit. Round table introductions by 20 Lions and 23 guests completed the roll call.

Following a delicious buffet of roast beef and all the trimmings, including calorie wise array of desserts; Lion Joan Brinkhurst introduced our special guest speaker, District Governor Mel Milender.

As is Lion Mel's habit, he asked "Are we having fun yet?" and carried on with his Presentation, interspersed with the serious and humorous in turn. He outlined International President Bob Corlew's theme, "Climbing New Mountains", setting goals for reaching higher in what Lions do.

Lion Mel explained why he had brought along a "honey bear" (from his own hives), and how many bees it takes to make such an amount of the condiment. Lion Mary Lou passed "the hat" collecting a total of \$55.00 which was returned to the Lions club treasurer; winner of the honey, Garry Green.

Lion Joan Brinkhurst thanked District Governor Mel for his exceptional presentation and in honour of his visit presented him with a cheque to the Lions Foundation of Canada Dog Guide program. Service chevrons were awarded to Lions Irma Milko 15 years; Joan Burrows and Lillian Marchant 35 years; Ken Alcock 15 years.

An enjoyable evening was brought to a close with a wish for a Merry Christmas and good Health and Happiness in the New Year.

Once again a very successful Christmas Draw, complete sellout of 3,299 tickets; three winners were declared on Christmas Day at 12:00 Noon. First prize \$26,000.00 June DeGagne (opted for cash rather than the car); second prize \$2,000.00 Jan Coolidge; third prize \$1,000.00 Tannis Sveinsson.

Three Lions will attend the mid winter convention in Grand Rapids.

From Kenora Lake of the Woods Lions to all Lions and their families in 5M10, very best wishes for a Happy New Year.

Timberlake Lodge in Grand Rapids - see you there!



Happy New Year from the DULUTH LIONS CLUB!

Duluth Lions Ring Bells and Help Distribute Gifts for the Salvation Army

On December 21, the Duluth Lions rang bells for the Salvation Army at the Miller Hill Mall! As always, it's a great time to get together and have fun while helping the community.



The bell ringing season starts each November and runs through the Christmas Eve, when the red kettles are packed away for the season.

Volunteers are the difference between an empty kettle and one that raises about \$30 per hour – enough to provide a family with two bags of groceries or shelter an individual for a night.



We thank Lion Bob Howe for organizing the Salvation Army volunteer activities again this year.



Also this year, our members volunteered to help fill food boxes and distribute gifts for families in need in our community through the Salvation Army.



The Greater Duluth Area Salvation Army is an intricate part of the local social services network. They offer a wide range of basic needs services, including transitional housing and food assistance. Help is provided to anyone in need without discrimination. In addition, they operate a Salvation Army Store six days a week.

Duluth Lions Club Celebrates the Holidays!

The Duluth Lions Club celebrated Christmas and the coming New Year during their December 20th holiday luncheon. The Duluth East High Silver Strings performed a medley of special holiday music. Lions, family and guests enjoyed the selections as well as the students, who were so very talented and most engaging.



We were honored to have the Duluth Lioness join us for the event.

VERMILION BAY LIONS

In October several of our members toured the International Institute for Sustainable Development (formerly Experimental Lakes Area), which is in our backyard of Northwestern Ontario. The group were toured by the resident scientists and learned about the impacts of climate change, agricultural runoff, water management, contaminants such as mercury and organic pollutants, and a growing list of new chemical substances in a natural laboratory setting. For more information go to www.iisd.org/ela



Three of our Lions executive attended the Officer Training held in Atikokan this year. There is a tremendous amount of information on the several Lions websites. Most importantly is MyLCI where executive relay information to Lions International about their club.

This fall our Club gave generously to Movember in support of Prostate Cancer, SOS Children's Village Charity, Canadian Diabetes Association for their special project call '100 Kids to Camp Campaign', the Eagle Lake Figure Skating club and an individual from the community that needed their hearing aids re-calibrated.

The annual winter carnival raffle tickets are now available for purchase. The package includes a 2017 Arctic Cat ZR 6000 Sno Pro ES Sled, a 2017 Arctic Cat Mud Pro 700 Ltd EPS ATV and a 2016 Aluma 8610 Trailer. The tickets are \$20 CAN each and there are 3200 tickets printed. The draw date is February 25th, 2017 at the Lions Hall. The proceeds support the 906 Machin Air Cadets and various Lions charities. These very same tickets will be available from our Lions at the 2017 mid-winter convention in Grand Rapids, MN.

This year is the first annual Peace Poster Contest at the Lillian Berg School hosted by our Club. Two local artists judged the artwork of 16 young competitors and the winner was announced at a special Pizza Lunch hosted at our hall. A surprise guest was Leo the Lion who entertained the younger students. The winner of the contest was 11 year old Lindsay Chwastyk attending Grade 7.

IGNACE LIONS

The Ignace club continues to do their community projects.

Our 50/50 draw winner of \$1500.00 was Chelsee Bradbury of Winnipeg Manitoba ticket sold by Lion Berry Wetelainen.

We wish all a Happy and Healthy New Year 

EMO AND DISTRICT LIONS

The New Year is here and it came in for us with a SPLASH!! Well several splashes really some not planned! Polar plunge was the way Emo Lions started the year in hand with our cohorts in crime from Fort Frances Voyageur Lions!

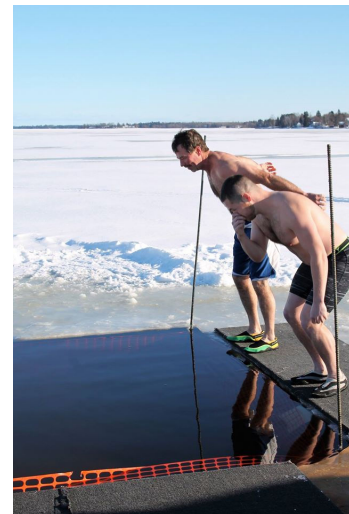
New Year's Eve day was spent in the company of the club who is responsible for the chartering of Emo and District. There was a lot to prepare for thanks to the several dumps of snow we received prior to the event!! Not only does a hole have to be cut in the ice but the snow has to be cleared away for the jumpers to get to the hole. So being the good helpful Lions we are we came armed to assist with shovels and a snow blower to make the job easier!

While trying to be helpful and insure the least amount of work one of our dedicated Lions went chasing a Voyageur Lion to let them know this would be way easier with the snow blower we brought with us...words no sooner out of their mouth and they disappeared from view...through a hole in the ice that no one had cut!!

Did you know that falling through the ice in front of a restaurant full of people actually is a good thing?? Pity pledges rolled in on Facebook and Emo Lions went home with their coffers almost \$3400 fuller!

The actual jump occurred New Year's with 3 club members and the Lions Newsletter Editor's son volunteering to jump with us! The boys braved the cold first and the gals stepped up not to be out done...no one could out do the likes of one of our club members affectionately known as the "Squirrel". Not only did she promise to squeeze her 52 year old form in a bikini if she raised over \$1000 in pledges, she also found it fitting to do a wee bit of the Cape Breton Shuffle before we plunged! Picture proof below....DG Mel...are we having fun yet? ! See you at Mid-Winter for more of the same!

The Polar Plunge – Emo jumpers



VOYAGEUR LIONS

The Voyageur Lions Club played Santa Claus early this year handing out cheques from the money made from our Drive Thur Breakfast. The first picture is Lion Wayne presenting a \$500 cheque for the new multi-use Tennis Courts. In the second picture, Lion Carol is handing a \$500 cheque to the local Kidsport Program.

The Voyageur Lions Club had another successful Polar Plunge on New Year's Day with 47 jumpers participating. Over \$13,000 was raised, and the Club giving back 50% to the local charities and non-profit groups. The weather cooperated so the spectators had a nice sunny day to watch some very brave souls take a dip in Rainy Lake for worthwhile causes.





Eighth Annual Minnesota Lions Diabetes Research Update April 8, 2017

Hosted by the University of Minnesota Foundation and Minnesota Lions Diabetes Foundation, Inc.

More than 29 million people in the United States are living with diabetes—a growing number that includes 340,000 people in Minnesota alone. Unfortunately, that number is on the rise.

Join us at the annual Minnesota Lions Diabetes Research Update to hear from University of Minnesota scientists, who are conducting leading-edge research aimed at both preventing and curing diabetes. Learn how these scientists, funded by the Lions Diabetes Research Foundation, are making a direct impact in our community, state, and beyond.

During a reception, following the research presentations, guests will have the chance to interact with the scientists, learn more about their research, and ask questions.

Saturday, April 8, 2017

11 a.m. Registration

11:30 a.m. Lunch and program

1 p.m. Reception

McNamara Alumni Center

University of Minnesota

200 Oak Street SE

Minneapolis, Minnesota

Faculty Research Presentations:

David Bernlohr, Ph.D., Research on the role of calcium in insulin action that could lead to a new drug for treating type 2 diabetes

Brian Fife, Ph.D., How blocking the body's immune pathway could stop the immune attack on islet cells

Michael Garwood, Ph.D., Advances in viewing transplanted islets inside the body pre- and post-transplant

Bernhard Hering, M.D., Discoveries in pig islet research that could lead to a cure

RSVP by Friday, March 24:

RSVP online at www.rsvp.umn.edu/Lions

Please contact Caitlin Ochtera at ochte001@umn.edu or 612-625-8424 with any questions.

A confirmation letter, including parking information, will be sent prior to event.

INTERNATIONAL FALLS LIONS

Annual Christmas Party with other clubs in attendance.

