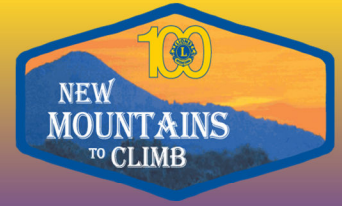




L10News

May, 2017



The fourth cabinet meeting is past. That means that transition to a new DG is near. There is still much to do to call the past year successful. A new club has been chartered in Chisholm, MN. We have to celebrate with them. There are still a few clubs to visit. Club awards have to be researched and forms completed to insure that deserving clubs receive the appropriate recognition. New club officers have to be reported to MYLCI with correct contact information to insure smooth transition at the club and district levels. No other personnel input is required at the club level. Summer projects have to be planned and communities informed.

All of the above is performed by clubs and individuals within the clubs. District cabinet personnel are here to help. If you do not know what awards are available or what criteria are needed to qualify, the LCI website is the place to start. Questions should be addressed to myself or the DG team. Look closely at your club. In most cases, membership is paramount. If on 01 July 2017, your

club has a positive growth number for the year, you may be eligible for a club award. There is still time to accomplish this primary task. All new members must be entered into MYLCI before 30 June in order for your club to be credited and eligible. If your club is eligible for CSC awards, the information must be entered in MYLCI and flagged as CSC projects, including legacy projects.

I would like to take this opportunity to congratulate our newest club in Chisholm, MN. Twenty-five new lions formed a club, have projects and fundraisers pending and are expecting to really connect with their community. They have a charter celebration night scheduled for Thursday, June 1st at 6pm in Jim's Café (maybe outside) on the main street in Chisholm. The theme is a luau and everyone is invited, including their entire community of Chisholm. RSVP by May 20th is a must to give us time to plan enough food. The cost is yet to be determined but it will be \$20.00/person or less. Your attendance is most important. Dress is casual/fun. Brian Sheehan will be the guest speaker.

This my next to last article as your DG. I hope we are all having as much fun as I have had this year. Let's finish this year on a positive note and move into next year knowing we made real change and improvement this year. With your help May and June can be our greatest months of the year. It's fun to be a LION!!!!



PR Power!

Club Business Cards and Brochures – *Event Takeaways!*

Business Cards

A professional business card reflects your club's service mission and provides current contact information. They are often the first item community business people, organizations and potential members receive from us, so it's a first opportunity to make a strong, positive impression. There are a number of inexpensive online companies that print customized cards. Another idea would be to partner with a printing company in your area. Often they offer discounts to nonprofit groups.

Four Basic Design Tips:

- Keep it simple
- Keep to the standard business card size
- Carefully choose the information to appear on your card
- Keep the back blank or use it for non-critical information.

Think about how you have used other people's business cards. Information should be a positive reflection on our club, and mirror our well-defined Lions brand identity.

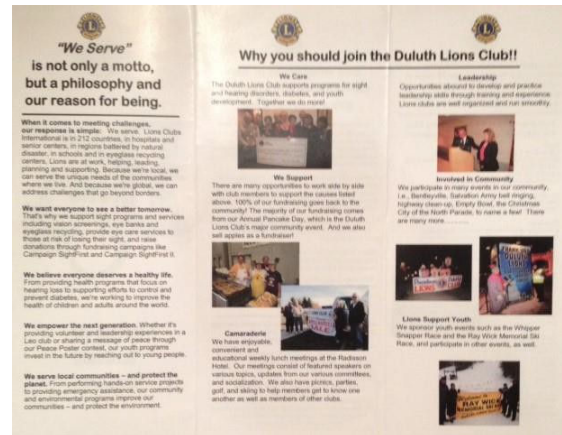
Brochures

Brochures are indispensable to most organizations and can be persuasive when they're used effectively. Often we don't use brochures as part of our overall club marketing strategy because of the cost. By using the templates provided by Lions Clubs International and incorporating a personalized design, brochures are one of the least expensive options we have when developing a new member or awareness campaign, negotiating partnerships or offering a "takeaway" informational piece at various events.

Brochures can work and are one of the best ways to uniquely describe our clubs, our mission and our service to the community. Brochures allow us to offer just enough information for interested people to ask for more and can be the cornerstone of club public relations/marketing strategies.

In summary, basic marketing still includes printed brochures and business cards. They can be instrumental in raising awareness and growing membership when they are properly designed and the right strategies and techniques are used.

Shown below is an example of the Duluth Lions Club brochure and business card. The club used the LCI templates for branding purposes and customized the brochure cover and message inside.



Thank you!

Submitted by: Lion
Barb Oswell
PR Chair MD5M-10



COME TOGETHER UNDER THE NORTHERN LIGHTS

MIDWINTER CONVENTION 2018 DRYDEN, ONTARIO

JANUARY 19th to 21st, 2018

"UP NORTH is the place to watch the moon rise ... see shooting stars in the milky way and observe the AURORA BOREALIS dance."

The 2018 Midwinter Convention will feature an optional Friday morning dogsled ride with Burton Penner from Borealis Sled Dog Adventures.

Please check out his website <https://canada-dogsled.com/>. We hope to see you there.

The registration form is available on the following page or from our website at 5m10lions.org.

NOTE: If you would prefer to pay by e-transfer, please contact Lion Shirley at koroniak@gmail.com to make arrangements.

**A partnership between Dryden, Dryden Trillium and
Vermilion Bay Lions Clubs**



Lions District 5M-10 2018 Midwinter Convention



Come Together Under the Northern Lights

January 19-20-21, 2018

**Best Western Plus Hotel and
Conference Centre 349
Government St., Dryden, ON
P8N 3L3 Registration Form**

Name (including title if applicable): _____
(Please circle all that apply) Lion Lioness Leo Spouse First Timer

Name (including title if applicable): _____
(Please circle all that apply) Lion Lioness Leo Spouse First Timer

Address: _____

Phone: _____ *Email: _____

Club Name: _____ District: _____

Hospitality Book (Includes all convention meals): Please Indicate the Number of Hospitality Books Required.

Early Bird (Prior to December 15, 2017) _____ @ \$139 CAD or \$109 USD = \$ _____
 After December 15, 2017 _____ @ \$165 CAD or \$135 USD = \$ _____

OR Please Indicate Your Individual Meal Preferences *(In CAD Funds Only)*:

Friday Night Mixer	@ \$25 CAD	\$	Special Dietary Requests
Saturday Breakfast	@ \$25 CAD	\$	
Saturday Lunch	@ \$25 CAD	\$	
Governor's Banquet	@ \$48 CAD	\$	
Sunday Brunch	@ \$30 CAD	\$	
Total For Meals Only	CAD	\$	

Friday a.m. dog sled ride _____ \$25 CAD or \$20 USD \$ _____

Please register early for this excursion - space is limited

Total Enclosed (non-refundable) _____ CAD or USD \$ _____

Make cheques payable to Vermilion Bay Lions Club. Mail completed registration form along with payment to: Vermilion Bay Lions Club P.O. Box 314 Vermilion Bay, ON P0V 2V0

Hotel Options (CAD Funds) – taxes extra: - *Ensure that you request the convention rate* Best Western Hotel – (807)223-3201 – Convention Rate – \$124.95 S or \$129.95 D Holiday Inn Express – (807)223-3000 – Convention Rate - \$115.00

Comfort Inn – (807)223-3840 – Convention Rate - \$115.00 – 1 to 4 person occupancy – 1 Queen or 2 Double Beds Timberland Motel (immediately across from Best Western) – (800)465-7232 – Convention Rate \$74 S or \$84 D

There are several other small motels available. Please contact Lion Wendy Wiedenhoef at wendyparkin@shaw.ca or (807)937-6574 or Lion Shirley Koroniak at koroniak@gmail.com or (807)220-1818 for more information regarding hotels. All other inquiries, please see below.

Questions or comments?

Contact PDG Ivan Pollock

ivanepollock@gmail.com

(807)223-2294

**Please provide your email address if available. This information will allow for efficient and timely communication regarding the 2018 Midwinter Convention and will be used solely for that purpose.*



Can Do Canines is excited to announce the [Candid Canines Film Fest](http://www.candidcaninesfilmfest.com) is now open and ready to take your awesome dog video submissions! Send us your videos here: www.candidcaninesfilmfest.com

The Candid Canines Film Fest is a 2017 [Minneapolis Aquatennial](#) Associated event!

Save the date: Thursday, July 20, 2017, from 4 p.m.-9 p.m.

Join us for our **FREE**, family-friendly celebration of dogs at Target Field Station! (Yes, you can bring your pups to the event!)

We look forward to seeing your videos!



NEXT STOP.....**CHICAGO!!**

LCI INTERNATIONAL CONVENTION AND 100TH ANNIVERSARY JUNE 30TH TO JULY 4TH

AVOID THE STRESS OF DRIVING, PAYING PARKING FEES IN CHICAGO AS HIGH AS \$68 PER DAY, AND MASSIVE TRAFFIC CONGESTION. TAKE THE BUS!! WE ARE LOOKING AT RENTING A COACH BUS OR BUSES AND RIDING IN STYLE TO CHICAGO!!

CHICAGO STYLE HOTDOGS, CHICAGO DEEP DISH PIZZA, INTERESTING SEMINARS, PARTICIPATE IN A PARADE WITH 30,000 OTHER LIONS, ENJOY AN ASSORTMENT OF TOURS, SHOPPING, FIREWORKS OVER LAKE MICHIGAN, AND CONCERTS FEATURING:

THE BEACH BOYS, CHICAGO'S OWN "CHICAGO," THE BLUES BROTHERS, PATTI LAPAIGE, A BEATLES TRIBUTE BAND, THE CHARLIE DANIELS BAND, AND MORE. FOR MORE INFORMATION ABOUT THE CONVENTION GO TO PAGES 18 – 24 IN THE FEBRUARY, 2017 LIONS MAGAZINE. FOR UPDATES GO TO

LIONSCLUBS.ORG AND CLICK ON THE BANNER HEADING; LCICON.

LEAVE MINNESOTA: THURSDAY, JUNE 29TH

RETURN TO MINNESOTA: WEDNESDAY, JULY 5TH

PICKUP POINTS: TO BE DETERMINED ONCE WE SEE WHERE THE RIDERS ARE LOCATED.

COST: \$155 US, PER PASSENGER, TO BE PAID AT THE TIME OF YOUR RESERVATION.

FOR MORE INFO CONTACT: Denny Ganz; 218.244.4232,

dsganz@tds.net or **Les Swift**; 218.839.2184, ltranch@brainerd.net

BUS REGISTRATION TO CHICAGO

June 29 to July 5, 2017

NAME _____ (please print) ADDRESS

PHONE NUMBERS (home) _____ (cell) _____

MEMBER OF _____ LIONS CLUB

TRAVEL COMPANION _____ (please print) ADDRESS

IF DIFFERENT FROM

YOURS _____

PHONE NUMBERS (home) _____ (cell) _____

NUMBER PASSENGERS _____ X \$155US = _____ AMOUNT PAID

Make checks/money orders to 5M9 BUS And

remit payment to:

Denny Ganz 5079

County 40 NW

Hackensack, MN 56452



DREAM CATCHER NEWS

MN Lions Diabetes Foundation, Inc.

“Catch the Dream” Life Without Diabetes!

www.mnlionsdiabetes.org

www.facebook.com/MinnesotaLionsDiabetesFoundation

2017 Summer

Lion Eileen Schirer Editor



Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

MLDF Diabetes Research Update Recap

Despite the tempting spring weather, more than 100 Minnesota Lions and their guests came to the University of Minnesota Twin Cities campus for the Eight Annual Lions Diabetes Research Update. This year, Lions enjoyed boxed lunches and catching up with one another in the McNamara Alumni Center.

The program formally began at 11:30 am with remarks from Chairperson, Lion Judy Loken. Judy formally presented a \$75,000 check to this year's research grant recipients: Dr. Bernard Herring for his work towards developing a vaccine to prevent the body from rejecting transplanted pig islet cells; Dr. Brian Fife for his work on blocking the immune pathway in order to prevent the immune system from attacking islet cells; and to Dr. David Bernlohr for his research on the role of calcium in insulin to develop a new drug for the treatment of type 2 diabetes. Lion Judy also presented a \$500,000 check as a symbol of the final payment on the Lions half million pledge for the Minnesota Lions Islet Imaging Lab to Dr. Michael Garwood.

Judy also presented two Dream Catcher Awards to Bonnie Schirlinger and Thomas Johansen for their work as serving as the faces of our foundation. Lion Judy then presented the new informational video

about the Minnesota Lions Diabetes Foundation entitled *Catch the Dream: Living Without Diabetes* which features Bonnie and Thomas. You can watch the video here:

https://www.youtube.com/watch?v=f8KjbORhoP4&feature=em-share_video_user

During the research update section of the program, the Lions were able to learn more about the research projects currently receiving funding.

*First to present was Dr. Herring, who provided a general overview of diabetes including the difference between type 1 and type 2. In type 1 the body can no longer produce insulin because the insulin producing islet cells in the pancreas have been destroyed. In type 2, the body becomes insulin resistant. Dr. Herring, whose research is focused on type 1 diabetes, has had much success reversing type 1 diabetes with the transplantation of pig islets into monkeys. Monkeys receiving transplanted cells demonstrate a long-term diabetes reversal and extended survival rates. Dr. Herring's next goal is to create a vaccine that prevents the body from rejecting these transplanted islets. These vaccines remove, with the precision of a laser, the tiny part of the immune system that is activated by foreign antigens from the pig donor. When fully successful, the vaccines will eliminate the need for chronic immunosuppression otherwise required to prevent rejection of transplanted islets. Dr. Herring concluded with, "Science is no longer limiting us. It is a very exciting time in diabetes research."

Next to present was Dr. Fife, an immunologist, whose work is focused on targeting the immune cells that cause type 1 diabetes. In order to cure type 1 diabetes, we must identify, remove or control the

1

T cells that are inadvertently killing the insulin producing islet cells. With funding from the Lions, Dr. Fife has developed a way to identify, track and interrogate these T cells in both mouse models and humans. Considered as Phase One of the project, Dr. Fife's team is now generating novel antibodies that can limit these T cells and prevent them from becoming activated in the first place. If the T cells are blocked and cannot from become activated, beta cells will not get destroyed and thus neutralize the T cells causing diabetes.

Dr. Paul Wang, an MD and PhD candidate and advisee of Dr. Michael Garwood of the Center for Magnetic Resonance Research, spoke next about the research at the Minnesota Lions Islet Imaging Center. Dr. Garwood, Paul and others are working on a cure for type 1 diabetes by implanting a bioartificial pancreas, which they created, into a person's forearm. This bioartificial pancreas, after being implanted, replaces and restores the function that the person's own islet cells that have been destroyed due to type 1 diabetes, thus curing their disease. Supplemental oxygen is critical for implanted islet survival inside a bio-artificial pancreas. They have developed an oxygen delivery system for use with rats and are in the process of developing a miniaturized oxygen delivery device for human use.

Last to present, was Dr. Bernlohr, who spoke about his research on the role of calcium in insulin as a new drug for the treatment of type 2 diabetes. Bernlohr's lab is using the newly discovered SERCA activator as a new drug for the treatment of type 2 diabetes. SERCA is a calcium pump and Dr. Bernlohr has discovered that calcium is misregulated in the context of diabetes. Using obese insulin resistant mice, the SERCA activator drug (CDN1163) has successfully lowered cytoplasmic calcium in fat cells which protects those cells from dying, thereby improving their metabolism. This has the effect of increasing insulin action and reducing insulin resistance. *All of the researchers expressed their gratitude to the Lions for their critical support that has made a tremendous difference in the lives of so many.*

LCI Forward

To all Lions who are attending the LCI Convention in Chicago – There is a Strides Diabetes Awareness Walk hope you can attend. Also visit with the LCI Health Coordinators – Let them know how important the support from LCI is to us, so we can promote diabetes education in our communities.



Alert! Day was held 3 days in two Cub stores in Minneapolis. Lions participated to bring attention to diabetes.

reTHINK your drink – every sip counts!

How much sugar is in you drink? One sugar drink alone can max your daily limit!

<https://rethinkyourdrink.minneapolismn.gov/>

FACT: Your body needs Zero sugar.

-Find the sugar on the label

-Locate the serving size. If container has more than 1 serving, multiply sugar by number of servings.

-Total grams of sugar divided by 4 = teaspoons of sugar in that drink.

Maximum daily sugar limits: Age 2 – 18 or Adult

Woman is less than 24 grams, Adult man is 36 grams

Mark Your Calendars ----

-Tour de Cure – Mpls June 3rd

www.diabetes.org/twincitiestourdecure

-Governors Cub Golf June 13th at Whispering Pines Annandale, MN

-“Swing for a Cure” June 16th Frazee Golf Course

- June 9th Golf for Diabetes Sherburn/Jackson Lions



LCIF CANADA

There are changes for LCIF in the new Lions year starting July 1st, 2017.

There is a new position in Club Leadership, the Club LCIF Coordinator, this individual serve as an ambassador for LCIF in each club and will be equipped to educate Lions about the activities of LCIF and its importance to Lions Clubs International.

In order to make this program successful, each club is asked to nominate a Club LCIF Coordinator for a year term(2017-2018) and this individual is identified through MYLCI or on your PU-101. The Club is to devote at least one club meeting to an annual LCIF presentation provided by the Club Coordinator and support the Club LCIF Coordinator in planning annual fundraising and recognition events within your club.

You are reminded of the opportunity to make contributions to LCIF through the Lions of Canada Fund for LCIF. Personal contributions made through this office are eligible for receipts which may be used for income tax purposes.

The address for these donations is as follows,

LIONS of CANADA FUND for LCIF

c/o Stan Durward

Box 38

SUNDERLAND, ON L0C 1H0

E-mail: s.durward@sympatico.ca

I have just received notice from PDG Angela Sharbot, that the Lion Low Vision Clinic in Thunder Bay ON, has ordered the camera as per the standard grant application.

Submitted by

Lion Susan Pollock

LCIF District Coordinator CA

Greetings fellow Lions!

When I go to the Centennial dashboard and look at the information presented there it makes me so proud to be a Lion! Over 53,000 people have had our district Lions Clubs impact their lives in a positive way! What a great achievement! Thank you fellow Lions! There is great joy in serving others, and that is what we Lions do.

In April our District had 24 service activities in 7 clubs reported. While I am sure there were other service activities performed, if the club secretaries don't post the information to LCI as a centennial activity the service will not be counted in the centennial campaign. The following clubs and their reported activities were as follows:

Cook: Coupon Book Sales, Cook Flag Park, Vision Screening, Lions Mints, Children's Easter party

Emo & District: Zone Spot Training, RLLI (multiple), Grocery Raffle, Eye Screening

International Falls: Ice Melt Sales, Gumballs & Mints, Eyeglass Collection

Vermillion Bay: Funeral Luncheons(multiple), Easter Seals

Fort Frances Voyageur: Recycle Bins

Greenway: Can Do Canines Tour

Orr: 4 Wheeler Raffle

GREAT JOB!!! You prove that where there is a need, there is a Lion!

As you know there are 4 Centennial Service Campaigns: Youth, Vision, Hunger and the Environment. So far in this Lions year we have 20 of 45 clubs who participated and reported in 2 or more of the campaigns which is 44% of all clubs. I hope each club strives to make all 4 campaigns in their Lions year, and there is still time! If you have conducted a project that addresses any of the 4 areas have your club secretary report the service activity as a Centennial Service Campaign activity and get credit for your efforts! If you haven't, there is still time to plan an event or activity, perform it and report it to LCI before July 1, 2017. While you are at it, remember to think about legacy projects.

So far in our District in this Lions year we have reported serving 53,760 people with our activities. Truly, We Serve!

Already 6 of our 45 clubs have earned all 4 banner patches for their participation in the 4 service campaigns. They are: Cook, Duluth, Grand Marais, International Falls, Bemidji Lions Club and Emo & District. Congratulations and thank you for serving our fellow man with your efforts! If any club wants to know how many patches they have earned and in which category, just drop me an e-mail at bwmlaw@paulbunyan.net and I can check with LCI to let you know what their records show.

Yours in Service,

Lion Bob Woodke



CNIB is ready to fast-forward and start working on our next strategic plan – one that will guide everything we do from 2018-2022. We need your opinions and feedback to help us! To complete our online survey and find out about consultation events near you, visit www.cnib.ca/lookingforward today!



CNIB is a volunteer agency and charitable organization dedicated to assisting Canadians who are blind or living with vision loss, and to provide information about vision health for all Canadians.

MD5M Convention Report

May 3, 2017

Lions of the North

The 2017 MD5M Lions Convention was held at the Sanford Center in Bemidji, MN, on April 21-22-23, 2017. Lions from the Bemidji Lions Club, the First City Lions Club of Bemidji, and the Lions Clubs of 5M10 were the hosts for this great event.

Thank you to the past Council of Governors for giving the Lions of 5M10 the opportunity to host the MD5M Convention this year. We were honored to host this celebration in LCI's 100th year. We thank all Lions of MD5M for attending and volunteering.

Congratulations to the Bemidji Convention Committee on the planning and delivery of a very successful MD5M Convention. Also, congratulations to the Bemidji Lions and First City of Bemidji Lions for their hospitality and work "behind the scenes". Also, thank you to the Sanford Center and staff for the excellent support given to the committee throughout the implementation process.

The top ten reasons for the convention's huge success include:

- 1) The Sanford Center, with easy access to meeting rooms and the arena;
- 2) The Hotels;
- 3) The Friday night entertainment as noted by the large number of Lions and guests in attendance right up to the end;
- 4) The Food;
- 5) The Brian Sheehan endorsement and fund raising for 3rd International VP;
- 6) PIP Wayne Madden as our International Guest Speaker and LCIF Seminar presenter;
- 7) The Awards program;
- 8) The "new" Zero K walk/run, which raised over \$6000 for Diabetes;
- 9) Seminars on LCIF, Leader Dog, Can Do Canines, Dog Guides of Canada, Minnesota Lions Eye Institute;
- 10) Training opportunities for Kidsight USA.

Additional positive outcomes voiced to the committee included: the easy access to registration and credentials, the general business meeting and conducting Lions business, the Raffle Room run by Camp Confidence, the Pin Traders, the BSU Jazz Band entertainment on Saturday Night,

the BHS String Quartet entertainment, the Service of Remembrance, the excellent programs and convention booklet done through Arrow Printing, the Lions of the North pins, pens and notebooks, the shuttle bus service between the hotels and Sanford Center, the excellent cooperation between the convention committee with the City of Bemidji and Visit Bemidji, the Opening Ceremonies with the BHS Color Guard and welcome by the Bemidji Mayor, the informative table displays in the hallway, the excellent spring weather, plenty of fun and laughter, and the great reunion of Lions friends and supporters.

The 98th Annual MD5M Convention will show a profit.

Total registrations were 602, with full hospitality books at 455.

The Zero K Walk/Run for Diabetes had 284 participants, which raised over \$6000 for the foundations in Minnesota and Canada. Not bad for a first year!

Total Income for the convention was \$83,281.50; the expenses (so far) were \$74,575.30.

The 99th MD5M Convention will be April 13-15, 2018, in Winnipeg, Manitoba, Canada. The Winnipeg Committee already has over 200 Lions registered.

It's great to be a Lion. We change lives.





MD5M Council of Governors Meeting



The MD5M Council of Governors met in Minneapolis MN on Saturday, March 11, 2017 and in Bemidji MN on Friday, April 21, 2017. We will address **March's meeting** first- Council Chair Todd Neumann reminded us of the "Community Peace Project Challenge". District 5M4 had a community discussion with police officers. Can Do Canines are in need of more funding because of a 12% increase in their graduation of more dogs. GMT announced that in 8 months, 5 new clubs have formed, 6 districts are in the plus, 5M5 is at +87, 5M3 +12. Texas membership is at 24,938 with a loss of -606; MD5M- 21,482 with a loss of -31; California 20,531 with a growth of +444.

There is a new Mac Degeneration/Glaucoma- Age related website: MNEYELINK.org They are in need of donations for there is a waiting list for supplies. 90-92 cents of every \$1.00 donated goes for supplies. Link on the website for information. It was M/S/P to allow them to solicit donations from Lions Clubs.

The Redwing Lions Club is hosting a huge eye glass collection on June 25th. They would like to collect over 100,000 pairs of glasses so they are asking that clubs bring their glasses to the MD5M Convention in April or to Redwing on June 25.

Youth Exchange has added Foundation in their name. Leo's are celebrating 60 years since they formed in 1957 and will celebrating at the USA/Canada Leos Leadership Forum in NY August 2-6.

MD5M- COG- Bemidji MN-

Lions Clubs International is looking to make a name change by removing Clubs from their title. They will be known as Lions International. This will be voted on at International Convention.

PID Brian Sheehan announced that he is seeking 3rd International Vice President position in Las Vegas. Nominations and Demonstrations were held. Voting was held by ballot with Lion Brian receiving 276 votes. PID Brian will not throw his hat into the ring for office until after the Chicago Convention so no endorsement for Lion Brian will be done at this International Convention. PID Brian will need help at the Las Vegas convention to win the vote.

International Convention hosting sites after this year will be: 2018- Las Vegas, 2019- Milan Italy, 2020- Singapore, 2021- Montreal Quebec, 2022- New Delhi India, 2023- Boston MA, 2024- Melbourne Australia. There has been an endorsement to make International Directors a 3 year commitment and not 2 year.

PDG Bill Michl will be running around Lake Superior this summer. The slogan of 2 million steps for 2 million dollars for LCIF.

Due to circumstances, the MOA Centennial Celebration on June 3 has been postponed to Saturday, October 7 at the MOA. More details to come.

Can Do Canines Woofaroo will be held on September 16. Leadership Institute had 62 graduates. Lion Bert Nelson, LCIF Chair is donating \$100.00 to LCIF for every district who has 100% donations from their Lions Clubs. Minnesota Lions vision Foundation is building a new 4 story research building. Lions have the naming rights to this building and will need \$21 million donation to this project.

Winnipeg Manitoba hosts the 2018 MD5M Convention. Vergas Lions Club will host the 2019 MD5M Convention in Mahnomen MN.

Bemidji Convention had 448 full registrations, with 665 Lions participating at convention. 280 participated in the 0-K walk which raised money for Diabetes.

-Lion Cheri Appel, MD5M Public Relations

SUCCESS STORY | Jim

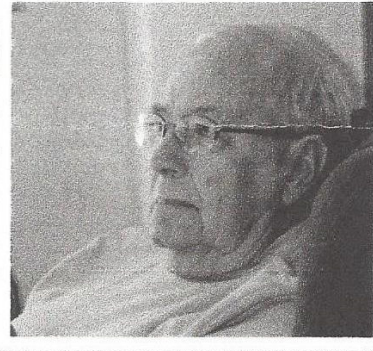


INDEPENDENCE THROUGH ADAPTIVE SKILLS

Jim is an 81-year old Cloquet resident with very low vision due to macular degeneration. He lives with his wife in their own one-story home. Jim also has Parkinson's disease, and his wife has some health and mobility issues as well. It is very important to both of them to continue living in their own home.

Jim is a long-time participant in the Lighthouse Low Vision Support Group, but in 2012, he admitted he was feeling very sad about his vision loss. Through the Lighthouse's Safe at Home with Vision Loss program, he gained the additional training and skills he needed to continue living with his wife in their home.

Ann, an occupational therapist with the Lighthouse, came to Jim's home and talked with him about all that is possible despite vision loss. She showed him that by learning new ways of doing everyday tasks, he could still do things that are important to him.



Jim relaxing at home

Ann assessed his home environment for safety and made recommendations on adapting some appliances. She showed Jim that he can continue to cook safely by applying "bump dots" to the controls on the stove and outdoor barbeque to indicate whether a burner is off or not. He also learned how to safely cut the bread he makes from scratch and how to use a large print address book to keep track of the addresses for friends and family.

More recently, Jim's wife mobility began to decline. He now needs to do more around the house in order to keep them both safe at home. In the fall of 2014, another Lighthouse instructor, Nancy, went to see Jim. Nancy is dually certified as both a vision rehabilitation therapist and an orientation and mobility instructor. She worked with Jim to practice adaptive ways of cooking and cleaning, and also to be able to use a white support cane to walk safely around his home, grocery store and neighborhood. Nancy also taught him how to use a monocular device to be able to read street signs when walking or signs in the grocery store.

Today, Jim and his wife continue to live safely and independently in their own home. His confidence has grown tremendously and he is no longer so sad about his vision loss. To learn more, contact the Lighthouse Center for Vision Loss or visit lcfvl.org.

Also known as the Duluth Lighthouse for the Blind
 4505 West Superior Street • Duluth Minnesota 55807
 Phone (218)624-4828 • Fax (218)624-4479
www.lcfvl.org

CLUBS

Babbitt Lions

The Babbitt Lions donated \$100 to Northeast Range senior class for the all-night grad party.

The Babbitt Lions continue to build ramps. In April, one ramp was removed and a second ramp built. This is over 60 ramps the Lions have built.

Two \$1000 scholarships were given to graduating seniors, one to a boy and one to a girl.

Bemidji Lions

Members of the Bemidji Lions Club had a very busy month. The 5M Multi-District Convention was a great success, with over 600 Lions from the Midwest and Canada attending the event. From the meetings and presentations to the evening entertainment events, the attendees were well satisfied with the convention. The Zero-K walk for Diabetes attracted over 250 participants and was a big hit. Even the weather cooperated by keeping things warm and sunny. Shortly after the convention club members barely had time to relax because of FlapJack Day, held on May 2nd. Over 60 Lions helped flip flapjacks and cook sausages during the 12 hour stint and 450 people were served. Another successful event!! A motion at a recent meeting allowed the club to donate \$100 to a local Boy Scout Troop for the purchase of a flag pole for their use. Another \$100 donation went to an individual boy scout for use in his "Eagle Project". The Bemidji Lions Club continues to show growth with 103 members. Interest is spreading throughout the community to serve and one of the better ways to accomplish this is by joining the Lions Club.



Carlton Lions



2 photos are of donations to VFW \$1000 and Student Science Fair Students \$250

Dryden Lions

M&A Report for April, 2017, Dryden Lions Club Club # 3125

1. April 3... Five Lions accumulated 12.5 Lion Hrs. serving candy floss to 200 students and 30 parents/staff as treats during a Math Games Day put on by New Prospect School. The School served nutritious food...and candy floss, after the participants completed a series of Math Tasks. Cost to the club was minimal (\$68.00). The school sent us a thankyou note plus made a donation to the Dryden Lions.
2. Two Dryden Lions attended the Zone Meeting in Vermilion bay, April 8th.
3. On April 21st, as the beginning of spring cleanup fast approached, one Dryden Lion spent 2.5 hrs. picking up garbage along Hwy 594 as it entered the Dryden City limits. The Club has decided on a similar cleanup hopefully without the threat of snow.
4. Two Lion members attended the MD5M convention on the weekend of April 22nd.
5. Dryden Lions purchased 2 books of tickets for the Blue Jays Weekend at a cost of \$100.00
6. The Dryden Lions Club is now a member of the Dryden Chamber Of Commerce.
7. We had our final 3 draws of the 200 Club. Two draws for \$200 and One for \$500. Another draw begins in the 2017-2018 Lion Year.
8. Peace Poster Contest is coming together. Five schools have committed to participating with the 6th to be confirmed. Six kits have been ordered.

Dryden Trillium Lions

Our club, along with Dryden Lions and Vermilion Bay Lions, made a joint presentation at the Dryden & District Chamber of Commerce Community Information Session on March 27. The new LCI centennial video was shown and each club president spoke about their club within the brief time allotted. We were one of approximately 40 local organizations represented at the event that was designed to inform each other and the public as to what their organization is about and how we can help each other. We had print information available for networking before and after the presentations.



Dryden Trillium Lions celebrated Flag Day and Project Pride with Grade 1 students.

Duluth Lions Club

Duluth Lions Volunteer at the Second Harvest Food Bank Empty Bowl Event!

On April 12, 2017, Duluth Lions Club volunteers helped Second Harvest Northern Lakes Food Bank raise \$57,715 at the 24th Annual Empty Bowl event at the Depot in Duluth. This ensured 150,396 meals to the region in the months ahead.



The total raised since Empty Bowl's start back in 1994 has now climbed to \$1,046,562 and will put the total number of meals provided by Second Harvest from Empty Bowl proceeds to over 3.1 million.



"Once again we are amazed by the support of this 24-year event," said Shaye Moris, Second Harvest Northern Lakes Food Bank's Executive Director. "Just when you think it's time to retire such a long-time community event you see the support and love for this event and think, 'we just have to let it continue.'"

We are grateful to all those who contribute and participate. Together we'll once again put thousands of meals on the table of Northland residents in need."

The Lions volunteered by buttering fresh bread, serving soup, and cleaning up.



After all expenses are factored in, Second Harvest Northern Lakes Food Bank will rescue and distribute enough food for over 150,396 meals for 180 NE Minnesota and NW Wisconsin nonprofit programs and approximately 44,000 people in need due to Empty Bowl 2017.

Second Harvest Northern Lakes Food Bank is the region's only food bank and rescuer of nationally and regionally donated food for 180 non-profit programs and approximately 44,000 people in need throughout NE Minnesota (St. Louis, Carlton, Lake and Cook counties) and NW Wisconsin (Douglas, Bayfield, Ashland and Iron counties).



In addition to providing food to other non-profit programs, Second Harvest provides service to over 3,300 people per month as part of its Hermantown Area Food Shelf, Mobile Food Pantry, Nutrition Assistance Program for Seniors (NAP) and Backpack Programs for which the Duluth Club also volunteers.



Greenway Lions

The Greenway Lions Club # 2838 visited the Can Do Canines facility at New Hope, Minnesota and took their tour. Attendees were Elmer Purdy, Edna Kalmi, Lisa Vekich, Tara DeGuisseppi, Jim Polo, Loren Solberg, Steve Hofer and Charlotte Britney. We met some of the training dogs, and clients. It was all very emotional and inspiring. Our club made a donation of \$2000.

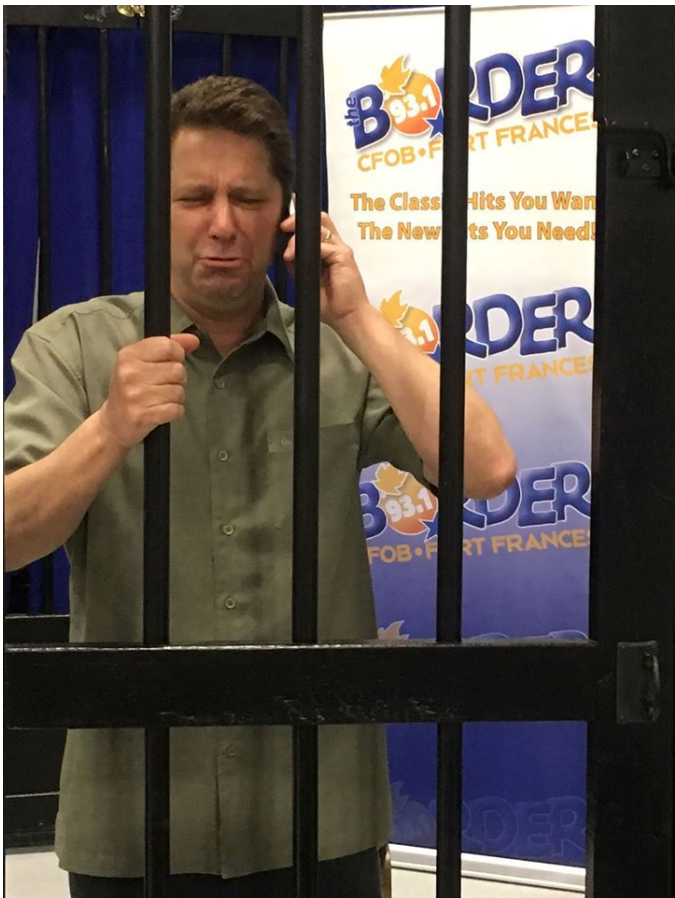
Attachment one is photo with presentation of the checks with a Can Do Canine representative.



Voyageur Lions

The Voyageur Lions annual Bail or Jail was another successful event with 12 convicts, one dog, and one bail jumper rounded up. The club raised \$6000.00 to support community needs. Some mugshots attached.

The Voyageur Lions Centennial Legacy Project producing results. Pictured Lion Johnathan Price, Lion Wayne Lundstrom and Lion Bill Michl sorting and bagging cans.



Thanks to the participants, sponsors and those who put up bail money. Keep bringing in those cans!!!!

See you at the next Multiple Convention



