



L10News

April, 2018



2017-2018 International President

Innovation: We're the King of the Jungle



Not bound by the chains of the past, emboldened by its aura of freedom, America a century ago was an incubator of innovation. There was jazz. The Broadway musical. And, a social movement, Lions Clubs, the first group of any stature to dedicate itself to community service.

As Lions grew in numbers and influence, we were wonderfully open to new ideas, new ways of doing things. Lions didn't always conceive of an intriguing original idea, but we quickly adopted it and helped popularize it: service dogs for the blind, eye banks and the white cane. To get where we wanted to go, to serve efficiently and broadly, Lions did not ever hesitate to do things differently and creatively.

The spirit of innovation continues to be a hallmark of clubs, districts and Lions Clubs International. Whether it's a homeless shelter that provides vocational training for children, raising awareness of the need to recycle through a Trash Fashion Show or, ingeniously, making lawn decorations such as pumpkins and snowmen out of beetle-killed trees to raise money, Lions refuse to simply replicate worn-out service methods but instead invigorate communities with fun, clever and inspiring events and activities that help those in need.

This being the digital age, our innovation extends to social media and smartphones. MyLion, a world-class mobile app, is dramatically changing the way we serve and communicate. It's a brave new world indeed, and Lions are courageously blazing new digital trails. The world is speeding up, spinning faster and increasingly becoming a true global village. MyLion puts us in the heart of the town square, able to be a linchpin of social improvement, thanks to our communication prowess.

All of this leads me to ask: how is your club doing? If it works for you, keep doing it. If you know you can do better, be brave and be innovative. After all, being daring is part of our Lion DNA. It's a cliché, but we are the king of the jungle, distinguished by our courage to stride fearlessly forward. I wish you the best this year in your service and know, based on a century of success, that as Lions you will reach your goals.

Naresh Aggarwal

Lions Clubs International President



More than 29 million people in the United States are living with diabetes—a growing number that includes 340,000 people in Minnesota alone. Unfortunately, that number is on the rise.

Join us at the annual Minnesota Lions Diabetes Research Update to hear from University of Minnesota scientists, who are conducting leading-edge research aimed at both preventing and curing diabetes. Learn how these scientists, funded by the Lions Diabetes Research Foundation, are making a direct impact in our community, state, and beyond.

Following the research presentations, guests will have the chance to interact with the scientists one on one, learn more about their research, and ask questions.

Saturday, March 24, 2018

11 a.m. Registration

11:30 a.m. Lunch and program

1 p.m. Meet and greet with scientists

McNamara Alumni Center

University of Minnesota

200 Oak Street SE

Minneapolis, Minnesota

Faculty Research Presentations:



David Bernlohr, Ph.D., Research on the role of calcium in insulin action that could lead to a new drug for treating type 2 diabetes



Brian Fife, Ph.D., How blocking the body's immune pathway could stop the immune attack on islet cells



Michael Garwood, Ph.D., Advances in viewing transplanted islets inside the body pre- and post-transplant

Bernhard Hering, M.D., Discoveries in pig islet research that could lead to a cure

RSVP by Wednesday, March 14:

RSVP online at www.rsvp.umn.edu/Lions2018

Please contact Brittany Christenson at chri3187@umn.edu or 612-624-0893 with any questions.
A confirmation letter, including parking information, will be sent prior to event.



DREAM CATCHER NEWSLETTER



MN Lions Diabetes Foundation, Inc.

“Catch the Dream: Life Without Diabetes!”



www.mnlionsdiabetes.org



Spring 2018 Edition

FEATURED

Ninth Annual Minnesota Lions Diabetes Research Update March 24, 2018

Hosted by the University of Minnesota Foundation and Minnesota Lions Diabetes Foundation, Inc.

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Lions Legacy Golf Tournament

Saturday, June 23rd, 2018

Kitchen Creek Golf Course - 9:00 a.m.



~ WIN A CAR!!
with a Hole in One!

- ~ Putting Contests
- ~ Driving Contests
- ~ FUN Contests
- ~ PRIZES for ALL



Cost: \$100. each
or \$400. a team

To Register CALL:

David Beach @ 276-0464
davebeach321@gmail.com

Rick McDougall
@ 807-274-7848



PRESENTED BY:

Fort Frances Lions Club

Fort Frances Voyageur Lions Club

Entry includes 18 holes of golf, cart & supper.

ALL proceeds to go to District Charities:
KidSport / Special Olympics

LIMITED TO FIRST 36 paid TEAMS!



Vermilion Bay Lions Club Gourmet Mother's Day Breakfast

Everything made from scratch!

*Sunday May 13th, 9am - 12pm
Vermilion Bay Lions Hall*

Menu

2 Types of Pancakes

- Camp Style Flapjacks
- Finnish Pancakes

With a choice of fresh toppings

- Homemade Syrup
- Whipped Cream
- Fresh Cut Fruit

Wall's Local Pork Sausages

Cf, Coffee, or Tea

\$10 per person
\$5 Age 6 and under



FREE DRAW FOR
ALL MOTHERS

Babbitt Lions

A donation of \$100 was given to Northeast Range School for the all-night grad party.

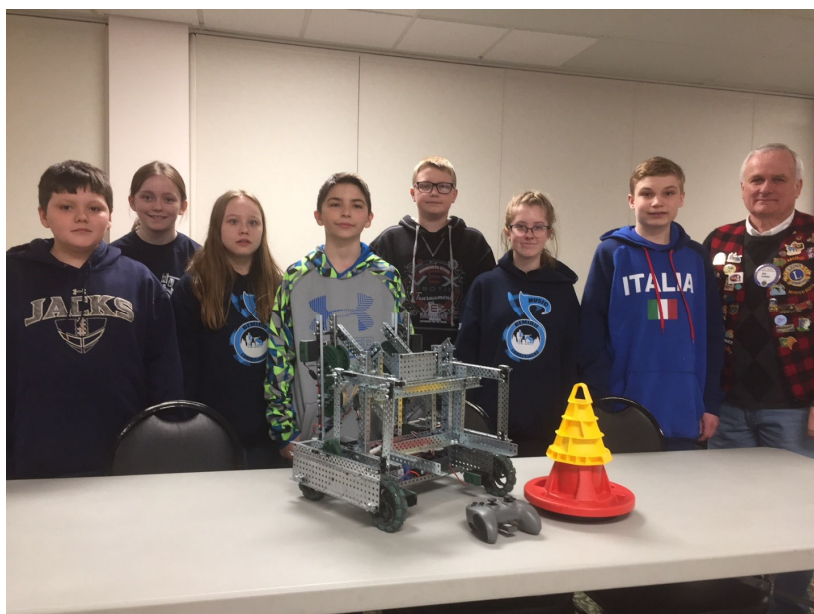
\$500 was given to two scholarship recipients as the second part of their \$1000 scholarships

The art teacher from Northeast school attended the meeting on March 22. She gave a presentation on the Peace Poster Project along with a video of students telling what peace meant to them.

Bemidji Lions

The Bemidji Lions Club were involved with several activities during the past month and gave out three donations to local organizations. These donations included \$500 to the Mississippi Headwaters Music and Arts Center, \$250 dollars to help fund a trip to the International Robotics Competition which several Middle School Students will be competing in, and \$500 to the Bemidji Public Library. Since March was “Food Shelf Month” club members brought in nearly 50 pounds of non-perishable food items which was then given to the local Food Shelf. Some members opted to give cash, which was also turned over to the Food Shelf to buy food. Several club members helped during the annual “Lions Club Invitational Track Meet” which was held this past month. Numerous school districts throughout northern Minnesota competed in several events and Lions were there to assist with the various events. The club also feed brats and refreshments to the track coaches and assistants throughout the day. The “100th” member of the club was inducted during March and since then another application has been received by the secretary. Recruiting new members for the club is a top priority, along with increasing the percentage of females in our club. The month of April holds two big events for the club. They are the annual FlapJack Day on the 17th and the Spring Fling on the 26th. Have a great spring—if it ever arrives. –

--Secretary Leon Nelson



Robotics Competition

Here are some pictures of the recent Lions event, a pool party put on for I Falls and Fort Frances children with autism. This event was put on by the Intl Falls club.

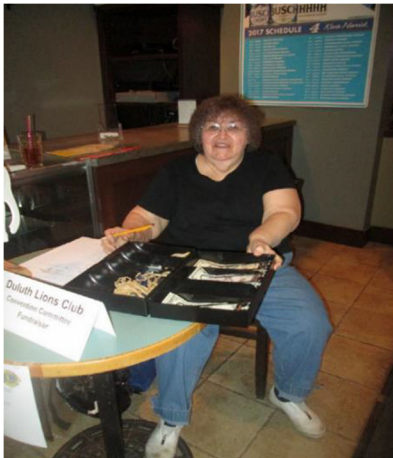


Duluth Lions Club

February and March Projects and Activities!

White Elephant Sale

The weather may have delayed our annual Lions White Elephant Sale usually held in January, but it didn't put a damper on the enthusiasm of those who attended. The event was held on February 15th.



Lion Sandy Palmer working registration.

With the goal of raising funds to help defer costs for those members who wish to attend the District 5M- 10 Midwinter and the 5M Multiple Convention, we raised \$382.00 this year.



Delicious baked goods were donated by Lion Esther Schroeder.

The evening included a silent auction, live auction, raffle game and dinner! Hats off to the Incline Bowling Station for hosting our club and for presenting our club with a

\$1,000 donation to help those in need in our community. This was such a surprise and very much appreciated! Our sincere thanks to Tim and Tracy Sorensen.



Lions Ron Roscoe, Ron Stanius and Rich Williams take a break from the bidding action!



Lions Anne Holy and Esther Schroeder look over items in the silent auction.



Lion Secretary Pat Swenson and Lion President Barb Oswell pose during the festivities!

A Lions thank you to everyone who donated items for the silent and live auction as well as all the prize donations for the raffle game.

The committee made sure any donated silent auction items not purchased at the event went home with a Lions member during the following Tuesday lunch meeting.

Duluth Lions Volunteer at Cub Foods Diabetes Alert Day

Duluth Lions volunteered at Diabetes Alert! Day at Cub Foods on Sunday, March 25th. The event was sponsored by Cub Pharmacy, YMCA, Healthy Northland, and the MN Department of Health.

Raising awareness of Type 2 Diabetes, the event helped shoppers *Get tested...Get answers...Get support* by visiting the Healthy Living and Pharmacy stations. Our appreciation to our Diabetes Chair, Lion Larry Winner, and everyone who volunteered.



So we're off to a great start for another successful Pancake Day! This year we will offer fresh, made-to-order gluten-free pancakes. Thanks to Nancy Stanius (Lion Ron's wife) for volunteering her recipe and cooking talents!

A Flippin' Good Time

On March 6th, we held our 2018 Pancake Day KICK OFF. Thanks to Pancake Chair Lion Pat Swenson and her entire team for their hours of planning and the fun that lies ahead.

During the event, we honed our ticket sales strategy and had a great time competing and showing off our pancake flipping skills. Judges decision? Practice, Practice, Practice!



SAVE THE DATE: THURSDAY, MAY 3RD 2018!

Ignace Lions

Ignace Lions Club hosted the Lions Zone meeting on Saturday April 7, 2018

A great time was had by the 35 Lions members and prospective Lions members.

A lot of great information sharing regarding all the projects our area clubs have committed too.



See Vermilion Bay Lions following Can Do Canines, plus a report from Emo Lions.

Public Relations Survey

This is a questionnaire for all of the District PR in Lions MD5M. It is to determine the usage of PR in your District and your contributions to this area. The results will be presented to the Council of Governors.

1. As District PR did you set goals for yourself to accomplish this past year? If so, what were some of the goals?

_____ Did you follow the

Multiple goal guide that was sent out at the beginning of your PR year? _____

Which goals did you accomplish?

A. Sent out letters to all Club Presidents & Secretaries in your district to promote your Mid-Winter convention?

_____ How many clubs did you send to? _____

B. Did you do a booth at your Mid-Winter promoting Public Relations? _____

What information did you provide at your booth? _____

C. Did you send out pictures and articles to area newspapers for the winners of the District International award winners from your Mid-Winter Convention? ____ If not, why?

2. Did you contribute any articles or information to your District Newsletter? _____

What information did you provide? Brief explanation _____

3. If you could change 1 thing about PR, what would it be? _____

How would you accomplish this? _____

4. What help do you wish that the Multiple would supply to you to make your job easier? _____

5. Do you feel you were able to easily acquire information from LCI? _____ If not, what problems did you have in looking for the information that you needed? _____

6. What changes do you feel needs to be made to the MD5M PR area to make it stronger and work better with District PR Chairs and all Lions Clubs? _____

PLEASE fill out the this survey and return immediately to Lion Cheri Appel, MD5M PR Chair, leppa73@mnval.net Thank you!



In March, Can Do Canines attended the Capitol to support legislation that would make fake service dogs illegal. Accompanied by two Can Do Canines graduates, executive director, Al Peters, and the graduates testified as to why fake service dogs should be illegal. [MPR covered the legislation in depth.](#)

Can Do Canines also created a [petition](#) that called for the Governor and Minnesota Legislature to institute legislation that would make it illegal to have a fake service dog. So far, it has received more than 2,600 signatures from fellow Minnesotans who agree that fake service dogs are harmful. Share your voice and sign the petition to make it known that Minnesotans are against fake service dogs.

Vermilion Bay Lions

Several of our members have been screening at the schools in our Zone – Kenora, Ear Falls, Eagle Lake First Nations along with Lion Shirley Koroniak in the past couple of months. Plans for going to Pickle Lake are in the works.

Our cadet program is ongoing with one cadet going for an exchange in New Zealand and another receiving a gliding scholarship.

Renovations to our Lions Hall are continuing with new flooring and outside walls being underway. Several funerals have been held at the hall where our members have made the lunches and serve the guests.

Several of our members attended the Zone meeting in Ignace. In March we held a St. Patrick's Day dinner and plans are underway for a Mother's Day and Father's Day Breakfast as well as July 1 Fish Fry. Our annual senior's dinner is May 6 held at the Lions hall for all Machin, Waldhof, Quibell, Blue Lake, Red Lake Road residents. Usually we serve from 100 – 120 people at this dinner. Our windup is scheduled for June 28th.

The Vermilion Bay Lions Club has their own website www.vermilionbaylions.org. Also like us on our Facebook page. Please visit the site as there are links to all the Lions Charities as well as Lions Clubs International. www.lionsclubs.org

Hall rentals contact Al Koroniak 220-1107 Use of medical equipment- hospital beds, walkers, wheel chairs for information contact Gary Hutchison 227-2449

Emo and District Lions

The Emo and District Lions are looking for a local student (ages 7 – 15) who has type 1 Diabetes. The club is willing to sponsor one camper to attend Briardale Camp on Lake of the Woods. For more information about the camp and to complete an online application please go to <http://dcamps.ca/Summer-Camps/Camp-Briardale.aspx> on the internet. If you plan on applying please contact the club at ogilviedave@gmail.com for more information. Parents will be responsible for taking their camper to the pickup point in Winnipeg. If you know of a child in Northwestern Ontario who has type 1 diabetes please have them contact the club.

If any clubs in Canada hear of a student who would qualify, please contact me - ogilviedave@gmail.com



The public is invited to take part in the Dog Guides for Canadians annual Dog Walk. Walks will take place in Emo, Fort Frances, Atikokan and many other communities across Northwestern Ontario. Organized by the Lions of the various communities, these events are being held to help those who need the assistance of a Dog Guide.



Canadian Clubs promote your clubs and the Dog Walks in your community. Get the press involved and invite everyone with or without a dog to take part. Let's raise a huge amount for Dog Guides of Canada.

CONVENTION AND HOTEL RESERVATION FORM
LIONS CLUBS 101ST INTERNATIONAL CONVENTION
 Las Vegas, Nevada USA • Friday, June 29 – Tuesday, July 3, 2018



DEADLINES MAY 1, 2018:

• Deadline for advance registration and hotel reservation. (Registrations after this date will be processed in Las Vegas). • Deadline to submit a refund request for registration, housing and/or ticketed event cancellation.

REGISTRANT INFORMATION: Please type or print name as it appears on passport/photo ID.

First Name/ Family (Last) Name Badge/Call Name

Address

City State Postal Code Country

Daytime Phone E-mail

Lion Lioness Alpha Leo Omega Leo Adult Guest Club No. Membership No. District Title

COMPANION: First Name/ Family (Last) Name Badge/Call Name

Lion Lioness Alpha Leo Omega Leo Adult Guest Club No. Membership No. District Title

CHILD: First Name/ Family (Last) Name Age Alpha Leo

PACKAGE A:

Includes convention registration for each registrant listed above plus one (1) hotel room serviced by shuttle buses during convention.

Before January 12, 2018 Reservation in delegation hotel
 After January 12, 2018 I prefer my delegation hotel Prefer another hotel

Hotel Name

Arrival Day/Date Departure Day/Date

Number of Guests in Room _____ Number of Beds Needed 1 2

Special Requirements: Non-smoking Wheelchair Accessible Other

The Hotel deposit is US\$200 per room. Your deposit will be credited to your hotel bill at checkout.

PACKAGE B:

NO ROOM REQUIRED (Registration only for each person listed above.)

OPTIONAL TICKETED EVENTS

I/we plan to attend the following event(s): (Must be registered to attend)

EVENT: MELVIN JONES FELLOW LUNCHEON

DATE/TIME	FEE	QUANTITY	AMOUNT DUE
July 2/ 13:30-15:00	US \$75	_____	\$_____

EVENT: DISTRICT GOVERNOR/PAST DISTRICT GOVERNOR BANQUET

DATE/TIME	FEE	QUANTITY	AMOUNT DUE
July 2/ 20:00-22:00	US \$135	_____	\$_____

SERVICE PROJECTS IN LAS VEGAS

I am interested in participating in a hands-on community service project during the Las Vegas International Convention. Further details on registering for service projects will be sent to you in the coming months.

PAYMENT: Full payment is required with this form. US currency only. Checks and money orders must be drawn on US banks. Visa, MasterCard & Discover cards accepted.

REGISTRATION FEES:	Adult	Child (17 and under)/Alpha Leo	Omega Leo	PACKAGE A:	PACKAGE B:
EARLY (Before January 12, 2018)	US\$150	US\$20	US\$100	Registrations: US\$ _____	Registrations: US\$ _____
REGULAR (January 13 through March 31, 2018)	US\$200	US\$20	US\$100	Ticketed Events: US\$ _____	Ticketed Events: US\$ _____
LATE (April 1, 2018 – onsite)	US\$225	US\$20	US\$100	Hotel Deposit: US\$ 200.00	
				Total Due: US\$ _____	Total Due: US\$ _____

Check # _____ Wire transfer (payment slip must be attached to this form) Visa MasterCard Discover

Name as it appears on card

Credit card must be in the name of the registrant.

Card Number

Expires Month/Year

Security code (3 digits)

X

Cardholder Signature

Join MD5M in celebrating 100 years of service



Sunday, June 10, 2018
8:00am - 10:00pm

Anoka County Fair Grounds
3300 St. Francis Blvd
ANOKA, MN 55303

MD5M100years@gmail.com

Centennial Celebration



- World's Largest Pancake Breakfast
- Live Bands
- Service projects (more information to come!)

Diabetes

Environment

Hunger

Vision

Pediatric Cancer



Come and meet our MD5M candidate for 3rd Vice President of Lions Clubs International