



# L10News

May, 2018



My year as District Governor is coming to an end. This year has flown by for Phyllis and me. It was great to visit the Lions Clubs in our District and meeting so many great Lions. For the last 2 years almost half our clubs received a Club Excellence Award. Remember to get those applications to me as soon as possible after July 1. I must send them in by August 31. The application can be found on the LCI homepage by searching "Club Excellence Award".

Also a reminder to get the voting done for next year's officers and enter them on MYLCI. In order to get them in next year's directory they should be entered about June 1<sup>st</sup>.

This year the twelve District Governors were asked to nominate a Lion from their District to receive a Melvin Jones Fellow award. There are 21,881 Lions in the multiple and only one award was given out. At our last Cabinet meeting I was happy to give the Melvin Jones Fellow Award to Duluth Lion Marie Pank. Congratulations to her for being a fantastic Lion and serving our District so well.



### Musings of your DGE.....

It has been a busy few months and it will continue to be busy for many months to come! We had an awesome time at Multiple Convention...Congrats to the Winnipeg Crew for a great job done!

It was a privilege to have the company of an amazing women in Lions...the first ever female International President of Lions International, Gudrun Yngvadottir, PID and Milan candidate for 3<sup>rd</sup> VP Patti Hill and last but not least the Lady Lion DGE's of MD5M. It challenges us all as a goal for the District...Ladies in Lions ...let's do our part 5M10!

Our DGE team has been working hard on plans for District goals, District training for our Zone and Region Chairs was held for the 1<sup>st</sup> time ever before the new year even began!!

We have training for officers happening on May 26<sup>th</sup> in Vermillion Bay and 2 other trainings being planned in both the east and west ends of the USA regions of 5M10.

Our outgoing Cabinet members were formally awarded for their outstanding contributions to the District at our last cabinet meeting and some of our new Cabinet

members mentored at this meeting as well. We look forward to them mentoring as an ongoing basis as we bring new Lions in to Cabinet to increase our pool of potential future DGs...

Our district had a few scary days the past few weeks falling below 1200 members for the 1<sup>st</sup> time in a very long while. Thanks to those clubs who have recruited members and have us back up over 1200 today.

We are sure that this trend will continue in the weeks



and months to come as our DG team shares the District goals that we hope to achieve...these are the goals that clubs and members of 5M10 brought to the forefront, goals that mirror the strategic plan for 5M10's excellence

in Lions.

We will have some exciting news to share in June...we look forward to our upcoming year and fulfilling



"Where there is a need in 5M10...there is a Lion"...

...Yours in Service,  
Lion Joanne

# Lions Legacy Golf Tournament

## Saturday, June 23rd, 2018

**Kitchen Creek Golf Course - 9:00 a.m.**



**~ WIN A CAR!!**  
with a Hole in One!

- Putting Contests
- Driving Contests
- FUN Contests
- PRIZES for ALL



**Cost: \$100. each**  
**or \$400. a team**

**To Register CALL:**

David Beach @ 276-0464  
davebeach321@gmail.com

Rick McDougall  
@ 807-274-7848



**PRESENTED BY:**

**Fort Frances Lions Club**

**Fort Frances Voyageur Lions Club**

Entry includes 18 holes of golf, cart & supper.

**ALL proceeds to go to District Charities:**  
**KidSport / Special Olympics**

**LIMITED TO FIRST 36 paid TEAMS!**

**What a great day for KidSight and local area Lions as members from Carlton and Area Lions received training on use of the camera and screening and reporting procedures for KidSight.**



**Help enlisted from the district included 5M10 USA and Canada KidSight coordinators**

**Jim Molde and Joanne Ogden.**

**A huge thanks to FDL HeadStart and the awesome members from the Carlton Club who assisted to make this a huge success in identifying kids that needed a referral to the "Eye Doc"**

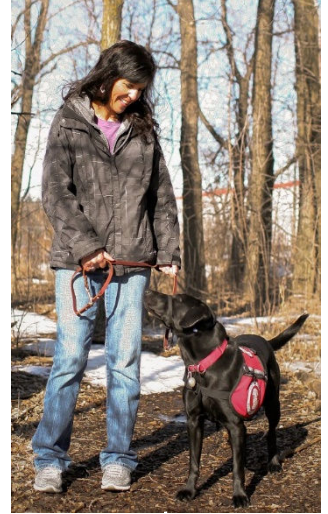
Hi fellow Lions,

I want to tell you about Karen and her Diabetes Assist Dog, Tavi.

Imagine having a life-threatening condition that strikes hard and fast, leaving you struggling to walk and talk. Would you feel confident enough to even leave your home? Karen Kelly wasn't.

That's where our Diabetes Assist Dogs like Karen's dog, Tavi, come in; they save lives every day. A Diabetes Assist Dog alerts their human partner to a low blood sugar level before it is dangerous and could lead to a loss of consciousness.

At Can Do Canines, we are committed to providing life-saving assistance dogs free of charge to those who are already living with an expensive medical condition. Other organizations charge thousands of dollars.



**BUT, we have a waiting list right now, and need additional support to place more dogs and save more lives this year, just like Karen and Tavi!**

Tavi helps Karen by alerting her to low blood sugar levels so that she doesn't suffer from the effects of hypoglycemia (shakiness, confusion, fainting, or even seizures).

Before Tavi, Karen had an assistance dog named Joy. Karen came to rely on Joy's help to stay safe, so Karen went straight to the top of Can-Do-Canine's waiting list for her second dog.

Because of Can-Do-Canines donors, we have been able to place 52 Diabetes Assist Dogs with clients, just like Tavi and Karen, in Minnesota and Wisconsin since 2009.

**We need your support to place more dogs with people on the waiting list—and to save more lives.**

**If you give today, your support will go twice as far! A generous donor has offered matching funds for online gifts this spring, and there is still \$4,335 available!**

I hope you consider helping Can Do Canine to train more life-saving assistance dogs today.

Sincerely,

Lion Bob Woodke  
5M10 Can Do Canines Chair

# Join MD5M in celebrating 100 years of service



Sunday, June 10, 2018  
8:00am - 10:00pm

Anoka County Fair Grounds  
3300 St. Francis Blvd  
ANOKA, MN 55303

MD5M100years@gmail.com

Centennial Celebration



- World's Largest Pancake Breakfast
- Live Bands
- Service projects (more information to come!)

Diabetes

Environment

Hunger

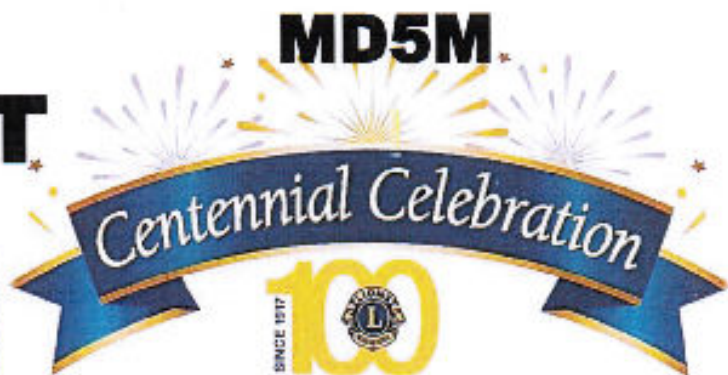
Vision

Pediatric Cancer



Come and meet our MD5M candidate for 3rd Vice President of Lions Clubs International

# JOIN US in celebrating PANCAKE BREAKFAST



**SUNDAY, JUNE 10, 2018**  
**Anoka County Fairgrounds**  
**3300 St. Francis Blvd.**  
**Anoka, MN 55303**

## SPONSORS



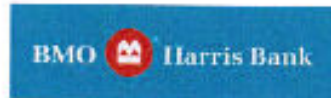
2<sup>nd</sup> Century Bank



KRUSTEAZ



FREE Diabetes Screening  
& Blood Pressure Checks



**Serving**  
**8A.M. - 2P.M.**  
**Tickets**

**\$7** in advance

**\$8** at the door

Children 4 and under are  
free with paid adult.

Lion Clubs support various organizations and individuals throughout the community, including, sight, hearing, diabetes and youth needs.



**FREE**  
**Kid Sight Screening**  
**6 Months to 6 Years**



## Why volunteer with Diabetes Canada?

Diabetes and prediabetes affect more than 10 million Canadians and Diabetes Canada seeks to decrease the impact of diabetes by:

- supporting those living with diabetes,
- supporting those helping people living with diabetes, and
- helping those at risk of type 2 diabetes avoid it whenever possible.

Volunteering with Diabetes Canada gives you a chance to contribute to lives of people affected by diabetes – perhaps those close to you, in your community, or even at the national level. You join a team of committed, generous people who are making a difference.

We offer a variety of volunteer opportunities, working to match your skills, interests and availability to the right role for you.

We are grateful for the generosity of our volunteers - without their help, we could not help the millions of Canadians affected by diabetes.



For nearly 70 years, Diabetes Canada has provided children living with type 1 diabetes the opportunity to enjoy authentic camp experiences.



# Public Relations

Need something to put in your local newspaper to attract new members? Check out the webpage - <http://www.lionsclubs.org/EN/who-we-are/contact-us/public-relations.php>

Or use this ad!

1/2P Courant ad:Layout 1 9/25/08 3:12 PM Page 1



# We are Lions.



WE ARE GLOBAL

WE SERVE WHERE WE LIVE

WE ARE IN GOOD COMPANY

*For people around the world, Lions clubs answer the question: "who can we get to help us?" Think of us as organized good.*

**Volunteer in your community.**

For more information, go to [www.lionsclubs.org](http://www.lionsclubs.org)

## VOLUNTEERS NEEDED AT

# SPECIAL OLYMPICS OPENING EYES

*Special Olympics Minnesota Summer Games is at the University of St. Thomas from June 22-24.*

For the first time, the University of St. Thomas will host the annual Special Olympics Minnesota Summer Games! Roughly 3,500 athletes will be competing in basketball, track and field, swimming and gymnastics throughout the weekend. Outside of competition, there will be entertainment in Victory Village, health screenings for athletes, Celebration Ceremonies, arts and crafts, bingo, evening activities, and visits from local pro-sports mascots! Summer Games is open to the public and family friendly!

The Lions have played a major part in this competition for many years, and will once again host the Opening Eyes screening. As part of the Healthy Athletes program offerings, Opening Eyes provides a complete eye exam, conducted by eye doctors and eye care professionals. During the Opening Eyes screening, Athletes have the opportunity to receive new eye glasses, sunglasses or sports goggles, free of charge! Opening Eyes is presented by Lions Club International.

Opening Eyes in Minnesota was first undertaken by Lions Clubs of 5M5, but we need you to make this screening happen! Opening Eyes volunteers directly impact the health of SOMN Athletes! Volunteers will also have the opportunity to meet and interact with Special Olympics Minnesota Athletes, and also meet Lions from other clubs and other districts. Volunteers will receive a Summer Games Volunteer t-shirt and Volunteers working over six hours will also receive a complimentary lunch.



- Friday, June 22, 2:30 pm - 6:00 pm (event set up)
- Saturday, June 23, 8:15 am - 1:00 pm
- Saturday, June 23, 12:00 pm - 4:30 pm
- Sunday, June 24, 8:15 am - 1:30 pm

**Lions Club volunteers are needed for a number of roles, including:**

- Assisting doctors
- Conducting initial eye chart exam
- Directing and escorting athletes
- Athlete registration

TO REGISTER VISIT:

**[SOMN.ORG/LIONSCLUB](http://SOMN.ORG/LIONSCLUB)**

Join us June 2, 2018 for the  
**Seventh Annual D-FEET Hearing Loss Fundraiser Walk**



**Event Details:**

**June 2, 2018**

**9:30 a.m.**

**Landscape Arboretum  
 Chaska, MN**

With your \$25.00 registration/donation you receive:

- Entrance to the Landscape Arboretum for the day
- Event t-shirt
- Lunch (including root-beer floats)
- Featuring the Teddy Bear Band
- Lots of children's activities, games & prizes
- Fun for families of all ages
- Great Club Activity Event
- A chance to change a child's life through your \$25.00 registration/donation

**Kids 12 &  
 Under get  
 in free!**

**Bring the whole family for a day of fun for all ages!!!!**

**MARK  
 YOUR  
 CALENDARS!  
 June 2, 2018**

**FEATURING:**



**Dance to the  
 Teddy Bear Band  
 while having fun  
 with Goldy!!!**



Visit us for more info at: [www.5mhf.org](http://www.5mhf.org)



# CLUBS

## Duluth Lions Club

### Duluth Lions Spring into Service!

#### Joined the First Annual Walk for Sight

On April 7<sup>th</sup>, the UMD Campus Club hosted a “Walk for Sight” at their Fieldhouse. In addition to the UMD Campus Club members, Lions, Leos, Girls Scouts and families volunteered.



The purpose of the walk was to raise awareness of the need for regular vision screening and raise money to fund the vision screener that will be donated to the Duluth Public Schools.



The vision screener project is a Girl Scout initiative which raised the necessary funds to purchase the screener, printer and accessories. Lion Marie Pank holds a leadership role in Girl Scouts and two of the Girl Scouts are Duluth Centennial Leos. Partners who contributed

funds were: The Duluth Lions Club, Essentia Health Foundation, Miller Dwan Foundation and Northland Foundation.

During our April 24<sup>th</sup> club meeting, we celebrated the completion of this amazing fundraising project by presenting the Duluth Schools with the new vision screener along with all the extras. Thank you Sight Committee, Girls Scouts/Leos, Duluth Lions, and the UMD Campus Club for coordinating, contributing and developing the vital partnerships as well as this presentation event.



## Volunteered at the Second Harvest Food Bank Empty Bowl Event!

On April 17<sup>th</sup>, Duluth Lions Club volunteers helped Second Harvest Northern Lakes Food Bank raise money at the 25th Annual Empty Bowl event at the Depot in Duluth. Lions buttered bread, served soup and helped clean up.



The event has helped feed millions of families over the years, according to Shaye Moris, executive director.

After all expenses are factored in, Second Harvest Northern Lakes Food Bank will rescue and distribute enough food for over 150,396 meals for 180 NE Minnesota and NW Wisconsin nonprofit programs and approximately 44,000 people in need.

Second Harvest Northern Lakes Food Bank is the region's only food bank and rescuer of nationally and regionally donated food for people in need throughout NE Minnesota (St. Louis, Carlton, Lake and Cook counties) and NW Wisconsin (Douglas, Bayfield, Ashland and Iron counties).

## Offered Vision Screening at Northland Wellness Days

Duluth Lions participated in the Northland Community Wellness Day event on April 14<sup>th</sup> and offered vision screening to all those who attended.

The event is committed to providing a free and inclusive community event that highlights local wellness resources and services through interactive exhibits, workshops and family friendly activities.

## Raised Awareness of Diabetes at Walmart Wellness Days

Lions International added Diabetes to the Global Service Framework in 2017. It is one of the five service areas Lions are working on. They set a goal of increasing diabetes service projects by 5%.

On April 21<sup>st</sup>, Duluth Lions partnered with the American Diabetes Association and Walmart and volunteered at Hermantown Walmart to be greeters, raise awareness of the disease and promote the Walmart pharmacy's free wellness screenings.



## BEMIDJI LIONS

The Bemidji Lions Club has been busy over the past 4 weeks. On April 17<sup>th</sup> the club held their annual “Flap Jack” day and fed over 630 hungry citizens of the community. Lions worked from 7 a.m. to 7 p.m. and made several thousand dollars for their endeavor. On the 26<sup>th</sup> of April members enjoyed an evening together as they celebrated the past year with a “Spring Fling”. A delicious meal was served to those in attendance and the highlight of the evening was presentation of awards to the women in the club. During the past month several donations were given out by the club, including \$750 to the local Girl Scouts and \$750 to the Bemidji 4H Club. Lions were present at a recent Blood Drive, giving assistance to incoming donors and helped at a “Clean Up” day at Oak Hills Bible Camp. On April 21<sup>st</sup>, several Lions from the club were present at “Wellness Day”, held at the local Walmart store. This event focused on Diabetes screening and awareness. Another activity which proved successful was “Kids Sight” held at a local Bemidji church. Over 50 kids were screened by testing their eyesight and other vision related problems. Outside of these activities, the Bemidji Lions Club welcomed into the club their 105<sup>th</sup> member. The club continues to grow as we head into the busy summer season. – Leon Nelson/Club Secretary



**SPRING FLING IN BEMIDJI**

## IGNACE LIONS



The Ignace Lions Club hosted the lions Zone meeting on April 7th. It was great for our members to meet and engage with other Lions members in the district.

Our small club continues to do its community projects such as the Assistants for Travel Grants, loaning if medical equipment, and building of ramps.

Our club received a donation from the NWMO to assist with the building of a new ramp. As well our local municipality through a "Community Wellbeing Grant" has donated funds to the club to assist with their community projects.

And now that spring is here we have 2 more ramps to build and install.

## DRYDEN TRILLIUM LIONS

Dryden Trillium Lions Club – #53070 - Activity Report for April, 2018

- Inducted one new member at our general meeting.
- Elected a full slate of officers for the Lions year 2018-19!
- Four members attended the Zone Meeting in Ignace on April 7, 2018.
- Three members attended the 99<sup>th</sup> annual MD5M Convention in Winnipeg MB on April 13-15, 2018. The hospitality was warm, convention speakers were first rate and we were delighted to have a photo op and brief chat with Vice President Lion Gudrun Yngvadottir.
- We donated \$80 worth of hamburger to the Dryden Food Bank
- Trillium Lions delivered 15 Meals on Wheels on April 21-22, 2018.
- Four travel grant advances were paid out in the amount of \$1,417 and \$400 to a young boy to travel to Diabetes Camp in August.

Trillium Lions joined other Lions attending the Convention in a guided tour of the Lions Eye Bank of Manitoba & Northwestern Ontario located at Misericordia Health Centre. Our knowledgeable tour leader guided us through the thoughtfully designed space that provides exceptional care to patients from a wide area. Our guide described the technology and highlighted the importance of becoming an eye donor. She also emphasized and thanked the contributions of Lions in 5M10.



**On the right: President Susan Schultz presides over the induction of new lion Kathy Doherty sponsored by Lion Tammy Wheatley.**

**On the left: Lions Susan Schultz, Jackie Mitchell and Bernice Braid present Canadian flags to Grade 1 students at New Prospect School for Flag Day.**

## **EMO LIONS**



**The umbrellas are up, flowers are to be planted soon and the pathway leading to our observation deck is going to be packed down.**



**The Lion's Share Grocery Raffle was a huge success again this year.**

**Our first prize winners were unable to attend this morning but they will pick up their \$5200 in grocery vouchers this week.**

**Our second and third prize winners were presented this am at Cloverleaf by Emo and District president Jodi Caul. Congrats to all and thanks to all for helping us help our District!**



**There will be Pet Valu walks for Dog Guides of Canada in Emo, Fort Frances and other locations around the district. Get your dog ready, collect pledges and turn out for the walk on May 27<sup>th</sup>. Come and walk even if you don't have a dog. It's for a good cause.**



## Looking for Lions and LEOs to play Unified (Doubles) Bocce

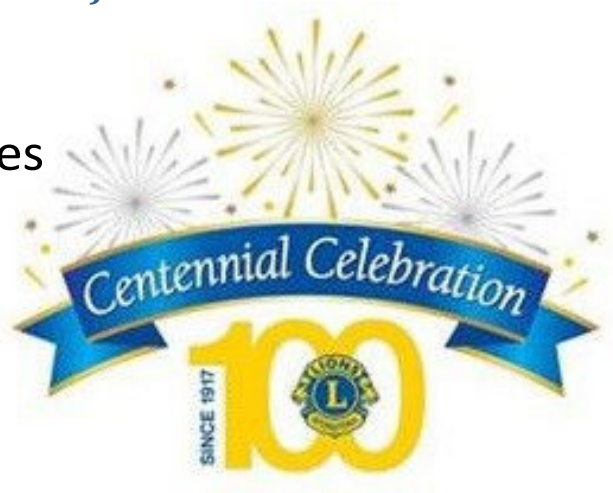
with

## Special Olympics Minnesota Athletes

at the

## MD5M Centennial Celebration

### Sunday, June 10, 2018



Anoka County Fair Grounds 3300 Saint Francis Blvd.

Anoka, MN 55303

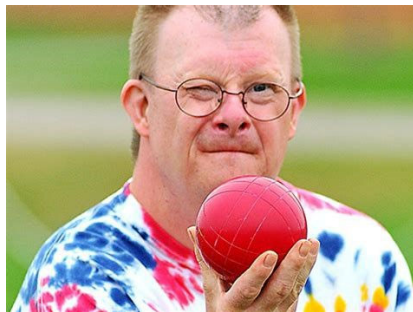
Four games will be played on 2 courts (Need 4 Lions/LEOs for each time slot)

9:30 AM

10:00 AM

10:30 AM

11:00 AM



Also need lions/LEOs to “Cheer on the teams” as they play.

You can visit with the athletes between games.

For more information Contact:

Lion Laura Maki—MD5M SOMN Co-Chair  
relamaki@frontiernet.net