



L10News

April, 2019.



Lions Roar by DGE Wayne Tieman

April 14, 2019

“An Attitude of Gratitude for Service”

A lot has happened lately—all good. I have completed much of the DGE Training, set my DG goals, arranged for most of the officers and cabinet in 5M10, and participated in the formation of new clubs in 5M10. I even got a “jump start” on my club visits, with Lion Lenay and me traveling to the Emo Lions (DG Joanne’s home Lions club) to hear PDG Dave Holyoake speak about Guide Dogs of Canada and to enjoy a huge meal and fellowship with old and new Lions friends. Things are moving along quickly.

One year and out is the DG experience. I will work as hard as I can for the year and then I’ll assume another Lions role. Thank you, 5M10 Lions, for your encouragement and support.

In the meantime, here are some of the places I’ll be at in the spring and summer months, besides participating in as many Lions clubs events and meetings as possible:

- | | |
|-----------------------------------------------------------|----------------------|
| 1) MD5M Convention in Mahanomen | April 26-27-28, 2019 |
| 2) Duluth Pancake Day | May 2 |
| 3) Grand Rapids Cap Baker Fun Night | May 3 |
| 4) 5M10 Officer Training and Cabinet | May 3-4 |
| 5) Guide Dogs of Canada Tour Toronto, ON area | June 5-8 |
| 6) Lions International Convention Milan, Italy | July 3-10 |
| 7) Council of Governors | July 20 |
| 8) LCMS Convention Tampa, FL | July 21-25 |
| 9) Proctor Days | August 17 |
| 10) Minnesota State Fair Lions Kidsight/Foundations booth | August 25 |
| 11) USA/Canada Forum Spokane, WA | September 19-21 |

This past month, 5M10 has gained a few more members—now at 1234. We began the year at 1188, so we are +46-- the leader for a district in the multiple. We need to be +1 for our clubs by June 30th.

The Irish Blessing--

May you always have work for your hands to do.
May your pockets hold always a coin or two.
May the sun shine bright on your windowpane.
May the rainbow be certain to follow each rain.
May the hand of a friend always be near you.
And may God fill your heart with gladness to cheer you.

Greetings from 1st Vice-District Governor Elect Lion Shirley.

March was a busy month for member recruitment. The DG team traveled to Hermantown, MN to begin the process of establishing a club in that community and hope to have one in place soon.

We also visited Pickle Lake and, in conjunction with Kidsight screening, held a successful membership recruitment drive. Welcome to our new members in Pickle Lake and we're looking forward to adding more. Pictured to the right are Pickle Lake Lions learning how to use the Kidsight camera under the direction of Lion Todd Kropelin from Dryden Lions.



Remember, our club officer training webinars are available online to anyone that was unable to attend or would like to review them

again. You can access them at <http://www.5m10lions.org/training/training.php> or by simply visiting our homepage at <http://www.5m10lions.org/> and selecting the Training menu. The accompanying handouts are also available for download at this same location.

Beginning in July 2019, you will need to use MyLion for reporting service activities. Are you ready for the change? Check it out by visiting <https://myapps.lionsclubs.org/>. It is very user friendly and any activities you now enter in MyLCI will also appear in MyLion. The latest training webinar is available on our website under training. Once there, select MyLion. The MyLion Service Reporting guide can also be found in that location.

If anyone needs assistance with reporting or simply has a question in the use of MyLCI or MyLion, please do not hesitate to contact me at koroniak@gmail.com.

The 100th Multiple Convention is quickly approaching. I hope to see many of you there. The convention agenda can be found later in this newsletter. I will be losing my hair during that event in support of the MD5M Lions Children's Foundations of Minnesota and Canada. If you're interested in sponsoring my head-shave, please drop me an email at koroniak@gmail.com and I will provide details for doing so.

Finally, don't forget that April is election month for Lions. Please report your new officers as soon as possible on MyLCI.

Happy Easter everyone!

See the Convention Schedule at the end of the Newsletter.



"Catch the Sweet Deal" and join us for the 100th Birthday Party of MD5M
100th Annual MD5M Multiple Convention
 April 26th, 27th & 28th 2019, Mahanomen, MN, USA



Your District & Club Name: _____

Lion ____ Lioness ____ Leo ____ Guest ____ **1st TIMER** ____

Title & Name _____

Address _____

City/Town _____

State/Prov. _____

Zip/Postal _____

Phone (w/area code) _____

Email _____

Registration form also on
<http://www.lionsmd5m.org>

"Will you require Braille
 Documents at the convention?"

Special Dietary Needs: Vegetarian, Gluten Free, Allergies _____

I am attending the convention, but NO meals are required, \$10.00 cost to attend ____ (Name Tag & Pin)

Full Hospitality Book (Includes Friday night Social, Saturday Breakfast, Lunch, Banquet & Sunday Brunch)

EVENT	<u>Before March 1, 2019</u>		<u>After March 1, 2019</u>		<u># ATTENDING</u>	<u>\$ AMOUNT</u>
Full Hospitality Book	\$ 95. USD	\$ 120. CDN	\$ 105. USD	\$ 130. CDN	_____	_____
Friday Night Social	\$ 15. USD	\$ 20. CDN	\$ 20. USD	\$ 25. CDN	_____	_____
Saturday Breakfast	\$ 20. USD	\$ 25. CDN	\$ 25. USD	\$ 30. CDN	_____	_____
Saturday Lunch	\$ 25. USD	\$ 30. CDN	\$ 30. USD	\$ 35. CDN	_____	_____
Saturday Banquet	\$ 40. USD	\$ 45. CDN	\$ 45. USD	\$ 50. CDN	_____	_____
Sunday Brunch	\$ 30. USD	\$ 35. CDN	\$ 35. USD	\$ 40. CDN	_____	_____
NO Meals available after April 22, 2019					Totals	_____

Make checks payable to: **Vergas Lions** Memo: 2019 MD5M Convention

Mail form & payment to: Linda Norby, 1021 5th Avenue NW, Perham, Mn. 56573

For Convention Information contact: PDG Rodger Palmer, repotter@eot.com or phone 218-841-0302 or PDG Jay Norby, linorbs@eot.com or phone 218-298-1041.

Check our website for information & updates on the 2019 MD5M Convention, lionsmd5m.org

0" K Penguin walk

Fundraiser for 3rd International Vice President Brian Sheehan

Can't make it to the Convention and you would like a shirt, we can mail one to you. For 1 to 3 shirts please add an additional \$5.00 to your order for shipping.

Deadline for ordering shirts and getting them at the Multiple Convention is April 1st, 2019.

Orders received after that date will not be guaranteed to be at the Convention and shipping fees will apply.

\$20.00

Name _____

Address _____ City _____

State/Prov. _____ Zip Code _____

District _____ Club _____

Size: Medium _____ Large _____ X-Large _____

2X-Large _____ 3X-Large _____ 4X-Large _____

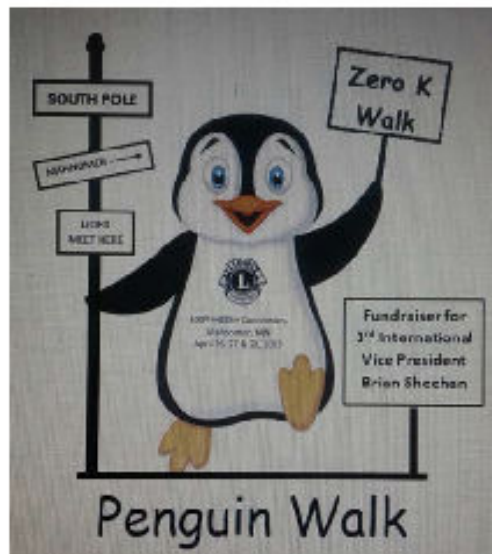
of Shirts ordered _____ X \$20.00 = _____

Make Checks payable to: Vergas Lions In Memo put: T-Shirt

Mail To: Linda Norby, 1021 5th Ave NW. Perham, MN USA 56573



Convention Pin



T-Shirt Design

Rock Painting



Class size will be 24 Lions
(all materials will be provided)
Friday, April 26th at 1:00 pm

\$25.00/Person

Name _____

Address _____ City _____

State/Prov. _____ Zip Code _____

District _____ Club _____

Make Check To: Vergas Lions

In Memo put: Rock Painting

Mail To:

Linda Norby

1021 5th Ave NW.

Perham, MN USA 56573

ORDER FORM



ZOO TOUR - \$30.00

April 26, 2019

Depart Mahnomen at 11:00 am and return at 3:00 pm

Depart Mahnomen 20 people per tour

Two times

Friday at 12:30 pm and return at 4:30 pm

Name _____

Address _____ City _____

State/Prov. _____ Zip Code _____

District _____ Club _____

Make Checks payable to: Vergas Lions In Memo put: Zoo Tour

Mail To: Linda Norby, 1021 5th Ave NW. Perham, MN USA 56573



Hotel & Event Center
777 Casino Road, P.O. Box 418
Mahnomen, MN USA 56557
April 26, 27 & 28, 2019
1-800-453-7827

WHEN MAKING YOUR RESERVATION PLEASE USE CONFIRMATION NUMBER 5381



\$65.00/Night + Tax

This room features two full beds.

Amenities: Refrigerator, microwave, coffee maker, TV



\$70.00/Night + Tax

This room features two Queen beds.

Amenities: Refrigerator, microwave, coffee maker, TV



Park Your Wheels & Enjoy Some Thrills.

Shooting Star's on-premise RV park. With a five-star rating from Woodall's Campground Directory, our paved park offers 47 deluxe sites complete with water, sewer and electric hookups, plus shower and laundry facilities. Call (800) 453-7827(STAR).



Four Restaurants to choose from.

2 ONE 8 – Fine Dining

Traditions Buffet

MINO WIISINI – Eat Well Cafe

SMOKE Barbeque & Brew

Greetings from your Can Do Canines Chair!

I want to share the following letter from an inmate in the Can Do Canines Puppies in Prison program:

“Ezra, come!” I call loudly towards a tangled knot of Labrador puppies playing at the far end of the field. Before the last syllable is even out of my mouth, one puppy spins on his hind legs, disentangling himself from all of the fun that a dog pile offers, and trots in my direction. Seeing the floppy ears, that adorable little face and those expectant eyes scamper towards me always fills me with joy. But at this moment joy takes a back seat to pride and excitement.

We have worked so hard to get to this point. Ezra arrives at my feet, drops his bottom into a tight sit and stares up at me. “Yes!” I say, “What a good boy!” I tell him as I reach into my pocket for a high-value treat. Ezra is just over one year old, he is sixty-one pounds, a black Labrador retriever, and most importantly, an assistance dog-in-training. I am just over forty-four years old, one hundred and let’s say fifty-five pounds, a mutt of primarily Mexican and German origin, and most importantly (to some), a lifer in state prison.

Our paths crossed thanks to the partnership between Jackson Correctional Institution (JCI), a medium security prison in the Wisconsin Department of Corrections, housing prisoners since 1996, and Can Do Canines, a 501(c)(3) non-profit organization based in Minnesota providing assistance dogs to people in need since 1989. Together, this seemingly unlikely pair started the Prisoners Assisting With Service Dogs (PAWS) program at JCI in the spring of 2017. Over the years I’d read about dog programs in prisons with great interest yet never imagined that such a program would be offered in any prison where I was housed or that I would somehow manage to finagle my way in if it was. Nonetheless, as soon as a notice was posted in the prison, I immediately submitted an application to participate with the inaugural litter of puppies. With decade’s worth of institutionalized disappointment as my guide, I expected only denial. But, miraculously, I was chosen as one of the first twenty handlers. We were all moved to a new housing unit in preparation for the ten puppies arriving at JCI.

“Ezra, side” I say, and he pivots sharply into position on my right side. “Okay, let’s go”, and we begin walking together through the weed-littered outfield of the prison’s softball diamond. Even without a leash Ezra stays by my side and looks up at me every few steps. “Yes”, I tell him and stop to give him a chance to chew the kibble he’s earned for this attentive walking. “Okay, go play”. I release him and Ez peels off back towards the puppy mayhem still swirling fifty yards away.

Ezra is my second dog since joining the program. Paige was the first, but she and her littermates have now all “paroled” out of JCI. Some are still on track to become assistance dogs, others reassigned for reasons of temperament or testing. We’ve been told that roughly sixty percent of dogs-in-training actually qualify for a life of service and our small slice of anecdotal evidence supports those figures. That first batch of dogs was very challenging. While some of that may have been due to that litter’s particular excitability, the inexperience of our handlers combined with all of the obstacles that can be expected of any new venture played a major role. Establishing routines, rules, norms and order for a group of twenty convicts suddenly living and training together was challenging enough. Throw in ten hyper, hungry puppies and the difficulty raises exponentially. But regardless of any distractions or drama ever surrounding the program, my time spent with Paige was extraordinary and momentous.

I was sentenced to prison in January of 1996 and started the PAWS program in May of 2017. Sandwiched between those two dates were twenty-one years of mostly misery and sorrow spent in maximum security facilities where love and happiness are just as rare as fresh air and sunlight. The only dogs I ever saw were intimidating K9 units aggressively sniffing out contraband while I looked on, often in my underwear and appropriately nervous. Within minutes of meeting Paige, I remembered what the unconditional love that a puppy brings to your life felt like. I was smiling, laughing and experiencing pure joy. This emotion was so rare throughout my incarceration that I could count the instances on one hand. Now, thanks to the PAWS program I had a source of joy on the other end of a leash. There were times in those first few weeks where I could physically feel stress or anger wash away from me when I held Paige in my arms or just pet her goofy little head. My body language changed, my guard was lowered a bit and my days in prison became my days with Paige.

“Ezra, leave it!” I call, watching as a couple of the dogs have found something interesting to bury their noses in near the bleachers. The desired response is for Ezra to ignore whatever stinky, slimy or tasty morsel he is captivated by and, preferably, check in with me. The current morsel must be of exceptional vintage because Ez is blowing me off. Perhaps emboldened by his littermates or succumbing to peer pressure, he sneaks a glance at me and goes right on snuffling. In a practiced tone, I let out a sharp, but non-threatening, “Hey!” and Ezra, looking sufficiently chastised, pulls his face from the dirt. He jogs over to me unenthusiastically. As we walk away from the scene, I put on his leash and employ my disappointed voice, “Ezra, you gotta leave it, buddy. Yeah, when I say ‘leave it’ you gotta leave it, bud. You know that.” We walk in silence for a few moments, but then, to let him know that I hold no grudges, within two minutes I am praising him for a good heel.

It wasn't all sunshine and rainbows with Paige or with any of the dogs I've helped to train. Learning the art of Positive Reinforcement training on the fly, in a group setting, with a puppy who is constantly probing the limits of acceptable behavior, can be overwhelming. I've seen frazzled nerves and damaged egos.

I've seen a convict shed tears after a too long and particularly unsuccessful training effort. I have been humbled by placing too-high expectations on an undertrained puppy. When frustrated with a dog, many people's tendencies lean towards punishment and while I bristle at doing these animals any harm, it took a great deal of patience and trust in the process for me to be convinced of its superiority. Seeing a dog respond to Positive Reinforcement and watching a puppy mature in to a well-behaved, attentive and engaged animal who has learned to communicate with you and to interact with the world through you is a convincing argument. The enormous benefits earned by an animal who has been trained to operate in our world are obvious, but the effect that this program can have on the handlers is equally powerful. Some in the program seem content with the companionship that a dog affords them. Yes, having a dog in prison is wonderful, fun and makes the time go by much faster, but not to fully commit to the training and experience its rewards seems like such a wasted opportunity. Among the handlers that I've spoken with who share this view there are some common accounts. Immersing oneself in a new system, learning its unique language and studying its applications appeals to the technical learners in our group. In fact, some of them have plans to pursue careers in dog training upon their release.

Nurturing a young life and practicing patience and kindness have been cited as the greatest benefits by other handlers whose paternal instincts may not have been as sharp before their participation in the program, but who believe that they are now better equipped to raise their own children once given that chance. These are no small matters and certainly dramatic considering the short amount of time this program has existed. When I look at the PAWS program I see a rare thing in our world; an endeavor that benefits everyone involved at every level and harms none. In fact, I see all of the efforts of Can Do Canines spreading only ripples of positivity. The dogs are loved, trained and live rich lives. The volunteers, from start to finish, better themselves in the service of others. And ultimately, the person in need who is given a wonderfully trained dog will be forever changed and grateful. Which is how I would describe the program's effect on my own life: I am changed and grateful.

"Ezra, button", I say outside of our cell and Ez rears up on hind legs and forcefully nudges the handicap symbol on the wall next to our door. "Yes!" I say and reward him. "What a good boy." He sits as I open the door. He waits as I take off his leash. He enters when I say "In". All of these behaviors take patience and time to train, but I enjoy every moment of it and remind myself daily not to take this experience for granted. I sit on the floor and Ezra walks over, turns a little circle and plops down in my lap. I didn't train him to do that, but it's my favorite thing he's done all day. "Thank you, buddy", I tell him as he drifts off to sleep.

Our prison programs and the life-changing assistance dogs that they train are only possible because of your support. [Please consider donating to Can Do Canines today.](#)

Important dates to remember:

Tails to Tell Presentation

Saturday, April 13 from 10 a.m. to 11 a.m.

Thursday, May 16 from 11 a.m. to 12 p.m.

Tails to Tell Presentations are a friendly, informal way to see what Can Do Canines is all about. You'll have a chance to see our training facility and meet a graduate and their assistance dog, as well as a Puppy Program Volunteer and our staff.

To RSVP, call 763-331-3000 ext.152, email tailstotell@can-do-canines.org.

Respectfully

Lion Bob Woodke

Can Do Canines Chair for 5M-10



Join us June 1, 2019 for the Eighth Annual D-Feet Hearing Loss Fundraiser Walk



Event Details:

June 1, 2019

9:30 a.m.

Landscape Arboretum

Chaska, MN

With your \$25.00 registration/donation you receive:

- ♦ Entrance to the Landscape Arboretum for the day
- ♦ Event t-shirt
- ♦ Lunch (including root-beer floats)
- ♦ Featuring the Teddy Bear Band
- ♦ Lots of children's activities, games & prizes
- ♦ Fun for families of all ages
- ♦ Great Club Activity Event
- ♦ A chance to change a child's life through your \$25.00 registration/donation

**Kids 12 &
Under get
in free!**

**MARK
YOUR
CALENDARS!
June 1, 2019**

Bring the whole family for a day of fun for all ages!!!!



FEATURING:



**Dance to the
Teddy Bear Band
while having fun
with Goldy!!!**



Visit us for more info at: www.5mhf.org

Save the Date!

June 1, 2019

9:30 a.m.

Bring the whole family for a day
of fun and help us raise money
to D-Feet Hearing Loss!



Join us in Chaska and enjoy
free entry to the arboretum
with registration!

**Lions
Children's Hearing Center**

Get info & register:

www.5mhf.org

D-Feet Hearing Loss

2018 Seventh Annual Walk

5M10 Newsletter – April 2019

- **Lions Lake Joseph Transportation Project** –The project committee met on April 8th via teleconference and reviewed requests for assistance for summer 2019 programs. We are happy to report that we will be supporting 2 individuals and 2 families with transportation costs as well as half the cost of registration to attend CNIB Lake Joseph this summer. **Thank you to Lions clubs in 5M10 for your ongoing generous support of this project and making a difference in the lives of individuals in our communities who are blind or partially sighted!**
- **CNIB Foundation** – Yoga in the Dark fundraisers are planned for Thunder Bay and other locations throughout the area this spring. Information will be forwarded to clubs once it is available and hopefully Lions can support these events in your communities. Lake of the Woods Lions Club is again hosting a CNIB dinner in May for all CNIB clients in their community. What a wonderful night out in Kenora for CNIB clients!
- **CNIB Eye Van:** A brand new eye van equipped with the latest eye care equipment started its northern tour in Englehart on March 25th. The van will be in the 5M10 region beginning July 8th in Atikokan and will be making stops in Atikokan, Fort Frances, Rainy River, Kenora, Ear Falls, Red Lake, Dryden, Sioux Lookout, Pickle Lake, Ignace, Nipigon, and Schreiber/Terrace Bay. Thank you to all the Lions Clubs who are providing assistance along the route. Your support greatly enhances the work of the eye van in our communities.



Submitted by Lion Wendy Wiedenhoeft; CNIB Chair 5M10

Greetings fellow Lions:

As co-chair of the Constitution and By-laws committee we are getting the newly revised constitution ready for posting on our Council website. At this point it has been sent to the leadership team for their final edits and approval. In this process co-chair Lion Gary identified some typographical and grammatical errors that pre-date my work. We will be correcting those as well. Final versions should be available for distribution at the spring Governor's Cabinet Meeting.

Respectfully submitted,

Constitution and By-laws Co Chair, Lion Bob Woodke

Brouse, Woodke & Hildebrandt, PLLP

312 America Ave. NW
P.O. Box 1273
Bemidji, MN 56619-1273
Phone: 218-759-1673
Fax: 218-444-4014
www.bwhlawpllp.com

CLUBS

BABBITT LIONS

The Babbitt Lions donated \$100 to the Northeast Range School All Night Grad Party. The purpose of this party is to provide an alcohol free and safe environment for graduating seniors to celebrate.

The Babbitt Lions also donated \$300 to the youth trap club. 43 young students take part. This club teaches proper and safe handling of guns.



BEMIDJI LIONS

Despite the un-spring like weather, the Bemidji Lions Club surges forward and continues to serve the community in a multitude of ways. During the past month club members visited the Red Lake Nation where they set up a "Kids Sight" screening program on two different occasions. They first visited the Elementary School where the group examined 15 students and referred several for additional examinations. A week later they visited the Mission School where they tested the eye sight of 55 students and again referred several. The annual Lions Invitational Track meet was held at BSU late last month and the Lions were there to feed track coaches/staff delicious brats and refreshments. Dozens of High Schools attended the meet from throughout Northern Minnesota. The Bemidji State University/NW Technical College Lions campus club held their annual "Spaghetti Feed" during the first week of April and the Lions Club was there to assist. The event is a fund raiser for the campus club and was held at the Eagles Club. A \$500 donation from the Lions Club was delivered to the High School Sign Language program to help finance a trip to Faribault where the students will visit the School of Hearing Impaired. There is much excitement about this trip as they look forward to applying what they have learned. Last month the club collected food and money for the local Food Shelf. Delivered to the facility was a total of \$715 dollars in cash and 79 pounds of food. At the weekly membership meeting the club members are given a program consisting of either a speaker representing a charity or local dignitary, or some form of entertainment. Two weeks ago the "Sawyer Family" from the "Headwaters School of Music" performed in front of the club. They gave an impressive performance which was well appreciated by the Lions. The club's next major event will be the annual "FlapJack" Day. This is one of the major fund raisers for the club and we are anticipating a great turnout. Toward the end of the month our club will have a great evening of entertainment and fun at the "Spring Fling". A fantastic meal will be followed by an exciting program and a chance to win some prizes. There will be an induction ceremony for a new member and awards will be given out. It sure is fun to be a Lion.



CAP BAKER LIONS

On Sunday, April 7, Cap Baker Lion Club members BBQ'd for the US Police Canine Association. This event brought Law Enforcement from around the state of Minnesota to Grand Rapids, MN with their K-9's. Cap Baker Lions Club served over 60 law enforcement participants: BBQ'd hamburgers, chips, cookies, soft drinks and water. It rained during the entire event 10:00 am – 1:30 pm, but the weather did not dampen Cap Baker Lion members enthusiasm!



DRYDEN LIONS

March 2019 Activities

March break had the Dryden Lions sponsoring their annual Free Skate at the Dryden Memorial Arena. Leo the Lion made the afternoon for 75 youth and their parents. In addition, the Lions handed out balloons, free tickets for popcorn and slushies. No casualties among the Lions skating with the crowd.

The Dryden Lions made several donations during March.

1. \$100 towards the “We love Dryden & Area” campaign towards park bench signage in June.
2. \$500 to the Dryden Eagles Hockey Team to help with transportation to the All Ontario “OFSAA” tournament.
3. \$500 to a family that needed assistance.
4. \$500 to the Dryden Police Services to help purchase Power Signs that indicate your speed, thus warning drivers if they are speeding through the City.
5. In addition, an Elderly client needed compression socks and the Lions purchased 2 pair.

Our 200 Club draw now has two draws on the 2nd and 4th Monday and a total of \$800 was given out to the lucky winners.

Kids Sight was very much in the forefront as two schools were processed. On March 21, six Lions spent 21 Lion Hours screening 216 students at St. Joseph’s Catholic School. There were 20 referrals for follow up.

On March 26, the team of four spent 18 Lion Hours screening 314 students at Open Roads Public School. A total of 66 students were referred for follow up.

New member Lion Mike Kruger, Welcome to the Dryden Lions Club



DRYDEN LIONS CLUB
FAMILY DAY ICE FISHING DERBY



Lions Dave & Trevor cooking hot dogs & heating hot chocolate on Lake Wabigoon



Lion Tom presenting a 3 person Pop Up ice fishing shelter to our Grand Prize winner of the derby



President Todd presenting proceeds to the Food Bank Treasurer from hot dogs & hot chocolate sales

DRYDEN TRILLIUM LIONS CLUBS

MARCH 2019 ACTIVITY REPORT

Meals on Wheels – One Lion delivered meals on March 2nd & 3rd to 16 clients (2 hours). Two Lions delivered meals on March 24th to 5 clients (2 hours) and two Lions delivered meals on March 30th & 31st to 13 clients for (4 hours).

Four club members attended a Spot Vision Training Clinic (KidSight) on March 11th (6 hours).

At our Regular Club meeting on March 14th, our club members donated \$ 121.00 to the Dryden Food Bank. On March 19th one member picked up hamburger at the Vermilion Bay Co-op and on March 20th another member delivered to the Food Bank \$ 75.00 worth of hamburger (26.26lbs), which fed 104 clients. (2 hours)

At our Regular Club meeting on March 14th, we had a guest speaker, Peggy Howard, Director of Program & Services for the Dryden Volunteer Recruitment & Referral Centre. She presented a wealth of information on all of its programs & services, which included Christmas Cheer, a program that our club has supported for a very long time. It will be changing its name to Community Support Centre – NW.

Three Lions assisted with Spot Vision Screening (KidSight) at St. Joseph's Catholic School on March 21st (14 hours) and on March 26th one Lion assisted with Spot Vision Screening at Open Roads Public School (3½ hours). Between the 2 schools we screened 530 children with 85 students recommended for follow-up.

On March 26th, three Lions attended a presentation to the City for "We Love Dryden & Area" Event to be held on June 8th to raise community spirit. Our President presented a cheque of \$ 100.00 to the City in support of this event. (3 hours)

On Sunday May 26 at 1pm at Cooper Park we are walking to raise money for the Lions Foundation of Canada in their annual Pet Valu Walk for Dog Guides. 100% of the proceeds go towards providing Dog Guides at no cost to Canadians in need. Join our walk to be part of a fun event for a good cause.



Duluth Lions Club

ASK US ABOUT MAY 2nd! Duluth's Original, Biggest and Best!

Tuesday, March 5th was the exciting, fun-filled Kickoff to our 62nd Annual Duluth Lions Pancake Day! (Save the Date: May 2nd 2019)

Pancake Day is our largest fundraiser of the year and one of the biggest events in the Twin Ports of Duluth and Superior. There are families, friends and businesses who have made traditions out of this event.



In addition to the pancake meal itself, we offer Diabetes risk assessment and free vision screening. Collection boxes will be available for used eyeglasses and hearing aids. In addition, our Club will raise awareness of Lions by displaying pictures of our ongoing service projects and community activities to all who attend.



Pancake Day proceeds help fund programs for the sight and hearing impaired, youth programs, diabetes, environmental, as well as direct assistance to many community programs. In 2018, \$63,000 was returned to the community through various programs.

Club members are busy selling tickets, promoting the event and ready to volunteer.



Join us Thursday, May 2nd, 6 a.m. – 8 p.m. Stop by the Duluth Entertainment Convention Center and enjoy a delicious meal of pancakes with the topping of your choice, sausage, and coffee. Fresh-made gluten-free pancakes and bacon will also be available. \$7 in advance/ \$8 at the door. Free parking.

Contact us for more information: duluthlions@gmail.com

Duluth Lions Volunteer at Cub Foods Diabetes Alert Day

Duluth Lions volunteered at Diabetes Alert! Day at Cub Foods on Saturday, March 30th. Club members welcomed the shoppers, talked about Lions and the efforts of the MN Lions Diabetes Foundation, and directed them to the free testing offered at the pharmacy.



Cub Pharmacy offered blood glucose, A1C, and blood pressure testing. During the three hours, 11 patients were served, 8 were given a blood glucose test, 3 had their A1C tested and 9 had their blood pressure checked.



Raising awareness of Type 2 Diabetes, the event helped shoppers *Get tested...Get answers...Get support.* Our appreciation to our Diabetes Chair, Lion Larry Winner, and everyone who volunteered.

THE DULUTH CENTENNIAL LEO CLUB

The Duluth Centennial Leo Club put together Easter baskets with candy and toys for youth living at Renaissance House in Duluth this month.



They were also able to deliver the over 1,000 books that they collected to St. Mary's pediatrics in Duluth.



Marie Pank

EMO AND DISTRICT LIONS

Our “Lion’s Share” of the grocery raffle was a huge success.
Congratulations to our winners:

\$100/wk for 52 weeks Mavis St.Hilaire

\$100/wk for 5 weeks Marina Gerber

\$100 grocery voucher Dale Ossachuk

**And thanks to Lion Fred for being the main volunteer at the arena during
Emo’s ‘Spring Fever Days’ and thanks to the dog baby Marigold who helped.**



Don't forget our Dog Guide walk on MAY 26-2019 Registration at 1pm. Emo Fair Grounds. Bring a dog, walk with us, join us in giving a new leash on life for someone who deserves the mobility-ability!



IGNACE LIONS

Ignace Lions Club initiate new member Penny Lucas sponsored by Lion Berry Wetelainen into their club. Lion Pierre DeKeyser congratulating Lion Penny.

Ignace Lions club hosted the Zone meeting on Sat. April 13th. A lot of good information and fellowship was shared between the club members in attendance from Kenora, Ear Falls, Vermilion Bay, Dryden and Ignace.

Ignace Lions club purchase a pair of glasses for a senior resident and purchase batteries for a scooter for a young man in the community.

The Ignace Lions members with 3 Vermilion Bay provide the KidSight vision screen to the JK/Sk children of the Ignace School and Children of the Ignace Nursery School.



Lion Joanne Armstrong with her grandson at the Ignace Nursery School for the KidSight Vision Screen.



Vermilion Bay Lions Club – L10News

We held a St. Patrick's Day dinner for 45 local people at our hall. Not a large turn out but a good dinner and fun time was had by all.

New member inductions were held by PDG Gary Hutchison. Welcome Lions Greg Swanson, Conrad Musjy, Irene Ollis, Leslie Titze and Doris St Jules.

Several of our members travelled to Ear Falls, Ignace, Savant Lake and Pickle Lake to help with the Kid sight program and membership drive in Pickle Lake.

April 6th, we held a "Spring Tea and Fashion Show" The proceeds went towards the new 5M Lion Canadian Childhood Cancer Foundation. The fashion show was put on by Angela Voth with Nygard fashions. We had a wonderful turn out and made \$1500.

7 Lions members travelled to Ignace for the Zone Meeting.

Lions Shirley and Al Koroniak will be our Club delegates at the Multiple Convention.

May 5th we will hold our annual Senior's Dinner. We serve over 100 seniors in our area with a free dinner prepared by the Vermilion Bay Lions and served by the Machin Air Cadets.

May 12 our club is holding a "Mother's Day" pancake breakfast.

June 8th is our Environmental project "Highway 17 Cleanup"

July 1st we will be holding our annual 'Fish Fry' at the Lions Hall.

Also, in July we partner with the Happy Go Lucky Seniors and take them on a pontoon boat ride on Eagle Lake following by a barbeque at the Centennial Pavilion.

Our members continue to serve lunch at Lillian Berg School Mondays and Fridays. We are also participating in the Lions Peace Poster Contest with Lillian Berg School and Project Pride celebrating the Canadian Flag.

Lion Shirley Koroniak is working on a new website for our club.

We held our elections for next years executive.

The Vermilion Bay Lions Club has their own website www.vermilionbaylions.org.

Hall rentals contact Al Koroniak 220-1107

Use of medical equipment- hospital beds, stair climber, walkers, motorized wheel chairs etc. for information contact Gary Hutchison 227-2449



Lions Leslie Titze and Veronica Leray



Spring Tea, Bake Sale, Fashion Show-Vermilion Bay Lions Hall

2019 New Members Induction- Vermilion Bay Lions Roar





Thursday April 25

Convention Registration	4pm-6pm
Credentials	5pm-6pm
1st VP/PID/CC Dinner	TBD
Pre-COG Meeting	8pm-10pm



New Voices



MD5M Multiple Convention

April 26, 27 & 28

Friday April 26

COG Mtg.	8am-11am
Registration	10am-6pm
Credentials	10am-6pm
Display Tables	10am-6pm

ZOO Trip

Raffle Room	Noon-5:30pm
Bee-Seen Promotions	Noon-5:30pm
1st VDG Meet & Greet	12:30pm-2pm
Rock Painting	1pm-3pm
Committee Mtgs.	1pm-2pm
2nd VDG Meet & Greet	2:30pm-3:30pm
Memorial Service Rehearsal	3:30pm-4pm
PDG Dinner	4pm-6pm
Opening Ceremony	6:30pm-7pm
Service of Remembrance	7pm-8pm
First Timers Mtg.	8pm-8:30pm
100th Birthday Party	8pm-Midnight



Saturday April 27

Breakfast	6:30am-8am
US Foundation Mtgs.	7:15am-8:15am
MD5M Lions Child. Cancer	7:15am-8:15am
Raffle Room	8am-5pm

11am-4pm Bee-Seen Promotions

Credentials	8am-5pm
Registration	8am-5pm
Display Tables	8am-5pm
MD5M Business Mtg.	8:30am-11:15am
Hall of Fame Lunch	11:30am-1:15pm
"O" K Penguin Walk	1:15pm-2:00pm
Seminar #1 NEW VOICES	2:00pm-2:45pm
Seminar #2 LEO Program	2:00pm-2:45pm
Seminar #3 Can Do Canines	2:00pm-2:45pm
Seminar #4 LCIF	2:00pm-2:45pm
Seminar #5 GAT	3:00pm-3:45pm
Seminar #6 Pediatric Cancer	3:00pm-3:45pm
Seminar #7 Leader Dogs	3:00pm-3:45pm
DG/DGE Reception W/1 VP Choi	5pm-6pm
Social Hour	5:30pm-6:30pm
Governors Banquet	6:30pm-9pm
Childrens Cancer Headshaving	9pm-10pm



Sunday April 28

PDG Business Meeting	7am-7:45am
Milan Conv. Mtg.	7:45am-8:30am
Church Service	8:30am-9:00am
Brunch & Closing	9:00am-11:30am
8am-5pm CCE & PCC Mtg.	11:30am-Noon
Convention Mtg.	11:45am-12:30pm

